

July 2024 • vol 25 • issue 286

HIPFISH MONTHLY

alternative press serving the lower columbia pacific region

ART Astoria Open Studio Tours

STAGE Performathon is ON!
At Ten Fifteen

MUSIC NEST FEST
Nestled in Manzanita

Astoria is heading
into a *Blue Zone*
live long and prosper

Hey! What's on the BBQ?

Legacy trees straight
off Mothball Hill, and
they *are* deliciiiiiious!

Ilwaco Cider Co. Opens!
HF talks with cider maker
Vinessa Karnofski



Oregon Forests Series: Green No More

By Roger Dorband

The Next Few Months Are Gonna Be Great!

Missoula Children's Theatre

Auditions: 10:00 am, July 8

Performances: 3:00 & 5:30 pm, July 13

Getting your kids on stage has never been



easier – or more fun! The MCT is coming to town with everything it takes to put on a play – except the cast. So we're looking for 50-60 local students

(K-12) itching to learn more about theatre. It all caps off with two performances of "Robin Hood" you won't want to miss!

"Oregon's Own" Army Band

3:00 pm, Sunday, July 21 / Free

Forty of our brave National Guard soldiers



from the 234th perform contemporary, classical and military songs. A perfect show for the whole family, featuring vocalists SPC Kimberly

Nagorska and SFC Duane Reno.

North Coast Comedy Night

8:00 pm, Friday, August 23 / 18+ / \$10

Drew Wilson-McGrath hosts Derek Sheen, a



one-of-a-kind storyteller whose ability to mine humor from the dark, humid corners of the human condition has turned him into a cult favorite. The

show also features Jordan Cerminara, who's opened for acts like Kyle Kinane and Nikki Glaser across the country.

Liberty Block Party

1:00 - 4:00 pm, Saturday, August 17

Come savor the flavors of delicious Mexican cuisine provided by Rio Grande, unwind in our vibrant beer garden, enjoy the live music vibe, and let the kids delight in our entertaining games. Adults \$5.

Columbia River Symphony

7:00 pm, Saturday, August 10 / Free

Bring the whole family for this Regatta-themed concert, featuring some of your favorite movie scores.

The Liberty Gala

5:00 pm, Saturday, September 14

A night of enchantment awaits at the Liberty



Gala, when you help us celebrate our 99 years as the "Heart of Astoria." Indulge in delectable canapés,

enjoy soulful tunes, and join our exclusive high-end auction to help support our world-class performances, children's programs, and the preservation of our Grand Lady.

Liberty Theatre Tours

12:00 & 1:00 pm / Most Saturdays

Step into the captivating world of this historic theatre on a guided tour.

Kids Make Theatre

Year-round camps, classes, workshops and productions. Fall registration now open: www.kidsmaketheatre.org

The Shows You've Been Waiting for!

Pink Martini



7:30 pm, August 31 & September 1

You have two nights to see this rollicking around-the-world musical adventure of classical, jazz and pop. Don't miss out!

Fran Lebowitz

7:00 pm, Tuesday, September 24

A hilarious evening with renowned author, satirist and social commentator.

Pigs on the Wing

7:30 pm, Saturday, September 28

Portland's amazing Pink Floyd tribute band takes the stage to perform a variety of classic hits and deep cuts.

Mike Super - Magic

7:00 pm, Wednesday, October 16

An all-new show filled with extravagant magic and illusions for the entire family.

Blind Pilot



7:30 pm, November 29 & 30

Witness the sound of the PNW as this iconic band returns to the Liberty. Get tickets while they last!

Storm Large

4:00 pm, Sunday, December 1

Join this wickedly charming songstress for a night of music, gags and gifts.

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Innocent Alex

orig. indie rock

July 6 • 8pm

INDIE ROCK BAND INNOCENT ALEX is fronted by brothers Lake and Evan Jiroudek. On this eve the brothers will be performing as an acoustic duo, joined by pianist Angie Barkley of coastal bands Terracotta Suns and Cherry Choke.

Innocent Alex released their debut album, "No More Heroes" in 2022. Pursuing professional careers in music, the brothers spent years playing, recording, and teaching in Los Angeles, returning to their coastal roots of the Oregon coast during the pandemic. They finished and released their duo album which had begun in Los Angeles. No More Heroes is a collection of each of the brother's tunes with full band arrangement. Since that time they've continued performing and writing.

Equally skilled songwriters and guitarists, and vocals with a distant reminiscence of the Everly Brothers, arrangements as



multifaceted as the Beach Boys, Smile album—the Jiroudek bros stand out not just locally but as a band representing the best in American indie rock today. The evenings first set will showcase the solo project of Evan Jiroudek. The second set will feature songs from No More Heroes and new material.

A great opportunity to enjoy a showcase setting from this talented pair of original Cannon Beach creatives.

Saturday, July 6, doors open 7:30pm. Show at 8pm. Tickets \$15 at the door and online at kalaastoria.com



Sturtz • Acoustic Soul

Andrew Sturtz picks up his guitar, starts chucking an infectious, and humbly sophisticated rhythm. His lithe, beautiful voice picks up on a melody—like a morning song, and the magic continues as the quartet (that calls them self by their frontman's surname), follow suit with subtle string arrangements and additional harmonies. It doesn't matter where they're going with the tune, you just go with them.

From Boulder, CO, Sturtz returns to KALA by popular demand. The acoustic quartet – Andrew Sturtz [vocals, guitar], Jim Herlihy [banjo], Courtlyn Carpenter [cello, and Will Kuepper [bass]– falls somewhere at the intersection of folk and soul, with the lead singer Andrew Sturtz's melodic vocals soaring over the lower string instrumentals. "a reassuring breath of fresh air that pulls me back to simpler times" - NPR's All Songs Considered On tour with their new album.

Sunday, July 14, 7pm, door 6:30 Tickets \$20. kalaastoria.com



BELEZA! Bossa Duet

BELEZA! is the duo of Pacific Northwest jazz artists, guitarist John Stowell and flugelhornist Dmitri Matheny.

Brought together by a shared passion for bossa nova, samba, and the timeless music of Antônio Carlos Jobim, Beleza! (pronounced be lé zah) takes its name from the Portuguese word for "beauty." Beleza is also Brazilian street slang for "yes" or "it's a deal."

Both lauded jazz artists, Matheny "one of the most emotionally expressive improvisers of his generation" (International Review of Music), and Stowell, one of jazz' most impeccable guitarists, with a long list of recordings.

"Extravagantly, unashamedly, irresistibly pretty. A spirit voice that compels attention even when it whispers."

—Stereophile

Friday, July 19, 7:30pm. Tickets \$20. KALA

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Living Long in the Blue Zone

By Mike Francis

Astoria is heading into a Blue Zone.

Residents will be introduced to the concept of a blue zone — an area recognized for promoting the longevity and good health of its inhabitants — at a public meeting on July 15. There, they will be invited to participate in a research project intended to illuminate the things that city officials, retailers, restaurateurs and others can do to enable Astorians to live healthier lives.

The meeting will feature local advocates as well as officials from Blue Zones, the Minneapolis-based wellness company. The initiative begins this month with focus groups and interviews, and could expand over time to become a set of public policy initiatives and commercial practices that have the potential to touch all Astorians.

Astoria City Manager Scott Spence, who was briefed about the Blue Zones initiative along with Mayor Sean Fitzpatrick, said the program's goals appear to match well with the city's goals.

"It really is about quality of life," he said. "That's in alignment with what cities do."

What is a blue zone?

Blue zones take their name from the work of a pair of Italian researchers who used blue ink to mark the places on a map where Italians lived longer than their counterparts elsewhere. Their blue ink marks clustered around the island of Sardinia, which had an extraordinarily high percentage of male centenarians.

Their work caught the attention of National Geographic writer and Fellow Dan Buettner, who already examined why the Japanese island of Okinawa had more people living to age 100 and beyond. He visited Sardinia to look for factors that contributed to longevity, and then followed with similar visits to other communities with exceptionally long-lived residents, including Ikaria, Greece; Nicoya, Costa Rica; and Loma Linda, Calif., a San Bernardino suburb with a strong presence of Seventh Day Adventist adherents.

From these places and others, Buettner and his team arrived at a collection of factors that seemed to contribute to good health and long life. The company's "Power 9" set of factors include healthy diet and exercise, but also a variety of less tangible factors, such as belonging to a community, putting loved ones first, and retaining a sense of purpose throughout life.

The process

In Astoria, Mike Brosius, a member of the CMH Foundation board, and Constance Waisanen, a member of the CMH hospital board of trustees, agreed that making Astoria a blue zone could make a lasting, positive impact on the city and surrounding county. They set about making phone calls, meeting with public and private leaders, and raising

money to fund the introductory meeting and fact-finding visit with Blue Zones officials.

Together, they raised \$75,000 to cover the initial costs of the program. Their reception, Brosius said, has been enthusiastic.

"It's pretty hard to say 'No, I don't want to live in a healthier community,'" Brosius said.

After the initial interviews and research Blue Zones officials expect to recommend a set of practices and policies Astoria might undertake to help its citizens live healthier lives. Until the research is done, it's difficult to predict what those recommendations will be. Bike lanes? Wider distribution of healthy groceries? Smoking cessation practices? All of the above?

When Klamath Falls, Ore., embarked on the Blue Zones initiative in 2015, it was the first city in the Northwest to do so. Today, the Healthy Klamath website includes the headline: "How Did Klamath Falls Go From Having a Drug Problem to Being a Blue Zone?" It describes a process that involved 6,000 Klamath Falls residents, 58 "Blue Zone Project Approved organizations," and 19 local policies adopted. The Robert Wood Johnson Foundation recognized Klamath Falls' commitment to making a healthier community with its Culture of Health prize in 2018.

Klamath Falls adopted policies to discourage smoking, prohibiting smoking in parks and at public events. It enlisted restaurants to include healthier choices on their menus, employers to have healthy choices in their vending machines, grocery stores to expand their produce sections and churches to offer additional volunteer projects.

"One thing I really love about Blue Zones is the way it is making the healthy choice the easy choice," said Kelley Minty, a Klamath County commissioner. Blue Zones' effect on Klamath County, she said, "are some of the most impactful things ever done here."

The program

If Astoria becomes a certified Blue Zone city, it will require some time and a lot of people. Blue Zones would likely have two or more employees on the ground in the city, and they would work with local people to adopt healthy practices.

Blue Zones officials stress that their approach is not to scold, or to lecture on the importance of limiting your intake of processed food or playing more pickleball. Blue



Zones focuses primarily on the community, rather than the individual.

"The focus is on changing the environment so it's easier to make healthy decisions," said Christy Shawan, a Blue Zones account executive who lives in Missouri. "From a food standpoint, from a walkability standpoint, and from a community standpoint."

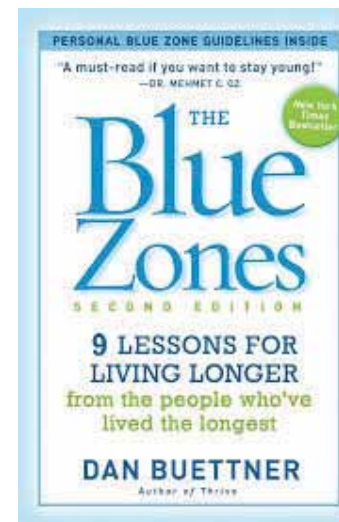
While Blue Zones is a framework for encouraging healthier communities, it is also a brand.

The Blue Zones company was acquired by Adventist Health in 2020. The Blue Zones label has been described as a sort of Good Housekeeping seal for approved practices. The New York Times earlier this year headlined a story about building trends: "The hottest buzzword in wellness seeps into real estate." Communities and organizations pay Blue Zones to assess ways they can create healthier environments, then work to make them happen. Calling itself an "expert in transformation," Blue Zones has issued certifications to more than 75 communities in the United States, and it also has lent its name to a line of

books, packaged teas and canned soups.

This history helps explain why it makes sense for Astoria to work with Blue Zones, which has data from its 75-plus cities, templates about how to proceed, marketing know-how and a respected brand, Brosius said.

"We get an opportunity in our lifetime very seldom to impact a whole bunch of people," he said. "This is one thing you can do that will impact the entire community and have lasting impacts."



Blue Zones Ignite Astoria Keynote Event

Monday, July 15, 2024

Astoria High School auditorium
1001 W. Marine Dr.

6 p.m. - 7:30 p.m. (Doors at 5:30)

RSVP: www.bluezones.com/ignite-astoria



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HIPFISHmonthly is located at 1017 Marine Dr in Astoria.
 By Appt. call 503.338.4878

ADVERTISING INQUIRIES 503.338.4878

Send general email correspondence:
 hipfish@charter.net.
 HIPFISH is produced on the web at:
 www.hipfishmonthly.com
 Hipfish is printed at the Astorian

EDITOR/PUBLISHER:
 Dinah Urell

GRAPHICS:
 Les Kanekuni
 Dinah Urell
 Myshkin Warbler

CALENDAR/PRODUCTION

Assistance/Staff Writer: Cathy Nist

MAGIC WEB WORKER:
 Bob Goldberg

ON THE COVER:
 Photo by Dinah Urell
 Peace First Alter

Public invite Clatsop County Land Use Planning Seminar

THE PUBLIC is invited to learn how to become an effective advocate in Oregon's land use planning process by attending the "Clatsop County Land Use Planning Seminar" at 6 p.m. on **Thursday, July 11, at Astoria's Fort George Brewery** (1483 Duane St.). Co-sponsored by the Oregon Shores Conservation Coalition and the Surfrider Foundation—Oregon Chapters, the event will provide information on how the land use planning system works, with a special focus on Clatsop County.

The county is currently updating elements of its comprehensive plan relating to beaches and dunes, shorelands, and estuaries. The seminar will assist residents in participating knowledgeably and effectively in the process.

The presenter will be Eric Wriston, an attorney with the non-profit Crag Law Center (which works with both Oregon Shores and Surfrider). He will discuss the basics of getting involved in land use issues. He will then go on to discuss the current situation in Clatsop County, where the county is in the early stages of updating its plan. Specific topics of concern that will be



Eric Wriston, Crag Law Center

addressed through this planning effort include shoreline armoring, public access, and cable crossings.

Brett Estes, the Department of Land Conservation and Development's north coast field representative, will also speak briefly to provide a statewide perspective.

There will be plenty of time for questions.

Food and drink are available for purchase from the brewery. Doors open at 5 p.m. Arriving by 5:30, so as to be well-provisioned before the presentation begins, is recommended.

For more information about the event or about the Clatsop County land use planning process, contact Phillip Johnson, Oregon Shores' Shoreline and Land Use Manager, at (503) 754-9303, phillip@oregon-shores.org, or Kaia Hazard, Surfrider's Regional Manager, khazard@surfrider.org.

Music in the Gardens Peninsula Garden Tours

WELCOME to the Long Beach Peninsula Garden Tour! Since 2005 Music in the Gardens has hosted some of the most beautiful and unique gardens on the Long Beach Peninsula. This year's tour will span gardens from Seaview to Oysterville

What a perfect way to spend a July summer day! Each garden will provide an opportunity to talk one-on-one with the gardeners and learn about planting and growing successful coastal gardens. New-to-the-area visitors and residents are introduced to neighborhoods and towns on the Peninsula. For our local population it is one big happy party, seeing and reuniting with friends after our long and wet winter.

Some gardens may offer hors d'oeuvres and refreshments as you tour the grounds while listening to live music. Local favorite musicians will



be George Coleman, Brian O'Connor, Fred Carter, Tanz and the Sea Strings. Terry Robb will be coming from Portland.

The raffle table will feature a large hanging flower basket, a Renee O'Connor ceramic work of art, Maggie Stuckey's new book "The Container Victory Garden: A Beginner's Guide to Growing Your Own Groceries," a cubic yard of soil, a 3 month subscription to flower bouquets by Nansen Florals and more~!

The tour will be on Saturday, July 15th from 10am to 4pm. Tickets are \$20.00 and available now at Ticket-tomato.com.

