

June 2024 • vol 25 • issue 285

HIPFISH MONTHLY

alternative press serving the lower columbia pacific region

*Peace First Lutheran Church
Becomes the first Reconciling in Christ
Congregation on the coast, welcoming*

**the LGBTQIA+
community**

**Oregon Forests
past
present
future** | **Part 2:
Money
Don't
Grow.**

Visiting artists take
the stage at ASMF p13

Make Music Day
FREE Music!!!! p20

Salmon Tips
ala Citizen Fish p26

PRIDE
is *North Coast Wide*
this June!
Events p.4



There's Always Something New at The Liberty!

Pride Gala

8:00 pm, Friday, June 7 / \$30 - \$50 - \$65 / 18+

Celebrate our Pride community and support the Lower Columbia Q Center. Your favorite local drag performers are teaming up with community members you'd never expect to see on stage, for a light-hearted competition where you



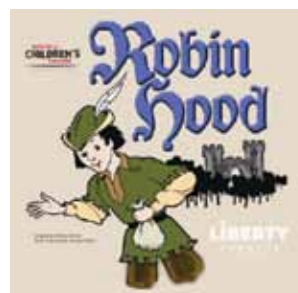
the audience pick the winner. Starring Brooke Lynn Hytes from RuPaul's Drag Race – this is one Pride Gayla you won't want to miss! For tickets, contact The Liberty. For questions, contact the Lower Columbia Q Center.

Missoula Children's Theatre

Auditions: 10:00 am, Monday, July 8

Performances: 3:00 & 5:30 pm, Saturday, July 13

Getting your kids on stage has never been easier – or more fun! The Missoula Children's Theatre is coming to town with everything it takes to put on a play – except the cast. That's



where you come in! We're looking for 50-60 local students (K-12) itching to get on stage and learn more about the art. The kid's hard work all caps off with two performances of this classic production you won't want to miss!

North Coast Symphonic Band

7:00 pm, Wednesday, July 3 / Free

Come out for a beautiful Independence Day musical program presented by the North Coast Symphonic Band. Under the baton of Terry Dahlgren, the band will showcase patriotic



and American compositions – marches, nostalgic pieces and tributes. It also features the brilliant Bereniece Jones-Centeno as solo vocalist. NCSB Board President Brian Bergman will guide us through the evening as our emcee.

Stone In Love – Journey Tribute

7:00 pm, Saturday, June 22 / \$24 in advance, \$29 day-of

You'll love this high-energy performance showcasing all the hallmarks of the Journey sound – soaring lead vocals, lush four-part harmonies, signature guitar licks and fat keyboards.

"Oregon's Own" 234th Army Band

3:00 pm, Sunday, July 21 / Free

Forty of our brave soldiers perform contemporary, classical and military songs. A perfect show for the whole family, featuring vocalists SPC Kimberly Nagorska and SFC Duane Reno.

Kids Make Theatre

Year-round camps, classes, workshops and productions for ages 3 1/2 - 18. For schedules, visit www.kidsmaketheatre.org

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Tom Letson and the Letdown Friday, June 22



DRAWING on influence from prewar Piedmont & Hill-Country Blues, Appalachian Mountain Music, and alternative rock, Tom Letson and The Letdown can be heard in the Northwest, up and down Cascadia, at many a venue featuring acoustic roots music, ringing out on resonator guitar and banjo, accompanied by percussion, pouring forth original songs.

Tom Letson is a musician and visual artist who's been hurlin' songs into the vast expanse for over 10 years. Early on, he felt a humble calling to follow in the footsteps of musical pioneer Woody

Guthrie, setting off to each crack and crevice of the United States by freight train & thumb. Seeking refuge under bridges and sleeping beside highways, he considers it a pleasant surprise to have made it this long.

He eventually landed up in Alaska, where he spent the better part of his 20s living remotely, and continues splitting his seasons there.

This alternative lifestyle is a key ingredient behind the inspiration of his songwriting. After grinding his teeth as a buskin' hobo, he worked his way up

to perform at various bars, venues, and festivals across North America through skillful songwriting, fingerpicking, slide guitar, and clawhammer banjo. He is an outsider artist whose unique lifestyle contributes to his creative storytelling. With that, there is a raw honesty rooted in his work that manages to attract listeners wherever he roams & rambles.

Saturday, June 22, 7:30pm. Tickets \$15. KALA Performance Space. Tickets online@kalaastoria.com 1017 Marine Dr. Astoria. 21+ Cocktails.



BELEZA! Bossa Duet

BELEZA! is the duo of Pacific Northwest jazz artists, guitarist John Stowell and flugelhornist Dmitri Matheny. Brought together by a shared passion for bossa nova, samba, and the timeless music of Antônio Carlos Jobim, Beleza! (pronounced be lé zah) takes its name from the Portuguese word for "beauty." Beleza is also Brazilian street slang for "yes" or "it's a deal."