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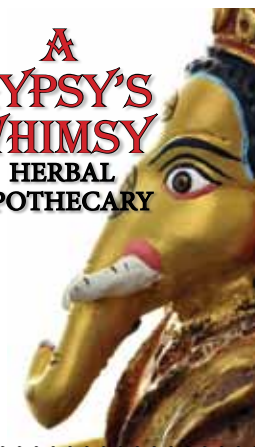
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A blue-themed advertisement for Artful Home. The text reads: "ARTFUL HOME Curated Home Goods & Art Come See What's New In Gearhart! 3350 Hwy 101 N, Gearhart, OR 503-717-5536 Wed - Sat, 10-4". Below the text are three images: a woman in a blue hat holding a colorful striped bag, a framed artwork of a bee, and a blue and white patterned fabric.

North Coast

INCO NEWS
INDIVISIBLE

Staying
Aware!

"Democracy is not a spectator sport."
– President Obama

KEEPING DEMOCRACY

By Laurie Caplan

Most people wish we could predict the future, especially to prevent problems. Fortunately, we are being warned about a potential disaster: the anti-democratic Project 2025 proposal.

Project 2025's goal is a comprehensive authoritarian takeover of American government, according to Thomas Zimmer, a historian at Georgetown University. He focuses on the recent history of American democracy and the anti-democratic intentions of the American right. He co-hosts the Is This Democracy podcast. This article is adapted from Zimmer's interview in Substack's The Big Picture of May 21, 2024.

Project 2025 was developed and funded by the right-wing Heritage Foundation and is endorsed by Donald Trump and others. They would impose a reactionary vision for society against the will of the majority, just like they're banning reproductive health care and restricting voting in numerous states.

Project 2025 is a blueprint for tearing down democratic institutions, such as the rule of law, free and fair elections, civil society, and the judiciary. Its backers plan to destroy independent news coverage, stack the courts, concentrate power in the Presidency, arrest dissenters, establish concentration camps, weaponize the Justice Department to engage in revenge politics; and prohibit contraception, marriage equality, and other health and sexuality measures.

Project 2025 isn't a secret; it has its own website, project2025.org, and a PDF of its 920-page plan you can download. Substack newsletters with more information are "How Project 2025 Will Ruin YOUR Life" and Joyce Vance's "Civil Discourse."

"Project 2025 would transform America into a much nastier, much more dangerous, much more hostile place for anyone who dares to deviate from what the Right deems the "natural" order," says Zimmer. "In a very real sense, that's what's on the ballot in November. The election isn't really about Biden vs. Trump. Instead, it's a referendum on whether the effort to finally realize the promise of a truly democratic, pluralistic, multiracial society should be continued or abolished altogether. Those are the stakes."

REGATTA 2024

The 2024 Astoria Regatta Festival is set to captivate locals and visitors alike as it returns for its eagerly anticipated summer celebration. From August 7 to 11, 2024, Clatsop County will come alive with a vibrant array of events, parades, and maritime traditions. As the oldest celebration in Oregon's oldest city, the Astoria Regatta holds a special place in the hearts of the community.

Astoria's history has always been intertwined with the mighty Columbia River. From the 1700s, when Native Americans, navigators, and explorers plied the river's waters, to our modern era of massive cargo ships and barges, this region has witnessed a continuous stream of maritime activity. Fishermen, U.S. Navy sailors, Coast Guardsmen, survey vessels, bar and river pilots, and maritime merchants have all contributed to the rich tapestry of Astoria's maritime heritage.



"Project 2025 intends to purge from government anyone who is not all in on this project and replace them with loyalists and ideological conformists," says Zimmer.

"Project 2025 is evidence that the American Right has concrete plans and a detailed strategy of how to take over and transform American government into a machine that serves only two purposes: autocratic revenge against the "woke" enemy, and the imposition of a reactionary vision for society against the will of the majority," says Zimmer.

It doesn't take long for a determined person or group to turn a democracy into an authoritarian nightmare, like Hungary. Each of us must stay vigilant and politically active. We must elect people who will defend democracy and protect us from Project 2025's plans to take away our freedoms.

The GOP is hoping we'll give up while they continue to suppress votes, attack our elections, and attack liberal and progressive programs and values.

We must defeat them.

Please do whatever you can to defend our democracy and protect our freedoms. Volunteer with local and national campaigns, contact your elected representatives, donate, or write to voters.

As my son says, "This is not a time to sell securities, buy gold, move to Canada, gloat about victory, or wallow in despair. There is important work to do; we all are just the ones to do it."

"Indivisible North Coast Oregon (INCO) defends democracy by opposing authoritarianism, bigotry, and corruption. Sign up to get

GREEN NO MORE

Story and photos
by Roger Dorband



North Coast
Communities
for Watershed
Protection
leads a meet
at the
proposed
Mothball Hill
clearcut near
John Day
County Park
in Clatsop
County

A SEA OF TREE FARMS

The Oregon Department of Forestry awards private timber corporations contracts on parcels of state forestland the department has selected for harvest in part to fund their operation. That's the sad necessity built into the system initiated in 1939-41 with the passage of the Forest Acquisition Act. The law, put into effect over 80 years ago, still defines Oregon forest management. Under its edicts each county receives two thirds of the proceeds from the timber sales of their state land and the remainder is kept by the ODF.

Not long after the state forest management system was put into place the previously logged over forests became productive again. All stake holders, the counties, the state and especially the timber companies, have been satisfied with their share of the take from the forest's bounty until fairly recently. The management plan is no longer working because we are living under very different ecological conditions, and after 8 decades under the current plan both private and state land are overharvested. Oregon, traditionally known as a green state for its extensive forests, is rapidly becoming a state of clearcuts and tree farms.

Trying to prevent the devastation and collapse of the forests they had wrought in earlier centuries as their industry moved westward across the country, the timber barons began planting tree farms in the 1940s. Having convinced themselves that with replanting they had found a solution that would provide "Oregon forests

forever" the industry returned to their old rapacious ways resulting in the clearcut landscape ubiquitous in Oregon today. The other contributing factor that has made a visual mockery of Oregon's former status as a "green" state is the change in forestland ownership in the last three decades.

In those 30 years forestland ownership has become dominated by Wall Street real estate trusts and investment funds. Their decision to buy into the state was based on two factors; Oregon's weak Forest Practices Act, which for instance allows narrower stream buffers on fish bearing streams than neighboring states, and the low harvest and property taxes paid by the industry. Of these two factors it is the disproportionately low taxing of the industry that has been the most appealing to the Wall Street investment entities.

The lowering of taxes on the timber industry came in the wake of the federal government's reduction of logging on federal land in order to be in compliance with the Endangered Species Act which had listed the Northern Spotted Owl, a denizen of Oregon's old growth forests. The listing of the owl resulted in large scale job loss in rural areas and a loss of revenue for timber rich counties.

In response to economic concern and job loss due to the listing of the owl Oregon lowered private timber industry tax rates, and didn't update the state's Forest Practices Act to meet the challenges of the time. In so

doing they hoping to attract timber harvest businesses to the state. Rob Davis, writing for the Oregonian and Pro Publica, which did investigative journalism into the matter, has written, "Oregon lowered taxes and maintained weaker environmental protections on private forestland in exchange for jobs and economic investment." Even Governor Kitzaber, a champion of the environment, signed into law a bill that put the final nail in the coffin of the Severance tax that had been providing the funds for county services for decades.

In summary, the timber industry leveraged the impact from the listing of the Northern Spotted Owl to lobby and politically manipulate the state into creating the sweetheart tax deal they currently enjoy. Lowering the timber industry's taxes has shifted the onus of providing money for county services to revenue from tree harvest on state land. As a result counties have been struggling to meet their budgets.

According to Davis, Polk County, for example, which suffered \$29 million loss in revenue in the aftermath of the listing of the Northern Spotted Owl, has lost over \$100 million in revenue due to the elimination of the severance tax and lower property taxes for private timber companies. Of the 18 timber counties, half have been subject to this same disproportional loss. Over time it has been the attraction of lower taxes bringing the Wall Street investment groups that has caused the most fiscal hardship for the counties.

cont. p8

Attracting the large corporations into our state has increased the volume of timber harvest sending the annual profit from timber into the billions. Those proceeds have stayed mostly in the coffers of industry. Increased activity and profits from logging has not produced more timber related jobs in Oregon. In fact, the industry's preference for clear cutting relies heavily on mechanization resulting in fewer men needed on the job. To make matters worse, about a third of the raw logs harvested on private land are exported to China costing Oregon hundreds of local mill jobs.

The Wall Street entities who have ventured into timber harvest in the Northwest tend to cut trees much more aggressively and earlier in the growing cycle in order to satisfy the desire for dividends on the part of their stockholders. It is not uncommon for trees as young as 25 years old to be harvested even though conifer trees are not considered marketable until they have reached at least 40 years of age. More desirable still are trees in the 65-80 year range which are becoming scarce on industry land compelling the companies to increasingly push for more access to state and federal land which have a higher percentage of mature trees, as well as some increasingly rare old growth.

The industry currently rails against any reduction of their access to timber on state land which accounts for their vehement opposition to the Habitat Conservation Plan. The HCP was crafted with years of consideration by the ODF which deemed it necessary both to protect endangered species and to slow deforestation. One wonders what our state would look like if the timber industry had unfettered access to state land.

As it stands after over forty years of timber harvest contracts on state land many forest ecologists and conservation groups considered Oregon's state forests overharvested, particularly in the Coast Range. Their research shows that overharvesting contributes to species extinctions, a negative impact on public water supplies, a shortage of recreational land, and, most importantly, the state's failure to meaningfully mitigate climate change.

(The work of scientist and natural resource economist, Ernie Niemi, President of Natural Resource Economics, lays out the evolution and consequences of the land ownership within the timber industry in great detail.)

THE GREATEST PERMANENT VALUE

The axe in the hand of the Oregon pioneer who stands atop the state capital building is there because it was a useful tool in the early days before statehood when the land had to be cleared of trees in order to plant crops and build homes. Since the sculpture's installation in 1938 it has morphed into a symbol of the state's historically greatest industry, tree harvest and lumber production. But times have changed.

Government generated statistics show that today the workforce involved in all phases of the timber industry is only 3% of the state's total workforce. Agriculture and fishing both outstrip forestry in terms of workforce size. The main industries when it comes to revenue



GNAT CREEK HATCHERY TRAIL



sources are health and medical insurance, hospitals, and semiconductor and circuit manufacturing.

The timber industry is also a major liability according to research done by Dr. Beverley Law, Professor Emerita at Oregon State University, whose research team found that the industry is the greatest contributor to climate change in Oregon, even surpassing CO2 air pollution from the transportation sector. There has yet to be a full accounting of the industry's effect on the environment and human health due to aerial spraying after clearcutting.

In 2019 Linn County filed a 1.4 billion dollar lawsuit against the state of Oregon for not harvesting enough trees on state forestland. The lawsuit was funded by Hampton Tree Farms, Stimson Lumber Company and the Oregon Forest Industries Council. The lawsuit claimed that the term "greatest permanent value", encoded in state law, was referring to timber harvest as the main value of state forestland, a point of view that a minority of Oregonians still agree on.

Ultimately, in 2022 the Oregon Court of Appeals shot down the Linn County Lawsuit premise stating that nowhere in law was there a contractual requirement for the state to harvest trees on state land above other priorities such as fish and wildlife habitat, clean water and recreation. OPB reported that the policy director for Wild Salmon Center, Bob Van Dyk, got it right when he stated "...this case is really about timber companies trying to force the state to clearcut public forests to supply private timber mills."

Overharvesting of mature trees on their own land drove the industry's support of the failed Linn County Lawsuit and is currently driving the industry's attempt to get the recently approved Habitat Conservation Plan modified.

Old growth and mature trees (over 80 years old) are precisely the trees that are the greatest sequestrators of carbon. An acre of old growth Douglas firs in Oregon's Coast Range contain on average over 450 metric tons of carbon, more than any other forest in the world according to research done at Oregon State University by Dr. Erica Smithwick, currently Distinguished Professor of Geography at Penn State University. Once big trees are on the ground they cease to capture more carbon. To make matters worse, over time they release their stored carbon back into the atmosphere exacerbating the climate crisis. This release continues to happen regardless of what form the tree's lumber takes or how it is used. The more trees we allow to become mature and left standing the more we will slow global warming.

The greatest permanent value is suppose to be a balance amongst the need for habitat, clean drinking water, recreational use and commercial timber supply. According to the European Copernicus Climate Change Service 2023 was the Earth's hottest year on record by a significant margin, and the 10 warmest years on record since 1850 have all occurred in the past decade. The only sane conclusion one can reach given that data is that sequestration of carbon, because of climate change's impact on all other values, has become the overarching greatest permanent value for Oregon forests.

ODF'S POOR JUDGEMENT

New information, particularly of an extremely disturbing nature, is usually met with denial. That is especially true regarding climate change in places where its impact has not been dramatically felt to date, like here on the Oregon Coast. In consequence systems of conducting business remain intact even when they are likely to eventually be seen as having been counter productive to the welfare of the human community.

That is where we are with the current management practices of the ODF. In spite of references to climate smart policy on the ODF website that orientation doesn't seem to have trickled down to the local level of ODF operations. Without tackling the larger problem of an antiquated management system there is plenty to criticize about their choice of state parcels to be logged in 2024-5.

GNAT CREEK

Driving east on highway 30 in the past there was a nurturing sense of being enfolded by the forest when you reached the Gnat Creek Hatchery. This was so because of the mature trees growing close to the highway. A few months ago that experience was altered dramatically. The big trees along the highway are now gone as are about a dozen large trees on the hatchery grounds. Most shocking of all, about 10 acres of the timber on the incline next to the hatchery has been cut down with the exception of a few skinny snags and some low understory shrubs left behind.

A conversation with Clatsop County ODF operations manager, Brad Catton, made clear that the entire Gnat Creek Basin is considered a working forest by the ODF. The cutting near the hatchery was done to remove hazard trees. In addition, according to the 2023 Annual Operations Plan (AOP, which designates the state land parcels to be harvested each year in order to allow public comment) 900 acres involving both sides of Gnat Creek are to be logged later this summer. All of the harvesting to be done there is legal and pretty much business as usual according to Catton.

A second conversation with the Gnat Creek Hatchery manager confirmed that the trees on their compound were suffering from root rot and needed to come down because of their danger to hatchery employees living on the property as well as to visitors. The manager said that some trees along the trail to the campground also had to come down for the same reason but he expressed dismay about the number of what he considered healthy trees that were also taken along the trail and the highway, and especially those up the hillside from the trail which were well away from an area where hikers walk. The manager speculated that because of the relatively small area of the harvest the additional trees had been taken to “make the deal pencil out for the timber company”.

Now visitors staying at the campground will hike right through what looks like a clearcut on their way to the hatchery. That is the questionable aspect of the ODF not enforcing a more antiseptic approach by the company hired to do the initial logging. The hatchery is a popular tourist attraction and the trail up Gnat Creek a favorite of many local hikers. During salmon season many fishermen line the creek.

Perhaps the worst aspect of logging in this watershed is that the hatchery takes water directly from the creek for their operation. Logging near the creek, even if buffers are observed, will certainly increase the amount of silt that the hatchery’s filter system will have to cope with. Furthermore, last summer the water level in the creek became so low that there was concern about having enough water to continue operation. Timber harvest in watersheds has been demonstrated to reduce stream flow for as many as 30 years beyond the harvest and replant.

Yes, it’s legal, but one has to question the ODF’s judgment. Logging in a highly popular recreational area that has sensitive water concerns doesn’t seem like a good idea.

MOTHBALL HILL

According to the Clatsop County ODF’s AOP for 2025 a 99 acre clearcut on Mothball Hill is scheduled for 2025. Mothball Hill is immediately east of the John Day River boat launching site of Highway 30. Part of the planned clearcut is on forestland adjacent to the Columbia River Estuary.

Mothball Hill is a Legacy Forest. It meets all criteria in the U.S. Forest Service definition. The stand of trees, containing some as old as 103 years, has not been previously managed according to the AOP. This stand has not been logged since prior to 1945 and has regenerated without human intervention. It borders on salmon habitat in both the John Day River and the Columbia Estuary

making it critical for water quality and biodiversity. Finally, the mature trees bordering on old growth in this parcel are major sequestrers of carbon.

Residents whose properties border on the proposed clearcut report frequent sightings of eagles, blue heron, osprey, ravens, owls, and many other migratory birds, as well as deer, beavers, bobcats, coyotes and other



small woodland creatures. The entire area is also rich in a variety of mushrooms connected to the extensive mycorrhizal network which hosts dozens of other floral species that make the area a natural home for native pollinators. The Twilight Eagle Sanctuary is within a two mile proximity to the planned harvest.

There are people living immediately adjacent to the area scheduled for clearcutting. The clearcutting will significantly downgrade their property value and that of all the other nearby residents. One of those individuals is regionally acclaimed artist, Darren Orange, who has written to the Oregon Board of Forestry asking them to reconsider this harvest. In his letter Orange mentions the steep terrain that the logging will take place on and the fear of landslides and blow down. Local residents

also worry about the unintentional harm from aerial spraying of herbicides after replanting.

Again one has to ask about the judgment of choosing a site to harvest that seems so wrongheaded and contrary to the growing emphasis on preserving critical habitat, sustainable forestry practices, and climate crisis mitigation. The impact on families living in close proximity to the clearcut must also be considered.

In a recent Astorian article about Mothball Hill, Clatsop County ODF Forester Goody expressed no compassion for the families that will have their lives and property values degraded by the proposed clearcut. He did agree to meet with the homeowner to discuss options, but made it clear that will not take place until the Oregon Board of Forestry has finalized the sale. That is tantamount to saying to home owners, it’s “our way or the highway.”

A perusal of the size of trees that were targeted at Gnat Creek and on Mothball Hill suggests that it is the mature trees that the ODF wants to harvest for the increased revenue those trees bring. Mature trees are very few in number on private land so the ODF’s harvest plans make the timber industry very happy.

• • •

THE PETITION

A petition being circulated by North Coast Communities for Watershed Protection is asking the ODF not to follow through on the proposed clearcuts named ‘Mothball Hill’, ‘Davis Ridge’, and ‘Slough Hill’ in Oregon Department of Forestry Astoria District draft Annual Operations Plan for 2025, and to be eliminated from further considerations of timber harvests in the future.

The proposed ‘Mothball Hill’ clearcut lies adjacent to John Day County Park and the Columbia River. The proposed ‘Davis Ridge’ clearcut lies adjacent to Gnat Creek. The proposed ‘Slough Hill’ clearcut lies near Blind Slough, a tributary to the Columbia River.

The petition calls on the ODF’s failure to address the many dire issues correlated with deforestation and unprecedented climate change; water scarcity, the impact of pesticide applications after logging, the increase of wildfire intensity, reduced stream flow, landslide, flash floods in storm events, the increase of silt and other contaminants impacting drinking water as well wetlands and tributaries that are essential to salmon and other aquatic life.

The petition also calls on the ODF to publicize Annual Operation Plans in multiple media in advance of the public comment deadline—to make a special effort to contact and meet with residents living in proximity to any planned logging before initial approval.

To read and sign the full petition go to the NCCWP website: healthywatershed.org

The final installment of this series will consider a way to revamp Oregon’s forest management system that would protect and nurture state forestland, provide more assured funding for the counties, maintain forest sector employment numbers and offering a more hopeful vision for the younger generation.

hf

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ASTORIA OPEN STUDIO TOURS THE ARTISTS

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2. Iris Sullivan Daire
3. Judith Niland
4. Carol Smith, Phyllis Taylor, Constance Waisanen
5. Robert Paulmenn
6. Tim Kennedy
7. Brad Menninga
8. Julie Moore
9. Molly Schulp
10. Matthew Palmgren, Lezlie Amara Piper
11. Missy StRain, Bill Atwood
12. Connie Dillon
13. Barbara Odoms
14. Courtney Pownall, Sondra Carr
15. Janet Hutchings, Nancy Karacand
16. Angi Wildt
17. Paul Polson
18. Rebecca Fries, Juleen Johnson, Denise Monaghan, Roy Sanchez, Tom Sky, Cathy Stearns
19. Roger Dorband, Cicely Gilman, Kerry Thorne
20. Audrey Long, Kirista Trask
21. Laura Janes
22. Brian Evans
23. Elise Wagner
24. Collin Chandler
25. Joanne Lumpkin Brown
26. Mary K Barendse-Adams, Rhonda Gewin, Cathy Gran, Jeannette Gran-Davis, Jo Pomeroy
27. Jenny Rideout
28. Philip Barasch
29. Tabor Porter
30. Sarah Bolerjack
31. Rhonda Piasecki
32. Peg Johnson
33. Christine Eagon
34. Glen Herman
35. Richard Rowland
36. Lam Quang



Art Loft Celebrates 10!

THE WELL-LOVED and funky 3 storey building at 3rd Street and Marine Drive is hosting a special celebration for Astoria Art loft in July during the Open Studio Tour. The Astoria Art Loft was the brain child of local artists Jo Pomeroy, Jeannette Davis, and Ellen Zimet who saw a need for a local art education center in the community. When the Carl Mead Upholstery business closed, Paul Larson rented the 2nd and 3rd floors to the group and the Art Loft came into being. The mission was, and is to provide a supportive environment in which people of all ages can explore, develop, and expand their artistic abilities.

With generous donations of storage units, shelving, desks, and chairs from Paul Larson and the Oregon Research Institute, the business opened in 2014 and artists began moving into the 10 studios. Much effort went into removing the nails, pins, needles, staples, etc., wedged between the wide planks of the wood floors and left over from the upholstery business, since several of the new resident artists insisted on going barefoot. Artwork from local North Coast artists filled the gallery and classes/workshops

began. Generous donations of art books from local artists helped build a library available to resident artists and students. A grant from the Clatsop County Cultural Coalition funded the development of 5 week-long summer workshops for children (6 – 12 years of age) which continue each summer. Renovations gave the premises a facelift.

The Astoria Art Loft Gallery has featured numerous exhibits on a variety of themes and has welcomed many types of artwork. Some of the themes were endangered species (including beavers, bees, birds, fish, plants), ships, local historical figures, building pets, prehistoric and fantastic creatures, history of picture frame, collage, recycled materials, and much.

The Astoria Art Loft welcomes all who are interested in art and continues to offer a variety of classes and workshops. Visit and enjoy its 10th anniversary celebration during the Studio Tour during the weekend of July 27 and 28, 2024.

Jennifer Goodenberger will be the demonstrating artist for July Art Walk. Jennifer is an artist of many forms, but for this event, she will demo her paper art. The Main Gallery will be featuring the art of the Loft's resident artists.


ASTORIA OPEN STUDIOS TOUR

July 27 - 28, 11am - 5pm

Scale in miles: 0, 1/4, 1/2


Old Youngs Bay Bridge (34) Continue 1/2 mile, (35) Continue 5 miles, (36) Continue 7 miles

MORE INFO HERE!



PLAN YOUR ADVENTURE!

The Astoria Open Studios Tour is a self-guided experience. Visit as many of the 36 participating studios as you'd like. Go at your own pace and in any order. Studios are clearly marked with large number signs. Red arrows will help guide you to their door.



Everyone, all ages and abilities, can enjoy this free event. Bring your family and friends for a memorable experience exploring Astoria's creative side!

For Chef Turned Cider Maker, Complexity is a Virtue

Story and photos by William Dean

Her craft cider is a hit, spreading like a tongue-tingling wave across the Long Beach peninsula. But there was a moment when she still had doubts.



Vinessa Karnofski of Ilwaco Cider Co.

IN LAUNCHING ILWACO CIDER CO., Vinessa Karnofski opted to go bold from the start, ignoring the advice of someone who'd spent years in the hard cider business. He thought she should simplify her complex recipes.

"That's not me," she told him. "I can't do that."

Her first four batches, brewed in a high-ceilinged, concrete-floored building on Spring Street, Ilwaco's main drag, involved intriguing pairings of fresh whole fruit, with rinds, peels and assorted spices and natural sweeteners mixed in. Even two kinds of tea.

She'd tested the recipes in miniature and was pleased enough to start filling the fermentation tanks.

A few weeks later, when the ciders were ready for sampling, she arranged for a May 19 private tasting in a makeshift taproom. Invitees included family, friends and a smattering of local business people, including restaura-

teurs and the owners of North Jetty Brewing up the road in Seaview.

Vinessa served taster trays featuring all four ciders to her guests, then stood by anxiously.

She didn't have to wait long. A buzz quickly filled the room. People began raving about the flavors, the aromas, the effervescence. When could they place keg orders, some asked. North Jetty offered a tap or two.

A trained chef with restaurant and catering experience, Vinessa felt energized.

"As a chef, you can be in love with a dish, but you need to see others satisfied by it," she said afterward. "And that's how I feel about cider. I just love the fact that people sit down and try it, then they enjoy it and feel excited. That feeds into me."

Ilwaco Cider's brewhouse was still being set up when the only cidery on Oregon's North Coast died.

Fortune & Glory Cider Co. in downtown Astoria abruptly closed in January, with the owners citing shrinking profit margins.

Was it a warning or an opportunity?

A self-proclaimed "positive person," Vinessa, 44, chose to believe the latter. She and her husband Jarrod pressed ahead, forging initial partnerships with regional farms, including peninsula cranberry growers Evil Mistress and Starvation Alley. It was the first step in their farm-to-pint glass plan, using whole fruit sourced regionally and only natural ingredients.

Their flagship cider, she knew, would be made with those cranberries, including the especially flavorful late-harvest variety.

Springrider Cran would become that brew – but not without a "huge" learning curve.

The berries were meticulously cleaned then pureed several times, gradually mixing in lime juice, wildflower honey and a small amount of raw sugar.

The puree went into a 30-barrel tank, added to an apple juice base. A special yeast was introduced to create alcohol. Later, Vinessa introduced even more flavors: a crimson tea blend with currants, rose hips, elderberry and hibiscus that was dipped into the mix wrapped in cheesecloth.

Then it was "tasting, tasting, tasting" until the perfect flavor was reached.

When it came time to add CO2 and filter (for clarity and removal of any remaining yeast), she ran into an unexpected problem: Standard filters quickly became clogged, causing her to switch to a higher grade. The filtering process itself also dulled the flavor slightly, causing her to recalculate her recipe proportions.

"I just took copious notes all the way through," she recalled. "I wrote afterward: 'Double here.' 'Keep this the same.'"

Soon, she had her first batch of Springrider Cran to offer, as well as three others: Solitary Euphoria – bubbly and wine-like with elderberry, cardamon and grapefruit peel; Fisherman's Flannel – semi-dry and Christmassy with notes of ginger, peppercorn, cinnamon, clove and all-spice; and Columbia Fog – a blend of Oolong tea, orange peel, lavender flowers, vanilla beans and orange blossom honey.

The zesty drinks come with a kick: alcohol by volume ranges from 6 to 7 percent.

cont. p12





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Vinessa and Jarrod in the brewhouse

Vinessa was hoping to have two more ciders available by the cidery's June 29 grand opening. A wall at the back of the existing taproom was to be taken out, creating space for about 60 guests. A custom bar made from a massive redwood slab was in the works.

The final phase of the buildout involves adding a kitchen and food menu by next summer. All while ramping up production to some 60 barrels every seven weeks.

"That's a lot," she said of her own projections. "We're basically running on adrenalin right now."

Erik Svendsen, owner of North Jetty, admires the Karnofskis for bringing their business dream to life.

"They made a plan and went for it. I really like seeing people take a leap like that," he said.

John Oakes, owner of Starvation Alley Farms, is blown away by how Ilwaco Cider has exploded on the scene, rapidly building a fan base.

"It's surprising everyone," he said. "It's very, very cool. ... And I like the cider."

Vinessa has always loved to cook.

After graduating from culinary school in Portland in 1998, she worked in both restaurants and catering. But when she married Jarrod and they wound up raising a combined five kids, it was time to strike a better balance.

"I needed to find something in line with my passion, which is cooking. Something where I could be creative, but didn't have the same [long] hours like a restaurant," she said.

Vinessa, who'd been home-brewing cider for a while, began thinking about opening a cidery. Jarrod, who grew up in

Ilwaco and now works for Columbia Memorial Hospital, loved the idea of launching a business that could help revitalize the downtown.

Soon, she began creating those challenging recipes, drawing on her culinary skills.

"Because I've worked with lots of ingredients for 20-plus years, I have a flavor palette in my mind," she said. "It's definitely a benefit."

Lavender, for example, is an amazing ingredient when properly balanced with other flavors. "As long as it's in harmony, it's going to be fine," she said.

The same could be said for Ilwaco Cider as a business. For now, the Karnofskis are content to build up slowly, acting as their own distributors, before turning to Astoria and beyond.

When the taproom opens, Vinessa will be working amid the tanks while people sip cider and watch. What will that be like?

"I think it'll be a comedy initially," she said, laughing. "But there's a little theater in me."

Ilwaco Cider Co

116 Spruce St E in Ilwaco, WA
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Hours

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WILLIAM DEAN is an author with a passion for craft beer. His suspense novels Militia Men, Dangerous Freedom and The Ghosts We Know are available at Amazon and in bookstores. Check out his beer blog at astoriabeerzone.com.

NEST FEST 2024

THE FIRST NEST FEST music festival happens in Manzanita on Sunday, July 7, 2024.

A trial run last year went off swimmingly, now deeming 2024 as official Nest Fest. A group of local live music enthusiasts, musicians, artists, small business owners and environmental advocates have joined forces to present Nest Fest 2024, a live music festival celebrating Oregon's North Coast land and waters.

Nestled into a lot in the city blocks of Manzanita, Nest Fest, from noon to 10pm features one stage, 8 musical acts + closing DJ, artist vendors and an amazing raffle contest with lots and lots of prizes donated by businesses and artisans. The not-for-profit festival is raising money to support the North Coast Land Conservancy's mission to conserve Oregon's coastal lands and waters.

Festival project coordinator Kelley Webb is no stranger to collecting a broad spectrum of people, talent and shared values. She is the Founder and Creative Director of ADX – Art Design Exchange in Portland. ADX is a 14,000 sq.ft warehouse that supports artists from all genre. Created by Kelley in 2011—a long time dream, through shared collective studio space artists support each other and build on that support to grow and prosper in their creative paths.

With a Bachelors in Geology and a Masters in Urban Planning, Webb unabashedly crows about her love of organizing, and the positive results of the festival, " We have a great team of local volunteers, who will be wearing their official Nest Fest badges to help direct people when they arrive; from parking, ticketing, and nestling into a great spot in the natural amphitheater setting," says Webb.

Webb is responsible for the festival location, an empty lot she purchased some years back, that has not yet found its identity. Just down Manzanita St. and adjacent to the new location of Manzanita City Hall, crowned "Dirty Bird" by Webb, it's an ode to her grandmother's surname and her humour. Up to this time, Webb has held permaculture events at the lot, a place for gardeners to resource sustainable materials. She's still not quite sure what the lot might eventually bring, and until that time comes, music festivals and gardening pop-ups is the status quo.

On the genesis of Nest Fest says Webb, "They're aren't many live music options in our area. We wanted to create an outdoor space for music in the place that we live and love— amongst the mountains and trees, the ocean, the wild animals, the fresh air and beauty that we enjoy on a daily basis."

The Nest Fest music line-up has been curated to offer a select wave of music and energy. Featuring indie rock and acoustic soloists— the stage begins with more chill artists and moves its way into evening dance energy. The festival's mission is emerging artists: it will be a first time festival performance for some of the artists. Most of the artists on schedule are familiar with one another from the Portland music scene, having played on the same stages that book complimentary styles. Webb has a natural tie to the musical scene connected to ADX, helping to create a common thread of music for the festival's stage.

Not at this festival: Food Vendors. Ticket buyers can bring chairs and picnic baskets. Parking is allowed on city streets,

By Dinah Urell



and various public parking lots. Nary a parking spot is that far from the location.

These artisan vendors will be on site:

- a show and sell of local surfboard shapers including Nehalem Surf Works, Pace Craft, and Heartwood Surfboards;
- vintage clothing from local fashionista Lindsey Benson of @holidaazed
- henna tattoos from local tattoo artist Maisie Siegel @ TatsbyM, and
- a giant nest Photo Booth built by local artists.