Friday, July 19, 7:30pm. Tickets \$20. KALA



Innocent Alex indie rock

THE JIROUDEK BROS, Lake and Evan, whose musical roots began, as youth together in Cannon Beach, Or. followed each their own paths to music in NYC and LA. Now residing in Astoria, they released a celebrated collaborative indie rock album No More Heroes, under band name Innocent Alex. Think Beach Boys meet the Everly Brothers, with an original, contemporary edge. They continue their musical paths, separately and together. On this eve, we'll hear the songs of Evan Jiroudek in the first set, and then Innocent Alex and guest band to round out the eve.

Saturday, July 6, doors open 7:30pm. Show at 8pm. Tickets \$15. KALA



Sturtz Acoustic Soul

From Boulder, CO, Sturtz returns to KALA by popular demand. The acoustic quartet – Andrew Sturtz [vocals, guitar], Jim Herlihy [banjo], Courtlyn Carpenter [cello], and Will Kuepper [bass]– falls somewhere at the intersection of folk and soul, with lead singer Andrew Sturtz's melodic vocals soaring over the lower string instrumentals.

"a reassuring breath of fresh air that pulls me back to simpler times" - NPR's All Songs Considered On tour with their new album.

Sunday, July 13, 7pm. Tickets \$20. KALA

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PRIDE IS NORTH COAST WIDE THIS JUNE



Jasmine Masters of RuPaul's Drag Race at Astoria Pride Gayla June 8 • Larsen Center

Astoria PRIDE Events

Friday June 7 – ASTORIA PRIDE PUB CRAWL. Meet at Fulio's Restaurant in Astoria at 5pm for a toast to kick-off the weekend. Jump on the bus, and head to Seaside and the Bridge Tender. You'll head back to Uniontown and then back to downtown. If you can't make the bus, follow location updates on Facebook and join anytime.

Saturday June 8 – PRIDE PARADE. Begin at 11am at 3rd Street and the Riverwalk, ending at the Barbey Maritime Center.

Saturday June 8 – ASTORIA PRIDE, PRIDE IN THE PARK. Follows Pride parade to the Barbey Maritime Center. Family activities, music and games on the Riverwalk. Bring blankets and low back chairs. Till 4pm.



Saturday June 8 – ASTORIA PRIDE GAYLA. At the Charlene Larsen Center. Doors open at 8pm. Show at 8:30pm. Tickets \$10. Cocktails with the Queens Reception 6:30pm, \$25. Local

Legends, Treasures from Oregon and Washington Imperial Courts, Jasmine Masters and Mariah Balenciaga from RuPaul's Drag Race. Tickets go to astoriaoregonpride.org

Sunday June 9 – ASTORIA PRIDE BRUNCH & SIP. Performances, Raffle, Contest, Cocktail Specials. Doors open 11am. Show Noon. \$25 Ticket includes breakfast burrito buffet. At the Merry Time Bar and Grill. Tickets astoriaoregonpride.org.

Lower Columbia Q Center PRIDE Events

Friday June 7 – LOWER COLUMBIA PRIDE GALA. It's a Pride Drag Gala Competition. Join LCQC Pride for an electrifying eve featuring three dynamic pairs made of one seasoned drag royalty, and one fresh new talent. Join Ginger Vitus, Arty Choke, Strawberry Shortcake and RuPaul's Brooklyn Hytes. 8pm. Tickets \$30, \$50, \$65. Ages 18+ Your ticket purchase supports LCQC programs—providing weekly peer support, family and young adult groups, emergency financial support, and assistance for gender-affirming care to the 2SLGBTQIA+ community of the Lower Columbia region and beyond.

PLUS: VIP Reception 6:30pm – 7:30pm. Meet & Greet with BROOKE LYNN HYTES on the mezzanine, complimentary champagne, LCQC Pride T-shirt. Tickets

Saturday June 8 – LCQC PRIDE FAMILY BLOCK PARTY and Vendor Market + music, performance, family friendly. 11am at the Astoria Armory. All Ages welcome. Skate Night at 5pm.

Sunday June 9 – QUEER MARITIME HISTORY and Tie Dye w/Benedetto Defransisco. Free. All Ages. Fort George Lovell Room.

Tuesday June 25 – FORT GEORGE BENEFIT NIGHT for Lower Columbia Q Center. Proceeds from sales, from 3pm till close. Mark your calendar.

Sunday June 30 – LCQC PRIDE MARCH. 3pm. All ages welcome. Gather at Maritime Memorial Park, 10 Bay St.

Manzanita PRIDE

Saturday June 8 – Queer Picnic. 11-3pm at Manzanita City Park. BYO food/drink to share. Kids/pets welcome.

Sunday June 23 – Pride Parade and Beach Party. Manzanita Beach at Laneda Ave. 11-3pm. Parade at noon. All welcome. Music + Dancing, Photo Booth. Costumes encouraged.