Festival lineup includes
amie, Salmon Doza, Pterosun, Kendall, Naked Mole Rats, Alex Wilkerson, Megan Diana, Blisser and DJ Tasty T. A Nest Fest Spotify list of bands has been provided to acquaint your self with the music. Access at nestfestlive.com



BLISSER

Raffle sponsors include surf lessons from Oregon Surf Adventures, gear from Seaside Surf Shop, gear rentals from Cleanline Surf Shop, surf lessons from NW Women's Surf School, a sauna experience for up to 6 people from North Coast Saunas, a cornucopia of goodness from Kingfisher Farms, a seaweed tour from Shifting Tides and gift certificates from almost every small business in the NeManza-Wheelem area.

Purchase tickets at nestfestlive.com. \$40 - \$100 Sliding scale. While tickets will be available the day of show, pre-buying online is the safest bet, and lets the festival organizers know that you're coming. Each online purchases includes a raffle entry, with chance to purchase more.

Leave pets at home, with the exception of service dogs. Nest Fest is a zero waste event, so plan to bring all waste materials out with you.

Tickets and Full Schedule: nestfestlive.com



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Sunday 14

MUSIC

STURTZ. Acoustic Indie soul quartet from Colorado, led by singer songwriter Andrew Sturtz. 7pm. doors at 6:30pm. \$20. Tickets online at kalaastoria.com At KALA Performance Space in Astoria.

Live Music. 6pm at Fort George in Astoria.

THEATER & PERFORMANCE

Little Women. A little Musical. \$16 - \$23, 2pm at the Fort Columbia Theater, Chinook.

The Spotlight Dance Cup. Pacific Northwest Nationals. At the Seaside Convention Center.

HAPPENING

Fore! The Furballs Golf Tournament. \$65, box lunch from the Cove included. 9am - 1pm at the Peninsula Golf Course in Long Beach.

Annual Lewis and Clark Encampment. A living history program. Free, 10am - 3pm at Knappton Cove Heritage Center.

Monday 15

MUSIC

The Horsenecks. Bluegrass/Old Time/Appalachian. No cover, 7:30 - 9:30pm at Pickled Fish in Long Beach.

THEATER & PERFORMANCE

The Spotlight Dance Cup. Pacific Northwest Nationals. At the Seaside Convention Center.

Tuesday 16

MUSIC

The Horsenecks. Bluegrass/Old Time/Appalachian. No cover, 7:30 - 9:30pm at Pickled Fish in Long Beach.

THEATER & PERFORMANCE

The Spotlight Dance Cup. Pacific Northwest Nationals. At the Seaside Convention Center.

Wednesday 17

MUSIC

10th street Stage Presents Towse Band. 6pm at the Astoria Public Library.

As a professional bassist of multiple genres, Radford has performed and toured across the globe, most currently with the 90's indie rock band Built to Spill as well as her riff-heavy, post-riot grrrl outfit, Blood Lemon. While she became known as the bassist who brought infectious, head-banging energy to these bands, her solo work is a separate and distinctive energy altogether. Lê Almeida is the mastermind of an unlikely and noisy indie scene that emerged in the suburbs of Rio de Janeiro in the early 2000s. A prolific producer initially labeled as lo-fi, his sound has incorporated elements of krautrock, free jazz, afrobeat, hip hop and Brazilian music.



Melanie Radford & Lê Almeida

2 Dates. 7/6 Catch the duo at Sou'wester at 8pm. On 7/7 at The Fort George Tap Room 6-8pm. Both events No Cover.

Kathryn Claire & Margot Merah. \$25, 4pm at the Peninsula Arts Center in Long Beach.

Barney Perrine. Blues/Classic Rock. No cover, 7:30 - 9:30pm at Pickled Fish in Long Beach.

Buskers in the Park. Free concert at 5pm at Cannon Beach City Park.

THEATER & PERFORMANCE

The Spotlight Dance Cup. Pacific Northwest Nationals. At the Seaside Convention Center.

Meshuggah-nuns! Musical Comedy. \$30 - \$35, 7:30pm at the Coaster Theater in Cannon Beach.

Thursday 18

MUSIC

Barney Perrine. Blues/Classic Rock. No cover, 7:30 - 9:30pm at Pickled Fish in Long Beach.

Buskers in the Park. Concerts at 5pm in City Park in Cannon Beach.

THEATER & PERFORMANCE

Shanghai in Astoria. Musical Melodrama. \$10 - \$20, 7pm at the ASOC Playhouse in Astoria.

The Spotlight Dance Cup. Pacific Northwest Nationals. At the Seaside Convention Center.

Meshuggah-nuns! Musical Comedy. \$30 - \$35, 7:30pm at the Coaster Theater in Cannon Beach.

Kermit Apio. Comedian. \$, 7:30pm in Cedar Hall, Alderbrook, Tillamook. Get tickets at themook.com

Friday 19

MUSIC

BELEZA! Bosa Nova duo of guitarist John Stowell and flugelhorn player Dimitri Matheny. 7:30pm. Doors open 7pm. Tickets \$20. Online at kalaastoria.com. At KALA Performance Space in Astoria.

The Radio Riots. \$15, all ages, 7pm at the Kiawanda Community Center in Pacific City.

THEATER & PERFORMANCE

Shanghai in Astoria. Musical Melodrama. \$10 - \$20, 7pm at the ASOC Playhouse in Astoria.

A live performance of Bon Bon Vivant embodies the spirit of revelry and celebration of life, because death is certain. BBV honors this "Bon Vivant" philosophy and the city where they live, New Orleans, with woven stories and a dynamic rhythm section. The band experiments with high energy dance music and dark, sensual melodies with lyrics like "start living now while you've got living left." This music lives in the duality of enjoying the light because the darkness is always near! **Sunday July 28, 6-8pm at Fort George Tap Room in Astoria. No cover**



Bon Bon Vivant

Little Women. D A little Musical. \$16 - \$23, 7pm at the Fort Columbia Theater, Chinook.

HAPPENING

Bald Eagle Days. Parade, vendors, music festival, fireworks, and many more family friendly events. In Cathlamet.

Pacific City Dory Days. Parade, displays, food, live music, vendors, and more. Noon - 6pm in Pacific City. See schedule at pacificcitydorydays.com

Saturday 20

MUSIC

Michael Powers. Jazz guitar. \$20, 7:30pm at Pacifick Distillery in Astoria. Get tickets at Ticketstripe.com

Sweet Treats, Amber Hope. 8pm \$10, 21+ Popsongs and Rock 934 Duane St. Astoria Labor Temple.

Bradford Loomis. Nashville Songwriter. \$25, 4pm at the Peninsula Arts Center in Long Beach.

Lindsay Clark and Half Shadow. 8 - 9:30pm at the Sou'wester Lodge in Seaview.

Beleza. An evening of Brazilian Jazz. \$10 - \$20, 7pm at the Bay City Arts Center.

ART

Artist Studio Tour. 11am - 5pm at locations in Manzanita, Nehalem, and Wheeler. \$30, pick up wristband and map at the Hoffman Center in Manzanita from 10am - 1pm. Tour runs from 11am - 5pm. Get tickets online at hoffmanarts.org

THEATER & PERFORMANCE

Shanghai in Astoria. Musical Melodrama. \$10 - \$20, 7pm at the ASOC Playhouse in Astoria.

Little Women. A little Musical. \$16 - \$23, 7pm at the Fort Columbia Theater, Chinook.

Meshuggah-nuns! Musical Comedy. \$30 - \$35, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Bald Eagle Days. Parade, vendors, music festival, fireworks, and many more family friendly events. In Cathlamet.

Film Screening. A 1960s British Drama. 1pm at the Seaside Library.

Pacific City Dory Days. Parade, displays, food, live music, vendors, and more. Starting at 7am in Pacific City. See schedule at pacificcitydorydays.com

Sunday 21

MUSIC

"Oregon's Own" 234th Army Band of the National Guard. Free, 3pm at the Liberty Theater in Astoria.

Live Music. 6pm at Fort George in Astoria.

DAD BOD, ORUÁ, The Other Numbers, Terracotta Suns, - Live at Columbian Theater - 7pm \$10 All Ages 1102 Marine Dr. Astoria - Psych Rock, Punk, and Rock/ ORUÁ from Rio De Janeiro

Kris Stuart. Folk/Blues/Country. No cover, 7:30 - 9:30pm at Pickled Fish in Long Beach.

Brenna Larsen. Piano. 5 - 7pm at the Pelican Brewing Taproom in Tillamook.

THEATER & PERFORMANCE Shanghai in Astoria. Musical Melodrama. \$10 - \$20, 2pm at the ASOC Playhouse in Astoria.

Little Women. A little Musical. \$16 - \$23, 2pm at the Fort Columbia Theater, Chinook.

HAPPENING

Artful Breakfast. All you can eat eggs, pancakes, and more. 8am - noon at the Bay City Arts Center.

Pacific City Dory Days. Parade, displays, food, live music, vendors, and more. In Pacific City. See schedule at pacificcitydorydays.com

Monday 22

MUSIC

Kris Stuart. Folk/Blues/Country. No cover, 7:30 - 9:30pm at Pickled Fish in Long Beach.

Tuesday 23

MUSIC

Kris Stuart. Folk/Blues/Country. No cover, 7:30 - 9:30pm at Pickled Fish in Long Beach.

ANITA

For young moderns

7/24 Rural Queer Open Mic!
7/27 MATCHES w/ members of Circuit Des Yeux
8/10 Tee Time - tee shirt art!
Opening nite - show up all Aug
9/14 Rankin Renwick art opening
Show up all September

1312 COMMERCIAL ST, ASTORIA
www.ticketleap.events/events/anitabuilding

@anitastoria

North African Maghreb Dance Workshop with Amel Tafout!

Amel Tafout is an inspirational first source master dance artist, choreographer, instructor, frame drummer, singer, energy worker and one of the finest exponents of North African traditional and contemporary Maghreb Dance of our time.
www.ameltafout.com

Astoria Arts & Movement Center
Wednesday July 24th 6-8pm
\$25 at the Door Everyone Welcome!
astoriaartsandmovement.com
342 10th st, Astoria OR

ASTORIA CONSERVATORY

Summer Dance Camp

Baby Swans
July 1-5, 10:00-11:30am
Ages 4-6
\$80

White Swans
July 1-5 12:00-1:30pm
Ages 7-9
\$90

Allegro & Pirouettes
July 15-19
10:00 - 11:30am
Ages 10+
adults welcome
\$95

Experiments with Contemporary Choreography & Dance Activism
July 15-19 12:00-1:00pm
Ages 8+ adults welcome
\$75 NOTE: \$50 if purchased with another class

Reserve your spot today!

770 11th St. Astoria

503.325.3237

www.astoriamusic.com

THEATRE/PERFORMANCE



The Little Sisters Of Hoboken Hit The High Seas! At the Coaster All Summer!

THE COASTER THEATER PLAYHOUSE offers you a summer of musical comedy with Meshuggah-nuns!

The Kunkels (the poor family living behind Mount St. Helen's School) have won the lottery and gifted the Sisters an all-expense-paid trip on the "Faiths of All Nations" Cruise. After a week at sea, the ship runs into a storm. Several people become ill, including all of the actors in the ship's production of *Fiddler on*

the Roof. (All except the actor playing Tevye, that is.)

The captain of the ship, knowing of the Sisters' show biz savvy, requests that the Sisters and Tevye put on a revue. The result: a hilarious musical celebration of Catholic and Jewish traditions.

PERFORMANCES: June 28 – Sept 1. All performances at 7:30pm. Tickets \$35 and \$30. Online and at the box office, or call 503.436.1242.

Astor St.
Opry Co.
40th Season

Shanghaied in Astoria



IT'S GOOD VERSUS EVIL in the Astor St. Opry's Broadway style musical melodrama celebrating 40 years this season of bringing it to the people. Set against the backdrop of early 1900's Astoria, around the Scandinavian Midsummer Festival, and the Sweet Castle Cannery, hilarity and hijinks prevail.

The evil Krooke attempts to secure the wealth of cannery heiress Virginia Sweet, while all manner of colorful characters are tangled in the plot. Can-can dancers dressed to the gills, stinky Finnish fisher boys, saloon owner Lascivious Liv and illustrious madam Miss Macy are

just a few of the whacky and memorable roles that keep *Shanghaied in Astoria* audiences coming back each season. Not to mention the popcorn! And it all takes place at the Astor St. Opry Co. Playhouse.

PERFORMANCES: July 11 – August 18. Thur – Sat at 7pm. (Doors open 6:30pm). Sunday Matinees at 2pm. Go to asocplay.org for ticket purchase info. Or call 503.325.6104. The Astor St. Playhouse is located at 129 West Bond St. in Uniontown, Astoria.

PERFORMATHON IS ON!

Non-stop LIVE Performance, raffle and silent auction galore!



Magician Seth Howard is one of many performances filling this one-of-a-kind 24 Hour bill!

TEN FIFTEEN'S popular 24-hour annual event, returns to the stage on July 13th beginning at 10:15am. A goal of \$5,000 has been set, which will go toward a variety of facility needs, including a conversion to LED stage lighting. This year's fundraiser will continue to feature all the wild and wacky performances that audiences have come to expect, and the day has been curated to suit audiences of all ages.

The schedule has been built into blocks:

10:15am - 2:00pm will feature kid-friendly performances and activities. Highlights include: a sing-a-long with Elsa, kid's theatre games, a magic show, and a ventriloquist.

2:00pm - 9:00pm will be more family-friendly fun. Highlights include: the Astoria Ukulele Orchestra, the North Coast Chorale, and snippets from upcoming productions.

9:00pm into the wee hours of the morning is for the adults. Featured acts include: karaoke,

live music, tarot & oracle readings, a séance, and more!

6:30am - 10:15am will feature a little bit of everything!

In addition to the usual array of raffle items, new this year will be a virtual silent auction that will go live on July 1st. Bidders have the opportunity to win a variety of prizes, including a weekend getaway, a private chef-cooked meal, season ticket packages, and more.

Performathon 2024 July 13th -14th, 10:15am-10:15am. Tickets: \$20 adults/\$10 children under 12 (Reduced price tickets available after 2:30am) Purchase online at www.thetenfifteen-theater.com

Silent Auction begins on July 1st at 10:15am. www.32auctions.com/Performathon2024

Simple Salmon '24 (or 25 (or 6 to 4)) Sketch Comedy coming Up



IT'S THE 25TH ANNIVERSARY of the original Simple Salmon of the River Theater days, and this year's edition will not disappoint. An open call for writers produced over 50 submissions, of which 12 will be featured in this year's show. In a callback to the Simple Salmon days of yore, audience members will be given the opportunity to vote for their favorite sketch. Winners will be announced at the end of the August 10th performance, and cash prizes in the amounts of \$500, \$300, and \$200 will be awarded to the writers of the 1st, 2nd, and 3rd place winners, respectively.

About the Show: Saturday Night Live meets Astoria! The sketchiest of original sketch comedy returns for

the 25th anniversary of the original Simple Salmon from the River Theatre. Produced with a sponsorship from Columbia River Coffee Roaster, everything you will see is locally written, directed, and acted.

Cast: Cherry Kocemba, Annie Tah, Liam McCaughey, Mason Robinson, Slab Slabinski, Connor Swan, Jasmine Walker, Lori Wilson Honl, Mick Alderman (first weekend only)

PERFORMANCES: July 26-27, August 2-3, 8-9 & 10 at 7:30pm. July 28 and August 4 at 3:30pm Tickets are \$25, and are available online at www.thetenfifteen-theater.com.

Tom Cramer *Electric Garden and More New Works*



Marmalade, oil on canvas

RENOWNED PORTLAND artist Tom Cramer returns to IMOGEN. He brings bold, complex, color saturated oil paintings along with carved and painted wood relief wall pieces, and wood burned oil paintings. This series, *Electric Garden* is a fresh and bold abstract series, exuding contagious, uplifting energy, of the enigmatic Tom Cramer, both in his paintings and his personality. Stop by and say hello to Tom who will be at the gallery 5 – 8 pm during art-walk. The exhibition will remain on view through August 5th.

Cramer has been at the epicenter of the Portland art scene for decades as an exhibiting artist as well as creating public art. For years, many things have acted as a canvas to Cramer, utilizing furniture, cars, buildings, the ballet; these are just a sample of the channels for his creative self-expression. Within this series his collector's might note a shift in style as he merges into a new era. His work continues with a strong anchor in

use of color and pattern, echoing his long interest in Eastern spirituality, music, and botany. Cramer utilizes organized color, line, and form to suggest geometry, that then in entirety becomes a vessel of essence and/or spirituality.

About this series "Electric Garden," Cramer states: "I'm interested in Synesthesia- hearing color and seeing sound, a transference of senses. For example, when we hear Debussy we might see Monet and when we see Monet we might hear Debussy's music...etc. For almost every piece of music, pictures form in the mind. The history of art and the history of music are one and the same- for every art movement- there is a corresponding music that goes with it. I'm interested in forming images in the viewers head enough so that the viewer is a participant in the content of the piece.

Imogen Gallery is located at 240 11th Street in Astoria.
Hrs: Thursday-Mon, 11 to 5pm, Sun 11-4, closed Tue/Wed.
503.468.0620 www.imogengallery.com



White Garden, oil on canvas

ASTORIA STUDIO TOURS

JULY 29-30



Textile Artist Cicely Gilman

Go right into the hearts of our local resident artists during the 14th annual Astoria Open Studios Tour. Each of the over 50 participating artists invite the general public into their studios for this once a year event, July 29 and 30 from 11:00am to 5:00pm. Visitors from near and far get to see behind the scenes into the workspace of each artist. Artists share their work, what inspires them to create and techniques they've learned over years of practice. Visitors and patrons get a chance



Tattoo Artist, Courtney Pownell

number that corresponds to the map in the center of the guide. Artists that are giving demonstrations and studios that are accessible for individuals with limited mobility are also listed in the guide.

"I love Astoria Open Studios! It's a great time to get a glimpse of artists' studios and see how they work as well as see the art of folks that might not ordinarily show in local galleries. In my studio, (249 14th street) I really love witnessing folks connecting



Wood Designer Tim Kennedy

with the work, especially larger paintings and hearing what they see and feel in response," says artist Lezlie Amara Piper of 249 14th St Studio.

Participating artists are also featured in a large group exhibit, Artists of Astoria, at Astoria Visual Arts July 13 through August 4. This exhibit is a great place to stop by during the month of July to begin planning your experience. Astoria Open Studios Tour made possible through support from the City of Astoria and AVA members. AVA is a 501(c)3 non-profit arts organization founded in 1989 that works to create opportunities for people of all ages and walks of life to engage with the arts.



Muralist, Jo Brown

to meet the creative individuals that are the heart of Astoria's thriving art scene.

Open Studios is a free, family friendly event for anyone interested in meeting creative people and learning about Astoria's vibrant art community. Look for the printed tour guides featuring each artist throughout downtown Astoria in July or check out the digital version at astoriavisualart.org. Each studio is labeled with a



Vintage Trade Bead Jewelry at CARGO

Nancy Karacand presents a pop up sale of her beaded jewelry at Cargo. She's been collecting vintage beads from the African bead trade for over 40 years and the show will feature her latest African trade bead jewelry as well as her beaded cabochon necklaces.

Visit with Nancy at Cargo from noon to closing during Astoria Art Walk, June 13, the corner of 11th and Marine Dr. In Astoria.

Missy StRain paints Astoria's Past and Present

FOR THE PAST YEAR, Missy StRain has been hard at work in her Astoria studio during the day while conducting research in popular local haunts at night. Her work is intriguing at first glance, pulling you in close, revealing a very painterly, unusual style. She works with gouache and India ink on reclaimed refractive light screens collected from old LCD televisions. The result is a popular Astoria scene rendered in a loose, signature style on a transparent, textured panel. Each piece is somehow, however, imbued with a magical aura, likely helped by the refractive elements in the panels, which convey not just a location, but an aura of a time in history.

See StRain's work in person during her solo exhibit, Astoria, Past and Present, which will be at Made in Astoria, July 13 through August 7. Featured paintings include work from three series: "Illuminated Astoria" showcasing Astoria's many film scenes, "Inebriated Astoria", a collection of Astoria's local watering holes, and the start of her new series, "Indelible Astoria", a catalog of Astoria's historical haunts that have long shuttered their doors.

StRain has been in Astoria for 16 years, moving from Boise post art school. She fell in love with the gritty character

of the town and hasn't looked back. Several months ago she saw the potential for artists to gather and make art together, so she partnered with Astoria Brewing Company's Taproom. They host an art night once a week on Tuesdays for adults and kids using donated art supplies and showcase work made by both adults and youth.

Meet StRain at Made in Astoria during Artwalk on July 13 from 5:00 to 7:00pm and follow her on Instagram @messystain and visit her website soon www.MessyStain.com. Made in Astoria is located at 1269 Commercial Street, open Wednesday through Sunday from 12:00 to 5:00pm and by appointment. Connect with MIA on social media and visit the online store soon at made-in-astoria.com.



Triangle Tavern

Leslie Peterson Sapp and Dayna Collins at Riversea Gallery

RIVERSEA GALLERY presents two shows featuring paintings of ancient artifacts by Leslie Peterson Sapp and abstracted floral paintings by Dayna Collins. Both exhibitions open July 13 during the Astoria Artwalk and continue through August 6, 2024. Meet the artists at the opening reception on Saturday, July 13, from 5:00 – 8:00 PM. Evening festivities include refreshments along with live tunes by John Orr and Clarence Robinson.

In *Creating Time: Art and Archeology*, Oregon artist Leslie Peterson Sapp bids the viewer to enter a state of curiosity and wonder as she delves deep into history, exploring intriguing archeological finds and the myths, legends, and cultural beliefs they embody. In this series of mixed media paintings,



D. Collins, *Chaotic Exuberance*

drawings, and art books, she depicts ancient relics, mostly from the Bronze Age, following their journey through time from their origins to the present day. Her process begins with intensive research into the history surrounding each artifact: contemporary and historical



Leslie Peterson Sapp, *The Cup of Nestor*, 12x12

writings, excavation details, site maps, and photographs. From there, she conjures layered imagery that portrays the object and its cultural significance through the ages. "Few things stir our imagination more than a fragment of something that was once whole," she muses. "My inspiration comes from what remains—and what has been lost. I explore the passage of time through art."

Showing in the Alcove space, *Curious Untamed Blooms* is an invitation into the enchanting and vibrantly colored world of Dayna Collins, an intuitive painter who splits her time between Astoria and Salem, Oregon. This lively collection of expressive, abstracted florals, painted in oil and cold wax, is punctuated by layers of intense color in adventurous combinations, augmented with texture via energetic brushwork and mark-making with palette knives and pigment sticks. Collin's imaginative flowers are delicate and bold, tender yet strong, and joyfully absurd.

RiverSea Gallery is open daily at 1160 Commercial Street in the heart of historic Astoria. 503-325-1270, or visit the website at riverseagallery.com.



Art Inspires Coast Guard Morale

ON THURSDAY, JUNE 20, Jim Newman visited the US Coast Guard Station - Air Station Astoria to donate his piece "Ditching the Dragon." Said piece was inspired by a much earlier story he did for OPB's Oregon Field Guide on Coast Guard helicopters.

Jim called the acceptance of his piece a "thrill and honor." He was given a grand tour of the station and was very excited to see the sea rescue helicopters and the three rescue swimmers that were on duty.

Accepting the piece on the Coast Guard's behalf were Commanding Officer Neal Corbin and Command Senior Chief Jason Upshaw.

July at The Hoffman Center Gallery

HOFFMAN CENTER for the Arts Gallery in July will feature ceramic works by Randy McClelland, paintings by Phyllis Trowbridge, and monotypes by Nanette Wallace

Randy McClelland's show *Hafu Potter* features his wood fired ceramic work. *Hafu* referring to his half Japanese and half non-Japanese ancestry. His work integrates values passed down from his mother's Japanese culture and American culture, and the idea of pure and functional utility found in classic stoneware pieces from the 1800s. McClelland acknowledges friend and mentor of 24 years, local ceramist Richard Rowland, and inspired by his ancestors and his feeling that their spirits are always with him as he traverses the natural world.

Phyllis Trowbridge shows her watercolor and oil paintings in *Observations: Recent Paintings*. Landscape has always been a central theme in



P. Trowbridge, *Cannon Beach*

Trowbridge's painting and a great deal of that has to do with the sense of time. Trowbridge has painted in Oregon for over three decades, often returning to the same places, sometimes mourning old trees that have come down, or affectionately remembering a previous painting outing. Sometimes she feels a sense of actual and impending loss at the effects of climate stress and the enormity and impact

of the changes it is bringing to the natural world. Painting offers Trowbridge both an escape from and a face-to-face with these worries.

In Nanette Wallace's *Interludes*, gestural monotypes are created as an emotional response to the world around her, with an especially deep connection to water, light, and nature. Her monotypes are created using crude tools like q-tips, her fingertips wrapped in cotton cloth, and brayers, to add and remove ink from a plexiglass plate. Once the image is complete it is then transferred onto paper by pressing the plate and paper together using a printing press. The printing process yields only one unique singular print. Nanette creates her monotypes and paintings from her home studio located in Portland, Oregon.

The show runs July 4 – 27. Hours: Thurs - Sun, from 12-5 pm. An artists' reception will be held 3-5 pm on Saturday, July 6, during which the artists will speak about their work and answer questions. The not-for-profit Hoffman Center for the Arts is located at 594 Laneda Avenue, Manzanita, Oregon.



N. Wallace, *Braids*



R. McClelland, *Baby Head*

Richard Newman At Trail's End

TRAIL'S END Art Association (TEAA) Gallery opens a new show in July featuring works from TEAA member artist Richard Newman. There will be a reception for the artists on July 6th, during the Gearhart ArtWalk, 2-5pm. The show will be open during regular Gallery hours.

Richard Newman grew up in Cleveland, Ohio and now lives in Beaverton and Gearhart, Oregon. As a kid growing up, he always loved the photographs in *Life* magazine. These pictures reached out from all parts of the world and showed both the beauty in landscapes as well as the reality of life. In high school and college, he was a photographer for his newspaper and yearbook and in his senior year of high school, was the Assistant Photographer for the City of Cleveland where he learned the fine art of photography and darkroom applications.

He especially likes to take pictures of landscapes, nature, sports and historical objects. He is fascinated in



Newman boat cages

the various textures that nature has provided, allowing him to bring these objects to print. His photographs of the Bridge of Sighs and the Leaning Tower of Pisa in B&W were sold to ABC television and used on the *Criminal Minds* TV show. View his website www.window-to-the-world-photography.com

Trail's End Gallery is located at 656 A Street in Gearhart. Hours: Fri - Sun, 10am - 5pm and Mondays from 11am - 3pm, July 6 thru 28.



AAMC presents: North African Maghreb Dance Workshop with Amel Tafsout!

AMEL TAFSOUT is an internationally acclaimed dance artist, frame drummer of North African Maghreb Dance, scholar, published poet and author, energy worker, activist and humanist.

Born and raised in Algeria among traditional dancers and musicians, Tafsout was fascinated by dance and music since childhood. Fluent in 5 languages, Tafsout has lectured, danced, taught and sung in numerous countries, focusing on the Ritual in Maghreb dances as well as dance as a healing form.

She explores the tapestry of movement and rhythm that has woven over time between Spain and the Maghreb, Africa and the Middle East, the Mediterranean Sea and Europe. Tafsout continues to dedicate her life to raising awareness about her dance culture and facilitate a dialogue between Arab-North African and Western women.

This workshop will introduce basic movements and steps, appropriate posture, arm and hand positions, hip combination and hip accentuation useful for North African Maghreb dance. Tafsout will focus on drills to increase the feeling of the North African rhythms, enabling working in duets in a journey through the Maghreb region.

The Maghreb region includes Morocco, Algeria, Tunisia and Libya. In Maghrebi countries, music and dance are associated partly with Middle Eastern culture as well as Arabo-Andalusian elements of Medieval Spain, and partly with Amazigh and African elements. Traditional Maghreb Dance is both a public and a personal expression and often ritual in nature. Tafsout also teaches City dances such as Andalusian Court Dances, Algerian Rai and Allawi; Amazigh Berber dances such as the Chaoui Abdaoui, Raqs El Mahra, Kabylie Dance, Moroccan Chikhat and Ahwash; Desert Dances such as the Nayli Dance, Guedra and Houara; as well as the Khaleeji, Egyptian Nubian Dance, Sacred Sufi Healing, Dancing the Tarot and more.

Wednesday July 24th 6-8pm. \$25 at the door, everyone welcome. At the Astoria Arts and Movement Center. 342 10th St, Astoria OR. www.ameltafsout.com www.astoriaartsandmovement.com

MUSIC OUTSIDE

Are you ready to share the love and dance to an evening of soul-stirring, irresistible blues? Join Tolovana Arts in the Park Sunday, July 14 for the iconic LARHONDA STEELE!

Steele began her musical journey in Jones, Oklahoma at age 13, singing her first solo in church. She's since become a staple of the Portland blues, gospel and soul scenes. Steele was named "Best Female Vocalist" by the Cascade Blues Association in back-to-back years of 2016-17.

Steele is also the musical director of the nonprofit Portland Interfaith Gospel Choir and Portland Center for Spiritual Living.

The free, family friendly concert, in Cannon Beach's downtown city park, begins at 5:00PM. Attendees are encouraged to bring blankets, low-backed chairs and fully stocked picnic baskets. Dogs, Frisbees, soccer balls and the like are welcome too.

The park is located in downtown Cannon Beach, north-east of the Chamber of Commerce at 2nd & Spruce.



Enjoy FREE Saturday eve outdoor concerts at Waikiki Beach at Cape Disappointment State Park. All concerts are from 7-8:30pm.

Bring chairs and blankets!
DUENDE LIBRE ON JULY 27 is a dynamic and uplifting quintet that blends elements of Afro-Cuban jazz with Brazilian samba, American funk, and traditional West African music into a unique sound of their own. Duende Libre features longtime collaborators Alex Chadsey (piano, keyboards & compositions), Farko Dosumov (electric bass), and Jeff "Bongo" Busch (drums & percussion), Frank Anderson, a dynamic and engaging vocalist, drummer, and dancer, and Chava Mirel, electrifying singer, songwriter, and multi-instrumentalist.

Wednesday 24

MUSIC

Megan Alder. Swing/Americana/Vocalist. No cover, 7:30 – 9:30pm at Pickled Fish in Long Beach.

THEATER & PERFORMANCE

Meshuggah-nuns! Musical Comedy. \$30 - \$35, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

The Bird Days of Summer. Snowy Plover Interpretive Walk. 9am – noon at Netarts Spit. RSVP required at birdallianceoregon.org

Thursday 25

MUSIC

Megan Alder. Swing/Americana/Vocalist. No cover, 7:30 – 9:30pm at Pickled Fish in Long Beach.

Buskers in the Park. Concerts at 5pm in City Park in Cannon Beach.

Kaitlyn Convery. Alt-Rock/Grunge/Indie-Pop. \$ 6 – 8pm in Cedar Hall at Alderbrook, Tillamook. Get tickets at themook.com

LECTURE & LITERARY

Manzanita Writers Series. Richard Goodrich will present from his book "Lighter Than Air: West Coast Aviators and the Dawn of Flight." \$7, 4pm at the Hoffman Center in Manzanita.

THEATER & PERFORMANCE

Shanghaiied in Astoria. Musical Melodrama. \$10 - \$20, 7pm at the ASOC Playhouse in Astoria.

Meshuggah-nuns! Musical Comedy. \$30 - \$35, 7:30pm at the Coaster Theater in Cannon Beach.

Friday 26

MUSIC

Red Tide. 90s heavy Alternative Rock. \$10 - \$20, 7 – 9pm at the Bay City Arts Center.

ART

Chalk It... in Seaside! Chalk art contest open to all ages and skill levels. Robin Montero will present a 3 hour session form 5 – 8pm to learn the basics of pastel art. \$35 for class and contest entry, plus pastels and other supplies. sunsetempire.com/chalk-art-contest

THEATER & PERFORMANCE

Shanghaiied in Astoria. Musical Melodrama. \$10 - \$20, 7pm at the ASOC Playhouse in Astoria.

Simple Salmon '24 (or 25 [or 6 to 4]). Original Sketch Comedy. \$25, 7:30pm at the Ten Fifteen Theater in Astoria.

Little Women. A little Musical. \$16 - \$23, 7pm at the Fort Columbia Theater, Chinook.

Saturday 27

MUSIC

Matchess. Experimental compositions by Whitney Johnson, performing with Haley Fohr of Circuit Des Yeux and Jenny Pulse. 3 marimbas, 3 voices, sine waves, viola + Doors oem 7pm. \$10. ANITA in Astoria.

Interstellar Ark, Space Whales, and John Hardin's Electric Digaridoo Experience - Live music at Labor Temple - 8pm \$10 21+ 934 Duane St. Astoria - Psychedelic Fusion and Electronic

Lloyd Jones. Blues. \$25, 4pm at the Peninsula Arts center in Long Beach.

ART

Astoria Open Studios Tour. 11am – 5pm in and around Astoria. FMI visit astoriavisualarts.org

Chalk It... in Seaside! Chalk art contest on the Seaside Promenade at the Turnaround starting at 9am.

Tillamook Downtown District Art Walk. 1 – 3pm in downtown Tillamook.

THEATER & PERFORMANCE
Shanghaiied in Astoria. Musical Melodrama. \$10 - \$20, 7pm at the ASOC Playhouse in Astoria.

Simple Salmon '24 (or 25 [or 6 to 4]). Original Sketch Comedy. \$25, 7:30pm at the Ten Fifteen Theater in Astoria.

Little Women. A little Musical. \$16 - \$23, 7pm at the Fort Columbia Theater, Chinook.

Meshuggah-nuns! Musical Comedy. \$30 - \$35, 7:30pm at the Coaster Theater in Cannon Beach.

Love Letters. Readers theater. \$15, 7pm at the Barn Community Playhouse in Tillamook.

Sunday 28

MUSIC

Live Music. 6pm at Fort George in Astoria.

Steve Wilkinson & Grant Gumpson. No cover, 7:30 – 9:30pm at Pickled Fish in Long Beach.

ART

Astoria Open Studios Tour. 11am – 5pm in and around Astoria. FMI visit astoriavisualarts.org

THEATER & PERFORMANCE

Simple Salmon '24 (or 25 [or 6 to 4]). Original Sketch Comedy. \$25, 3:30pm at the Ten Fifteen Theater in Astoria.

Little Women. A little Musical.. \$16 - \$23, 2pm at the Fort Columbia Theater, Chinook.

Love Letters. Readers theater. \$15, 2pm at the Barn Community Playhouse in Tillamook.

Monday 29

MUSIC

Steve Wilkinson & Grant Gumpson. No cover, 7:30 – 9:30pm at Pickled Fish in Long Beach.

Tuesday 30

MUSIC

Steve Wilkinson & Grant Gumpson. No cover, 7:30 – 9:30pm at Pickled Fish in Long Beach.

HAPPENING

Clatsop County Fair. \$10/ day, \$35 for 5-day season pass. 11am – 9pm at the Clatsop County Fair & Expo Center, Astoria.

Wednesday 31

MUSIC

Bees in a Bottle. \$25, 4pm at the Peninsula arts Center in Long Beach.

Fred Trujillo. Rock & Roll/Singer-Songwriter/ Bassist. No cover, 7:30 – 9:30pm at Pickled Fish in Long Beach.



Vocalist /Guitarist Haley Fohr of Circuit Des Yeux is known for her 5 octave range. See her at ANITA on 7.27

THEATER & PERFORMANCE
Meshuggah-nuns! Musical Comedy. \$30 - \$35, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Clatsop County Fair. \$10/ day, \$35 for 5-day season pass. 11am – 9pm at the Clatsop County Fair & Expo Center, Astoria.

Thursday 1

MUSIC

Buskers in the Park. Concerts at 5pm in City Park in Cannon Beach.

Ronnie Carrier with Ron Larkin. Folk Rock. \$, 6 – 8pm in Cedar Hall, Alderbrook, Tillamook. Get tickets at themook.com

THEATER & PERFORMANCE
Shanghaiied in Astoria. Musical Melodrama. \$10 - \$20, 7pm at the ASOC Playhouse in Astoria.

Meshuggah-nuns! Musical Comedy. \$30 - \$35, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Clatsop County Fair. \$10/ day, \$35 for 5-day season pass. 11am – 9pm at the Clatsop County Fair & Expo Center, Astoria.

Friday 2

MUSIC

Joe Nichols with Kassi Ashton. \$29 - \$50, includes fair entry, 7pm at the Clatsop County Fair & Expo, Astoria.

Pete Repeat. Post Punk. \$10 - \$20, 7 – 9pm at the Bay City Arts Center.

LECTURE & LITERARY

Who Says Oil and Water Don't Mix: Creating Art Using Combined Water and Oil Mediums. With Laura Ross-Paul, \$15, 7 – 8:30pm at the Hoffman Center in Manzanita.

THEATER & PERFORMANCE
Shanghaiied in Astoria. Musical Melodrama. \$10 - \$20, 7pm at the ASOC Playhouse in Astoria.

Simple Salmon '24 (or 25 [or 6 to 4]). Original Sketch Comedy. \$25, 7:30pm at the Ten Fifteen Theater in Astoria.

Little Women. A little Musical. \$16 - \$23, 7pm at the Fort Columbia Theater, Chinook.

HAPPENING

Clatsop County Fair. \$10/ day, \$35 for 5-day season pass. 11am – 10pm at the Clatsop County Fair & Expo Center, Astoria.

see weekly events p20

WEEKLY EVENTS

MONDAY

Burgers & Jam Night at the Cannon Beach American Legion, every Monday from 6-8 pm, open to the public. Richard Thomasian, Dave Quinton, Bill Gaylord, Randy Weese. Jammers welcome.

Music Monday with Gary. 1-3pm at Seaside Coffee House.

TUESDAY

Bingo Night. 6 – 8pm at Pelican Brewing Company – Cannon Beach.

WEDNESDAY

Live Bluegrass Music. With Small Towne. No cover, 6-8pm at Burly and the Bean in Seaside.

Trivia at the Merry Time. Trivia with host Sara Lu. 21+ . Sign-ups at 6:30 and play at 7pm. Bingo-Trivia at 9pm. General Trivia \$2 per person to play: win cash and fun prizes. At the Merry Time Bar in Astoria.

THURSDAY

Small Farms Marketplace. Shop for eggs, veggies, bread, meat, prepared food, tea, coffee, and more. Customers can shop online Sunday-Tuesday each week and pick up their order Thursday 3-6pm at the North Coast Food Web in Astoria. Accepts SNAP EBT, cash, check, or debit/credit payments. Also accept Farm Direct checks seasonally (FDNP). Shop online at northcoastfoodweb.localfoodmarketplace.com

Guitar Noir with Joey Altruda. Jazz standards. 5 – 7pm at WineKraft in Astoria.

Karaoke with Lorraine. No cover, 7 – 10pm at the Labor Temple in Astoria.

The Hackles and the Horsenecks. Folk +. 5 – 7pm at Obelisk Beer Co in Astoria.

Karaoke at Xanadu 7-10pm Astoria

Crafternoon. Come in person or Online to Craft and make friends. All crafts and skill levels welcome. 1 - 3pm at Purlly Shell Fiber Arts in Ilwaco.

Trivia Night. 6 – 8pm at Pelican Brewing Company – Cannon Beach.

FRIDAY

Skate Night. Roller skating family fun. 5 – 9pm at the Astoria Armory.

Virtual Open Mic. Live online from the Peninsula Arts Center in Long Beach. 6:45 – 8:30pm. get link

Spirit Dance 2.0. Free-form dance. Music by DJ Pranawave. Suggested donation, \$10. Free for kids. 6 - 8pm. At Pine Grove Community Club in Manzanita.

Garibaldi Jam. Old-time favorites and Country-Western standards. Admission by donation. 6 – 8pm at the Garibaldi Community Hall.

SATURDAY

Liberty Theater Guided Tours. \$10. Noon and 1pm at the Liberty Theater in Astoria.

Craft Brewery Tours. Starting at Hondo's Brewery in Astoria. Then transport and have fun walk abouts in Astoria, Seaside and Cannon Beach. Free.

Karaoke at Xanadu 7-10pm Astoria

Skate Night. Roller skating family fun. 5 – 9pm at the Astoria Armory.

SUNDAY

Sunday Nostalgia with Barbara Anne. Folksinger Barbara Anne plays folk rock, covers and originals, and often is joined by her musical friends. 1-4pm at Winekraft in Astoria

Karaoke with Connor. No cover, 7 – 10pm at the Labor Temple in Astoria.

Kitchen Music. An informal song circle. If you are a musician (beginner or experienced), a singer or songwriter, or if you just enjoy listening to good music and maybe even singing along, please join in. 3 – 5pm at Long Beach Grange.

The String Conspiracy performs at The Bistro in Cannon Beach every Sunday, 5:30-8pm, reservations required. Chelsea LaFey, Richard Thomasian, Dave Quinton are the best kept secret in town, playing an eclectic mix of all genres of music.

Sunday Gems. Open Jams 3 – 6pm at the Other Brother's Bar in Cannon Beach.

Tale of an Easy Rider

WHEN previous long-time Astoria resident Daymon Edwards returned to Astoria from his 33 years of world travel, Edwards decided he wanted to live close to downtown and didn't want to own a car to get around town.

When Mr. Edwards left Astoria, he was 41. Now, at 74, his transportation needs have changed over the decades. He wanted a safe and stable electric three-wheeled bike that could get him around town, hold four heavy bags of groceries, and navigate Astoria's hills safely. Additionally, he wanted local servicing for the bike. Enter Scott Lee, Owner of Bikes & Beyond, located on Commercial Street, Downtown Astoria.

Mr. Edwards and Mr. Lee spent some time deciding on the best three-wheeled bike platform and the features needed to meet Mr. Edwards' needs. Finally, they ordered the three-wheeled bike frame. After it arrived, the two men started working on the details of building a custom three-wheeled bike, designed for Astoria's terrain and weather conditions.

Of course, fenders were needed all around, along with two rear-view mirrors, and a large, comfortable seat with supports attached to the frame. Large baskets were added to the front and back, with added supports to carry the weight of four bags of groceries.

But the true test was whether the three-wheeled bike could climb Astoria's streets. A beefier front tire was installed to provide better traction. The electric motor was mounted on the front hub to pull the bike up inclines.

Mr. Edwards had moved into a duplex at 16th Street and Grand Avenue, and the challenge was to reach Grand Avenue with minimal effort. Mr. Edwards tested the bike for a few days, then

returned it to Mr. Lee, who made adjustments or added more equipment as needed.

Pedal assist was added to provide more power for going up hills. The standard bike brake was not strong enough for downhill rides, so a disc brake caliper was added to the rear along with a 7-speed sprocket to assist the electric motor with an added electric differential.

All of this street testing and adjustments took time and research on both men's parts. But the final result is a three-wheeled bike designed and built in Astoria to meet the needs of a senior citizen who wanted to be car-less and still be mobile. The only accessories that need to be installed are two tail lights and a headlight, which are still being tried and tested. Mr. Edwards wants tail lights that are big and bright enough to be seen from a distance but still fit into the retro styling of the bike. The headlight needs to be bright enough to see ahead but not blind oncoming riders or pedestrians.

Can Mr. Edwards zoom up 16th Street to his home just two blocks down from Jerome? No. From downtown, he goes up 10th to Franklin, turns left on Franklin, travels to 14th, then up 14th and turns onto Grand Avenue, turns right on 15th, and goes up to Irving and then over to 16th, coming down to his home halfway down the block.

When asked about his convoluted route home, Mr. Edwards said: "I have had to learn the bike's limitations on Astoria's hills and find the best route for the bike. It is not about speed; it is about



Submitted by Mr. Damon Edwards

getting to where I want to go with the least amount of effort."

Mr. Edwards has learned that the River Walk is the main artery for bikes and pedestrians. It is smooth, safe, reliable, and pedestrians and bikers respect one another.

Mr. Edwards visits friends near 37th & Duane and in Alderbrook; he takes the River Walk east rather than using Marine Drive. He can stop at Safeway, the Co-Op, and City Lumber on his way home.

When he visits friends at Clatsop Retirement Village, he takes the River Walk west to Smith Point and then rides along W. Marine Drive to the village rather than tackling the long steep 7th Street hill. Mr. Edwards says: "It might take a little longer to get to where I want to go, but it is better for my bike and the views are great."

Mr. Edwards says: "I am stopped all the time by people wanting to know the particulars of my bike. Mostly, people want to know if it can make it up the hills of Astoria."

The e-trike is truly a collaboration between the builder and the customer, and what was learned on this build will be used for future builds to bring more mobility and freedom to the senior citizen community of Clatsop and Pacific Counties.

SING WITH THE NC CHORALE

TYPICALLY, by the end of May, North Coast Chorale has completed its concert season. Not so this year. On June 9th, NCC traveled to Cathlamet to perform its May concert, "The Macabre", again in the beautiful Little Island Creamery. What fun, for the Chorale and the communities of Pacific and Wahkiakum County!

And now, so that nobody's pipes get rusty, NCC is participating in a "Messiah Boot Camp" (MBC) put one by its Director, Dr. Vincent Jones-Centeno. This boot camp is designed to hone the singers' skills on the choruses of The Messiah, one of Handel's greatest accomplishments. The MBC started June 18th and will run through July 23rd.

Why all this in the middle of summer, you ask?

North Coast Chorale will begin its 2024 - 2025 season with Registration on Tuesday, September 3, 2024. Weekly rehearsals will be dedicated to the winter concert to be held on December 13th and 15th. However, on December 1st, NCC will present the Annual Messiah Sing-along / Play-along, for which all donations

raised go to the Clatsop Community Action Regional Food Bank. This is a big event at which the Chorale desires to present and lead the Sing-along with all the beauty that Handel wrote.

Do you like to sing? The Chorale's repertoire ranges from classic literature to current and light-hearted music. No auditions are required, practices are each Tuesday evening at 6:30 p.m. at the Charlene Larsen Center in Astoria. Please call ChrisLynn @ 503-440-9002 or Vincent @ 773-392-8408



By Kate Cooper • Animal Rescue Volunteer



KERMIT

Kermit is a lively and affectionate six-year-old, 50lb bully mix with the heart of a puppy! Always up for an adventure, Kermit loves making new human friends on his walks. His calm and trusting nature mean he's great with other dogs, making him an excellent addition to a multi-dog home.

Here are a few things that make Kermit special. He's full of energy! Despite his age, Kermit has the boundless energy of a younger dog, perfect for active families. Kermit is a toy collector - he loves to gather all his toys on his bed. It's his favor-

ite hobby! He'll also make a loyal companion, as he's a total love bug who will follow you around, showering you with affection. In the shelter, Kermit doesn't really bark at other dogs, ensuring a peaceful home environment. If you're searching for a playful, loving companion, Kermit is your guy!

Say hello to Loki, a delightful two-year-old Shepherd/Terrier mix with a heart full of love and a tail that never stops wagging. Loki is on the lookout for his forever home, and he just might be the perfect addition to your family!

Here's what makes Loki so lovely! He is kid -friendly, Loki adores children and is great with kids of all ages. This boy is a people lover, he's super friendly and loves meeting new people. Loki is already crate-trained, making the transition to his new home a breeze. He is a ball enthusiast; Loki's favorite activity is playing ball. He's always ready for a game and will keep you entertained for hours. He is wiggly and affectionate! With his adorable wiggles and loving nature, Loki is sure to melt your heart. Then there's his hand-



LOKI

some looks! Loki is a brindle beauty; his stunning brindle coat is just as unique and charming as his personality. If you're looking for a friendly and playful companion, Loki could be the one for you!!

Please contact SPCHS if you're interested in meeting Baz and Timber.

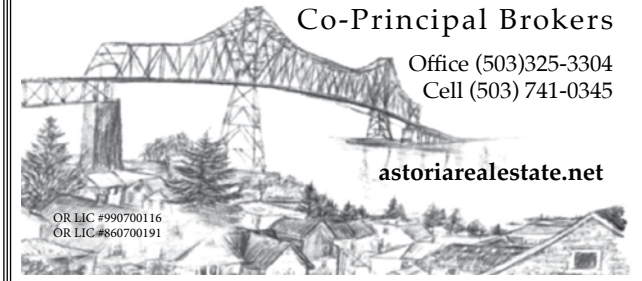
www.beachpets.com or 360-642-1180.

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**A Special Request from the
Dogs & Cats at the**

CLATSOP COUNTY SHELTER

**We're a little low on supplies.
Would you please help?**

- Dog Food – Nature's Domain (Costco)**
- Cat Food – Nature's Domain (Costco)**
- Wet Dog Food & Pate style Cat Food**
- High Quality Kitten Food**
- 50 Gallon Garbage Bags**
- 13 Gallon Tall Kitchen Bags**
- Paper Towels**
- Dawn**
- Bleach**
- Cat Toys (No Catnip)**
- Dog Kong's (Black only please)**
- Feline Pine Cat Litter**
- Laundry Detergent (HE)**
- Also - We take Cash Donations!***

**Clatsop County
Animal Shelter**
1315 SE 19th Street
Warrenton, OR 97146

503-861-7387
Tuesday thru Saturday
Noon to 4pm

Remain Sane. Here and Now

word wisdom

I HAVE A VERY CLOSE friend who is moving to Europe this summer. His explanation sounded like pure frustration and despair over what our country has become. Our country has lost its integrity. We no longer stand for and fight for democracy. One of the potential candidates for this coming election is a convicted felon, rapist, liar, con artist with no sense of compassion or fair play. The other candidate—well, he doesn't fight dirty, not in his character. You get the picture.

Back to my friend. He's tired of living under a cloud, feeling unsafe by the potential chaos one felon can create- with no remorse. This friend wants peace and respect. He wants to trust in his government. He feels unsure about how well we are all protected. Many of us are minorities by circumstance; women, blacks, immigrants, trans, etc. Or by political leanings. He is scared, disgusted and unsure that the laws which we currently live under will not be ripped out from under those considered "minorities."

I personally would like to see our current government create acts that will safeguard everyone from the whims of a man judged a felon, rapist, liar. Seems

common-sensical to me, given what we've seen in the recent past.

Yet, some people think if someone acts/talks/walks like his "Uncle Tony" that's enough to vote for the guy. An easy way of not having to deal with ... facts.



This is where gaslighting comes in. Yes, my counselor brain thinks this way. Corporations, governments, cult groups all develop a mindset. Like people in a small office—only ... bigger. Gaslighting is crazy making. Someone sets up a scenario that doesn't match reality, says things that cast doubt on one's reality. The human brain tries to reconcile disparity between spoken words and actual

facts. . . If someone insists 2 and 2 equals 5, you will try your hardest to make sense of the statement, which you cant. Impossible. It's called dissonance.

I believe humans are programmed for truth. We have gut reactions because our eyes, ears, nose and past experiences have taught us to connect the dots. If something doesn't add up, perhaps it's not a truthful fact. We value truth. Our legal system is based on evidence and adherence to laws. Scientists deal in facts for conclusions. We teach our children not to lie. Gaslighting renders a person confused and vulnerable. America is being gaslighted. The ability to gaslight someone is not a positive attribute. Gross manipulation at its worst.

Back to that person who's moving to Europe... he's not only my friend, he's my son. He deserves his sanity. I wish him well.

Counselor's advice: Check facts. Read up on history. And current events. Remember—there's a reason felons have a hard time getting jobs and are denied voting rights... they have been judged harmful to others.

Tobi Nason is a counselor and lives in Warrenton, OR (503)440-0587.

By Tobi Nason



BEVERLY HILLS COP: AXEL F (JULY 3 NETFLIX) Forty years after the first film that made him a star and thirty years after the last film in the series, Eddie Murphy returns to his iconic role of Axel Foley. After decades of development, Murphy rejected all the scripts for the fourth installment, saying “None of the movie scripts were right; it was trying to force the premise. If you have to force something, you shouldn’t be doing it,” while trying to get a Beverly Hills Cop TV series made. That series concept was rejected, and finally Paramount enticed Murphy to star in the new movie. While Murphy may be returning, Axel’s trademark laugh will not be. The laugh, actually Murphy’s natural laugh, was used by impersonators so much that Murphy changed the way he laughed, fearing he would be more known for his laugh than his acting. Synopsis: Detective Axel Foley (Eddie Murphy) is back on the beat in Beverly Hills. After his daughter’s life is threatened, she (Taylour Paige) and Foley team up with a new partner (Joseph Gordon-Levitt) and old pals Billy Rosewood (Judge Reinhold) and John Taggart (John Ashton) to turn up the heat and uncover a conspiracy.

SUNNY (JULY 10 APPLE TV+) Rashida Jones stars in this intriguing mystery/scifi series. In the near future, Suzie Sakamoto (Jones) lives in Kyoto, Japan with her husband, Masa (Hidetoshi Nishijima), and her son. In this society, helper robots – homebots are common, but Suzie dislikes them. Suzie’s life is turned upside down when her husband and son seemingly perish in a mysterious plane crash where their bodies have not been recovered.

To get over their grief, authorities urge relatives of the plane crash victims to call their loved one’s phones to hear their voices

one last time on their voicemail. But when Suzie does this, she doesn’t reach her husband’s voice mail. Instead, his phone rings and rings. Suzie seeks solace in drink, but her grief is interrupted when a colleague of her husband’s presents her with a homebot named Sunny – a robot designed by her husband. Getting over her distaste for robots, Suzie and Sunny team up to find out the truth.

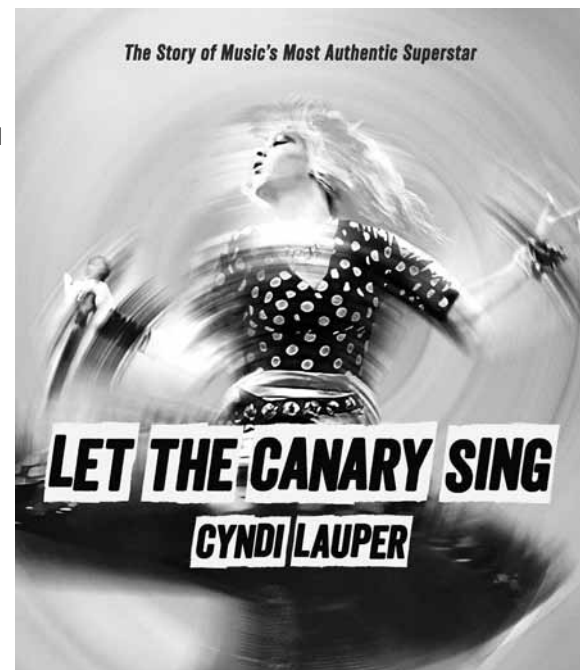
FAYE (JULY 12 MAX) Screen legend Faye Dunaway is the subject of this revealing HBO doc by veteran director Laurent Bouzereau. Dunaway shot to fame in the ‘60s and ‘70s with mesmerizing performances in Bonnie & Clyde, Chinatown and Network,



the latter performance won her an Oscar. Now, with Dunaway’s full cooperation, doc gives an unflinching look at her highs and lows, her talent and also her reputation for being “difficult,” a trait more often used for women performers than men. Doc gets right to it with a clip of Johnny Carson asking Bette Davis if there was a co-star she couldn’t stand. “Yes, Faye Dunaway,” she quickly replies. Doc doesn’t cover that particular incident, but it covers famous on-set spats like Dunaway going ballistic on Chinatown when director Roman Polanski plucked an errant hair from her head. Another professional setback was the disastrous reception to her

1981 Joan Crawford biopic Mommie Dearest, which Dunaway first beams, then defends. Also covered are her struggles with alcoholism and bi-polar disorder, a condition not diagnosed until late in life. Dunaway was born Dorothy Fae Dunaway in Florida. “Faye is the persona. Dorothy Faye is the little girl from the South,” she says. “I started out as a normal person wanting to be famous, and ended up as a famous person wanting to be normal.”

LET THE CANARY SING (PARAMOUNT+) Emmy award-winning director Alison Ellwood’s traces for the first time, the life and career of pop music icon Cindi Lauper, who rose from an unhappy childhood in Queens to music superstardom in the ‘80s. “Over the years I’ve been asked to do a documentary about my life and work, but it never felt like the right time. Until now.” Lauper, born into a Sicilian family in 1953, knew from a young age that she wanted to be a singer. She grew up watching Patsy Cline and The Beatles on TV, the doc includes footage of her and her sister impersonating. But by 17, her family fractured and she moved in with her gay older sister. Lauper played in cover bands, eventually joining the band Blue Angel as lead singer, the first hint of the global superstar to come. After going solo, Lauper teamed up with manager David Wolff, who paired her with producer Rick Chertoff. Chertoff presented her with a song he thought would be perfect for her, “Girls Just Want to Have Fun,” written by Philly musician Robert Hazard. After listening to the Hazard’s trashy rock version, Lauper replied: “I will never do that fucking song.” Doc goes into great detail into how Chertoff and Lauper reconstructed the song into the hit that launched her career.



DEADPOOL & WOLVERINE (JULY 26) Ryan Reynolds and Hugh Jackman star in the first R-rated Marvel film – an action comedy buddy movie pairing the mismatched wisecracking, swishy Deadpool (Reynolds) with the glowering, macho Wolverine (Jackman). Synopsis: Six years after the events of Deadpool 2, Wade Wilson lives a quiet life, having left his time as the mercenary Deadpool behind him, until the Time Variance Authority—a bureaucratic organization that exists outside of time and space and



monitors the timeline—pulls him into a new mission. With his home universe facing an existential threat, Wilson reluctantly joins an even more reluctant Wolverine on a mission that will change the history of the Marvel Cinematic Universe.

FREE WILL ASTROLOGY

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♈ 11° 6' 27" ♉ 7° 15' 54" ♊ 0° 48'

JULY 2024

ARIES (March 21-April 19): This may sound weird, but I think now is a perfect time to acquire a fresh problem. Not just any old boring problem, of course. Rather, I'm hoping you will carefully ponder what kind of dilemma would be most educational for you—which riddle might challenge you to grow in ways you need to. Here's another reason you should be proactive about hunting down a juicy challenge: Doing so will ensure that you won't attract mediocre, meaningless problems.

TAURUS (April 20-May 20): Now is an excellent time to start learning a new language or to increase your proficiency in your native tongue. Or both. It's also a favorable phase to enrich your communication skills and acquire resources that will help you do that. Would you like to enhance your ability to cultivate friendships and influence people? Are you interested in becoming more persuasive, articulate, and expressive? If so, Taurus, attend to these self-improvement tasks with graceful intensity. Life will conspire benevolently on your behalf if you do. (PS: I'm not implying you're weak in any of these departments; just that now is a favorable time to boost your capacities.)

GEMINI (May 21-June 20): Barbara Sher and Barbara Smith wrote the book *I Could Do Anything If I Only Knew What It Was: How to Discover What You Really Want and How to Get It*. I invite you to think and feel deeply about this theme during the coming months. In my experience with Gemini, you are often so versatile and multi-faceted that it can be challenging to focus on just one or two of your various callings. And that may confuse your ability to know what you want more than anything else. But here's the good news. You may soon enjoy a grace period when you feel really good about devoting yourself to one goal more than any other.

CANCER (June 21-July 22): You are entering a phase when you will be wise to question fixed patterns and shed age-old habits. The more excited you get about re-evaluating everything you know and believe, the more likely it is that exciting new possibilities will open up for you. If you are staunchly committed to resolving longstanding confusions and instigating fresh approaches, you will launch an epic chapter of your life story. Wow! That sounds dramatic. But it's quite factual. Here's the kicker: You're now in prime position to get vivid glimpses of specific successes you can accomplish between now and your birthday in 2025.

LEO (July 23-Aug. 22): How many different ways can you think of to ripen your spiritual wisdom? I suggest you choose two and pursue them with gleeful vigor in the coming weeks. You are primed to come into contact with streams of divine revelations that can change your life for the better. All the conditions are favorable for you to encounter teachings that will ennoble your soul and hone your highest ideals. Don't underestimate your power to get the precise enlightenment you need.

VIRGO (Aug. 23-Sept. 22): Border collies are dogs with a herding instinct. Their urges to usher, steer, and manage are strong. They will not only round up sheep and cattle, but also pigs, chickens, and ostriches—and even try to herd cats. In my estimation, Virgo, border collies are your spirit creatures these days. You have a special inclination and talent to be a good shepherd. So use your aptitude with flair. Provide extra navigational help for people and animals who would benefit from your nurturing guidance. And remember to do the same for your own wayward impulses!

LIBRA (Sept. 23-Oct. 22): We have arrived at the midpoint of 2024. It's check-in time. Do you recall the promises you made to yourself last January? Are you about halfway into the frontier you vowed to explore? What inspirational measures could you instigate to renew your energy and motivation for the two most important goals in your life? What would you identify as the

main obstacle to your blissful success, and how could you diminish it? If you'd like to refresh your memory of the long-term predictions I made for your destiny in 2024, go here: tinyurl.com/Libra2024. For 2023's big-picture prophecies, go here: tinyurl.com/2023Libra.

SCORPIO (Oct. 23-Nov. 21): Scorpio-born Gary Hug was educated as a machinist and food scientist, but for many years he has worked primarily as an amateur astronomer. Using a seven-foot telescope he built in the backyard of his home, he has discovered a comet and 300 asteroids, including two that may come hazardously close to Earth. Extolling the joys of being an amateur, he says he enjoys "a sense of freedom that you don't have when you're a professional." In the coming weeks, Scorpio, I encourage you to explore and experiment with the joys of tasks done out of joy rather than duty. Identify the work and play that feel liberating and indulge in them lavishly.

SAGITTARIUS (Nov. 22-Dec. 21): Your power spots will be places that no one has visited or looked into for a while. Sexy secrets and missing information will be revealed to you as you nose around in situations where you supposedly should not investigate. The light at the end of the tunnel is likely to appear well before you imagined it would. Your lucky number is 8, your lucky color is black, and your lucky emotion is the surprise of discovery. My advice: Call on your memory to serve you in amazing ways; use it as a superpower.

CAPRICORN (Dec. 22-Jan. 19): Happy Unbirthday, Capricorn! It's time to celebrate the season halfway between your last birthday and your next. I hope you will give yourself a fun gift every day for at least the next seven days. Fourteen days would be even better. See if you can coax friends and allies to also shower you with amusing blessings. Tell them your astrologer said that would be a very good idea. Now here's an unbirthday favor from me: I promise that between now and January 2025, you will create healing changes in your relationship with your job and with work in general.

AQUARIUS (Jan. 20-Feb. 18): While sleeping, my Aquarian friend Janelle dreamed that she and her family lived in a cabin in the woods. When dusk was falling, a strange animal put its face against the main window. Was it a bear? A mountain lion? Her family freaked out and hid in a back bedroom. But Janelle stayed to investigate. Looking closely, she saw the creature was a deer. She opened up the window and spoke to it, saying, "What can I do for you?" The deer, who was a talking deer, said, "I want to give you and your family a gift. See this necklace I'm wearing? It has a magic ruby that will heal a health problem for everyone who touches it." Janelle managed to remove the necklace, whereupon the deer wandered away and she woke up from the dream. During subsequent weeks, welcome changes occurred in her waking life. She and three of her family members lost physical ailments that had been bothering them. I think this dream is a true fairy tale for you in the coming weeks, Aquarius.

PISCES (Feb. 19-March 20): A psychologist friend tells me that if we have an intense craving for sugar, it may be a sign that deeper emotional needs are going unmet. I see merit in her theory. But here's a caveat. What if we are currently not in position to get our deeper emotional needs met? What if there is at least temporarily some barrier to achieving that lovely goal? Would it be wrong to seek a partial quenching of our soul cravings by communing with fudge brownies, peach pie, and crème brûlée? I don't think it would be wrong. On the contrary. It might be an effective way to tide ourselves over until more profound gratification is available. But now here's the good news, Pisces: I suspect more profound gratification will be available sooner than you imagine.

HOMEWORK: TAKE A VOW THAT YOU WILL ETHICALLY DO EVERYTHING NECESSARY TO FULFILL YOUR MOST IMPORTANT GOAL.
NEWSLETTER [FREEWILLASTROLOGY.COM](https://freewillastrology.com)

FILM

SOU'WESTER'S RED BUS THEATRE



Always Moving / Magical in Motion features the stop-motion, live-action puppetry, hand drawing and computer animation in the short films of Portland-based artists Laura Heit and Mona Huneidi. Sometimes fantastical, sometimes abstract, sometimes in orbit, these films visualize the things we cannot see, fears, hypothetical stars, moments inside catastrophes, and the future.

On view at *The Sou'Wester's Red Bus Theatre, 3728 J Place, Seaview, WA, June - September, 2024, with screenings at 11 a.m. and 4 p.m. daily.* A special closing event attended

by filmmaker Laura Heit will take place in September. More details to come.

Mona Huneidi is an animator/filmmaker who was born and raised in Kuwait. She holds a BFA in Filmmaking from the San Francisco Art Institute. She writes, creates and produces her own animated films, which have been shown locally and internationally.

Laura Heit is an interdisciplinary artist. She has previously held positions at PNCA as chair of Animated Arts, SAIC, and Cal Arts where she was co-director of the Experimental Animation Department. Her book *Animators Sketchbooks* was published in 2013 by Thames and Hudson.



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& Roberta Gumbel, Librettist

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The Elixir of Love

By Gaetano Donizetti, Composer

& Felice Romani, Librettist

A comedic opera in two acts about a magical elixir that makes dreams come true!

All performances will be held at the **Charlene Larsen Center** unless otherwise noted!

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The Wellness Dilemmas of Healthcare Providers

POPULAR culture abounds with that cliché about healthcare providers as terrible patients. But are we also less healthy than non-medical people? Do we practice what we preach to patients about a healthy lifestyle, and to what degree is that reflected in our overall state of health?

Back in 2006, the Physicians' Health Study II revealed that in some ways, doctors are healthier than the general population, and in other ways we're just like everyone else. Physicians are more likely to avoid tobacco use, but the general public gets more exercise than we do, and the majority of both groups report that they don't eat enough fruits and vegetables. Doctors are more likely than non-doctors to have elevated blood pressure and/or cholesterol but less likely to have type 2 diabetes (Brian Fung, "Is Your Doctor Healthier Than You?", *The Atlantic*, August 6, 2012).

This data suggests that physicians use our knowledge to avoid use of substances associated with poor health, but we have a more difficult time than the general public with eating well and exercising regularly. Is this a matter of stubborn individual choice—after all, we're supposed to know better—or do other factors contribute? An article in the *BC Medical Journal* describes internal and external influences, that is, the institutional culture of the profession versus aspects of our training and work environments. Traditionally, doctors have valued the ability

to ignore one's own needs (such as for rest and regular meals) in order to assist our patients. This attitude both reflects and is produced by a training schedule that features a heavy course load and long shifts during internships and residencies.



After graduating, many providers continue to work long hours and/or to alternate between night and day shifts. This demanding schedule leaves little time for exercise or preparing meals from fresh foods—and moreover, it's a recipe for burnout. In addition, physicians who don't eat well or exercise often are less likely to encourage their patients to do the same (Katie Wiskar, "Physician Health: A Review of Lifestyle Behaviors and Preventive Health Care Among Physicians," *BC Medical Journal* 54.8 (October 2012), pages 419-23).

For certain, healthcare professionals must address the aspects of our institutional culture that encourage

us to ignore our own health needs in service to our patients. But the value placed on stoicism and strength also derives from a healthcare system that commodifies our services and, in order to maximize profit, pressures us to rush through our interactions with patients. We're given heavy caseloads that discourage spending time listening attentively and compassionately, which is the heart of good care. The growing trend toward independent contractor work versus salaried employment has also affected the healthcare field, and thus like our patients, many health workers lack the medical benefits and job security. This precarity forces us to work longer hours and endure mentally (and sometimes physically) hazardous conditions.

Sleep deprivation is particularly worrisome because how can anyone make sound medical decisions when they haven't had adequate rest? Yet this remains a persistent feature of both medical-school education and the workplace. If you're in private practice, you might have the chance to set more humane hours and see fewer patients for longer visits, but the trade-off is that you can't always afford support staff and thus must perform non-medical tasks such as insurance billing and scheduling.

Changing our attitudes toward our work, and the qualities that make a good physician, would go a long way...but so would workplace justice, for us and for our patients.

CMH Offering Certified Nursing Assistant Scholarships Funds available for Clatsop Community College students

CMH is offering scholarships that will pay for tuition to attend the certified nursing assistant training program at Clatsop Community College during summer 2024.

CMH's goal with the scholarships is to assist in pursuing a Certified Nursing Assistant certificate (CNA). Though receipt of scholarship does not guarantee employment at CMH, the intent will be to offer the opportunity to apply for available positions and interview all scholarship recipients.

Five scholarships will be offered on basis of a completed application and interview. Applications will be accepted as space allows until summer quarter begins on July 1.

Once certified, the CNA must apply for a position using the CMH application process to be considered for an CNA position.

CMH will pay all tuition, fees and required book and material costs for the program. To qualify, applicants must:

- 1) Successfully complete the program and CNA course;
- 2) Receive a valid Oregon CNA license after passing the state licensure test and provide proof to CMH;
- 3) Be accepted to a full- or part-time CNA position at CMH;
- 4) Complete and obtain satisfactory results for pre-employment drug screening, criminal background check, applicable license verification, and reference checks; and
- 5) Maintain employment with CMH for one year without resignation or termination.

Scholarships are awarded and designated by a CMH review committee. Recipients will only be eligible to receive the scholarship once.

Scholarship recipients who are hired at CMH and resign or are terminated for cause within 12 months of their start date at CMH will be required to repay the scholarship to CMH, which is valued at \$3,800.

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CHEW ON THIS!

by Merianne Myers



A TRIP THROUGH COVID'S WONDERLAND

WELCOME to the wandering attention span, run-on sentence, fleeting thought, fever dream that is the Corona Virus. Yes, it sounds vaguely regal in an astronomical sorta way. No, it's not.

For those few who have yet to experience the wonder that is Covid, I will attempt to enlighten you. I think it's good to know a bit before being blindsided by said evil bitch of a virus. Before you get all gender angsty about my terminology, take a deep breath (but not too near another human) and think about it. Disclaimer: No offense to men. Or those who identify as men. Or however you feel about who you are. I'm copacetic with it, just not linguistically hip to everyone's trip. I myself am a big fan of men. I have married them four times. True, I've unmarried them three times but not because I didn't love them, just because I didn't love the marriages. I feel myself slipping from the point, which incidentally is one of the crazy and occasionally amusing things that happens when you're running a fever.

The point! The point is, when was the last time men worked together to overcome a threat that morphed at speeds unmatched by modern science to become a bunch of other threats and just kept doing that forever. That's women's work. We've been perfecting that bit of business since we stepped out of the swamp to find a short, hairy guy mansplaining how things were going to work. That's why we will rule the world eventually. No stopping us. Well, yeah, some sexy new pandemic in a red dress and a bad mood could make the human condition moot, sure. But, still.....

I know the adage 'feed a cold, starve a fever' but as adages go, this one's weak. First of all if you have a fever it's just a matter of time until you have chills. And just because you have chills now doesn't mean you don't have a fever. It's a fool's errand to try to figure out when or what to eat. The correct answer is almost always 'D: None of the Above. Because anything you might think to eat requires prep at the least, cooking at the worst. If the effort it takes to walk the few feet to the bathroom or to fill your water bottle is exhausting even in the contemplation of it, fixing food is a laughable proposition. Maniacal laughing, because...fever.

I did learn something quite probably useful for the future from my cat Rocket. That is this: There appear to be huge health benefits to sleeping 18 hours a day. She's been doing it for 14 years, not sick once. I tried it for a couple of days and can attest it is helpful. Highly recommend! Bonus points for the fever dreams. Oof! I don't actually remember them but I remember waking from them feeling exhilarated/exhausted so I guess they were exciting. Frankly, I only remember maybe one dream I've had in my whole life and that involved a wild lion who walked up to me and licked my face. And that without benefit of drugs or rampant fever. So yes, remembered that one. As for nightmares, my husband is discomfited by my subconscious ability to face impending capture/torture/interminable lecturing by simply killing the offending party and awaking refreshed. IRL, I'm allowed to have a gun but not to know where the bullets are.

Word of encouragement to those of you, like me, who have had the vaccinations. I have been told by friends who opted out of that option that their sickness was not nearly as entertaining or brief as mine. So, another highly recommend for that. It's hard to imagine being sicker, but I have no desire to do that particular research.

I am remembering this is supposed to be a food column not a scenic tour through the Pit of Despair/Cliffs of Insanity that is my current state of mind. In service of that, here's what we ate so far on our scenic trip through Covid's wonderland:



Day One: Water

Seemed like lots of water but it clearly was not enough because i woke up the next morning feeling trippy (with absolutely no fun getting there), unsteady on my pins and a surprising number of pounds lighter. Turns out fever minus adequate water equals dehydration! Really, thinking clearly is just too, too much to ask.

Day Two: Regular water plus coconut water.

That was plenty of food prep right there.

Day Three: Water plus coconut water plus ginger ale plus herb tea plus toast. Really stepping up my game here. Three separate glasses! My system did not embrace my brain's theory that toast would be a good idea. Didn't try that again.

Day Four: Sub an apple for the tea and toast. That worked!

Day Five is tomorrow. We'll see what wonders await. I'm heartened by the loss of 10 pounds I do not miss. I realize the first chunk of any weight loss (I can not in good conscience call illness a weight loss regime) is water weight. But, I'm mystified as to how consuming at least 15 pounds of liquids could result in losing 10 pounds. Don't bother trying to explain it to me. I feel a nap coming on. Stay well if you can.

PS. The couple in the photo is Tom and I except younger. And better looking.

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The Architect Hound



The Netel Grange

THIS MONTH, the Architect Hound went on an excursion up the Lewis and Clark River Valley to the Netel Grange, located on Logan Road about seven miles south of Astoria.

The Netel Grange is one of five Grange organizations still active in the Lower Columbia area. The others are the Pacific Grange in the Clatsop Plains, the Olney Grange, the Wickiup Grange in Svenson and the Brownsmead Grange.

Historically, the Grange was a farmer's advocacy and social organization founded in 1867 in Minnesota by Oliver Kelley. He and the other founders promoted progressive farming practices and better prices for farm commodities. The official name of the organization is the "Order of the Patrons of Husbandry," which sounds a bit pretentious and formal, doesn't it? However, it is an indication that the Grange had a role similar to many of the fraternal organizations of the late 19th century. The Grange was more overtly political and was mostly about social and economic improvement for farming communities.

Oliver Kelley was a Mason and made early contacts in the South through his Masonic connections. However, the Grange doesn't have the secret and mystical aspects seen in many other fraternal organizations, and from the beginning the Grange was open to men and women.

As you can see in the archival and current photos, the Netel Grange hall is a simple wood frame meeting hall with a very utilitarian appearance. Contrast the simplicity of this building with the highly ornate, neo-Classical

fraternal lodges of the Masonic, Odd Fellows and Elks organizations. Most Grange Halls that I have seen in the Midwest and West have a similar vernacular look to them. This reflects the fact that the Grange buildings were constructed by the men and women farmers that met in and maintained them.

By Eric Wheeler

The Netel Grange was founded by farm families in the Lewis and Clark River valley in 1910 and "is a family oriented community organization with its

roots in agriculture, where members are given the opportunity to learn and grow to their full potential as citizens and leaders". Currently, the Netel Grange has 30 active members with monthly meetings on the third Tuesday of the month at 6:30 PM. Hosted activities at the Netel Grange include dances, meetings, dinners and music concerts. Annual events include a Maypole dance in May, a Dinner and Pie auction in November, and a Wreath making event in early December. This all-volunteer organization has undertaken a number of improvements and maintenance projects over the past 25 years that in-

clude; improved accessibility via a ramp and second entrance, new roof, new septic system, new furnace, updated wiring and lighting, a recent renovation of the original old growth Douglas Fir flooring and of course, painting and repainting.

For more information about the Netel Grange take a look at their website: netelgrange410.org or contact Netel Grange president Dave Ambrose at davesfire@charter.net.

Contact the Architect Hound: ericwheeler2@gmail.com



Netel Grange, circa 1910

Oregon Black Pioneers Exhibit at Fort Clatsop thru July 8

LEWIS AND CLARK National Historical Park hosts a special traveling exhibit "The Black Pioneers" until July 8. This eight-panel exhibit on loan from Oregon Black Pioneers is displayed in the Fort Clatsop Visitor Center lobby.

Between 1840 and 1870, Oregon's government passed laws excluding Black people from rights afforded to white settlers. Despite this, a small number of Black Americans settled or remained in Oregon, challenging the discriminatory laws and laying the foundation for the state's future Black communities. This exhibit highlights some of those Black pioneers who risked everything to build



a better life for themselves and their families in Oregon.

Learn more about Oregon Black Pioneers, a non-profit organization dedicated to preserving the history of Black Oregonians, at <https://oregonblackpioneers.org/>

Summer hours 9am to 6pm. Admission is \$10 per adult and free for youth 15 years old and under. Passes to National Park Service sites are accepted. FMI call the park at (503) 861-4414.

31st Annual Seaman's Day at Fort Clatsop July 10

THE 33 PEOPLE of the Lewis and Clark Expedition camped the winter of 1805-06 at Fort Clatsop. The 34th "member" of this Corps of Discovery was Seaman, Captain Meriwether Lewis' Newfoundland dog. The 31st annual Seaman's Day, commemorating the dog of the Corps of Discovery, will be Wednesday, July 10, at Lewis and Clark National Historical Park, Fort Clatsop.

According to the explorers' journals, Seaman served as a watchdog, hunter, retriever, companion, and diplomat during his three-year voyage of discovery. The park has invited some guest Newfoundland dogs and their people to volunteer this day. This special event offers visitors an opportunity to



learn about Seaman and to meet some modern Newfoundland dogs from 9:30 to 4:00 with programs featuring Newfoundland dogs at 11:00, 11:30, 2:00 and 2:30.

Rangers in period clothing will be at Fort Clatsop during the day to answer questions and share living history. The park is open daily from 9am to 6pm. Admission is \$10 per adult and free for youth 15 years old and under. Passes to National Park Service sites are accepted.

Lewis and Clark Encampment at Knappton Cove Heritage Center! July 13-14

KNAPPTON COVE Heritage Center and the Pacific Northwest Living Historians (PNLH) present a family-friendly living history program on Saturday, July 13 and Sunday, July 14. During this two day event, costumed members of the PNLH will demonstrate the tools and skills employed by the explorers of the epic Lewis and Clark expedition.

The program is FREE, although donations are welcomed.

Dressed in clothing of the style and materials worn by the voyagers of the Corps in 1805, PNLH interpreters will demonstrate and discuss many of those tools and skills, including:

- Safety in handling flintlock firearms
- Starting a fire with flint and steel
- Making clothing from leather
- Carving canoe paddles
- Trading for supplies



Visitors will also learn the history and stories of the Lewis and Clark expedition: the native people who they met, the unfamiliar territory they traveled and mapped, and the 'new' animals and plants they discovered. Program times: 10am to 4pm on Saturday, 10am to 3pm on Sunday

The Knappton Cove Heritage Center is located on State Route 401, along the Lewis and Clark National Historic Trail, about 3 miles east of the north end of the Astoria-Megler bridge, and about 8 miles south of Naselle, WA. The historic U.S. Quarantine Hospital Museum will be open from 1- 4 p.m. both days of the event.



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