Pacific County Pride

Sunday June 16 – PACIFIC COUNTY PRIDE PADDLE. 9am – 12pm. Meet up at Alder + Co/Wild Pines Coffee Co, 312 Alder St in Raymond WA. \$25 Bring your own kayak \$50 includes kayak rental fee. Proceeds to benefit Pacific County Pride Festival.

Wed. June 19 – PRIDE BINGO! 6pm at the Willapa Brewing Co. 405 Minnesota St in South Bend, WA. Reservations required. willapabrewingco.com

Friday June 21 – DANCE PARTY at the Roadhouse in Chinook. Fundraiser for PC PRIDE.



Saturday June 22/Raymond, WA – 12-4pm. Wildman Beer Garden, Vendors, DJ Mia Ohms at Riverfront Park (312 Alder St). 2pm LIVE Music, Casey & The Common Thread; 4pm Celebratin of Solidarity Walk; 5pm Dance Party & Imperial Sovereign Court of Tacoma, at the Raymond Theatre (323 Thrid St.) After Party at Wildman Brewery.

Sunday June 23/Longbeach, WA – 11am to 12pm Celebration Walk of Solidarity (Drop Anchor Parking Lot); 12-5pm Veterans Filed Stage. Entertainment, Vendors, DJ Mia Ohms. 1pm Live Music w/ Stephanie Anne; 2pm DJ Mia Ohms; 3pm Dance Party & Imperial Sovereign Court.

see www.pacificcountypride.com

Rainbow Club Lincoln City

The Rainbow Club meets the last Saturday of the month for family-friendly activities celebrating local LGBTQIA2S+ community.



Lower Columbia Q Center GALA and Drag Competition at the Liberty, Friday June 7, featuring RuPaul's Brook Lynn Hytes!

2-4pm at the Lincoln City Cultural Center. Behind building. 5030 SE HWY 101.

Welcome Inclusion Service Sunday June 9

PEACE FIRST Lutheran Church, 725 33rd St, Astoria Oregon. Sunday June 9, 2024 8:30am & 11am, peacefirstlutheran.com.



WINE TALK

The Astoria Co-op celebrates Pride Month with an event on June 20th at 5pm. Save the date for a wine tasting and talk by Vivianne Kennedy, owner and operator of RAM

Cellars in Portland. She launched her winery in 2014 and released her first RAM Cellars wine in early 2016. In 2018, Vivianne made the decision that saved her life and came out as a transgender woman.

Lower Columbia Q Center

Drop-In Hours: Every Thursday from 12-4pm. Resources, community and support. FREE gender affirming clothing closet for gently used items and new personal health products. 171 W Bond St in Astoria. info@lcqcpride.org www.lcqcpride.org



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Deciduous Heroes: Diverse Forests are Healthy Forests

Diverse Forests are Healthy Forests: Getting Pesticides out of Forests and Watersheds and Valuing Deciduous Species

A CANADIAN/AMERICAN SPEAKING tour will be coming to Rockaway Beach, Oregon on June 22 to talk about the need for a new paradigm in forest management.

Taking place at St. Mary by the Sea Parish Hall (275 S Pacific St. Rockaway Beach, OR) from 2:00 to 3:30, the event features Deke Gundersen, Environmental scientist and toxicologist, James Steidle of Stop the Spray BC, and salmon biologist Ryan Branstetter of the Umatilla Tribe. Doors will open at 1:30 pm for mingling and refreshments.



"Forestry in the Pacific Northwest, from Oregon to British Columbia and beyond, has become more like thinking of forests as an agricultural crop, and this has had significant impacts on wildlife, resiliency, and wildfire," says James Steidle.

Pesticides are widely used in forestry across the Pacific Northwest to remove deciduous species like alder, cottonwood, madrone (arbutus), maple, birch, and aspen. The goal is to grow commercial conifer plantations of one or two species.

"As a salmon biologist, these forests lands, especially those found in the riparian area, are critical to salmon, as the salmon are also critical to the health of the forests, Says Ryan Branstetter. "There are some tough questions to ask as a community, such as: What is a healthy forest? and, How do we maintain a healthy diverse forests?"

Simplifying forests and removing deciduous species like red alder can harm fisheries and increases the probability of forest fires, something recognized as long ago as 1917.

It can also undermine the growth of conifer. Experiments with alder in the Columbia Gorge at Wind River in the 1920's have shown that the Douglas fir that grew under the alder now have 2.1 to 2.8 higher basal area than in the pure Douglas Fir stands.

"While we begin to recognize the growing benefits of mixed forests and deciduous species in our regional forests, we are also starting to recognize the costs of eliminating them through toxic chemicals," says Deke Gundersen.

"Global pesticide use has skyrocketed and their use in forestry has

exploded along with it. But as pesticide contamination becomes more widespread, we are also starting to recognize their costs."

Some of the pesticides used in Oregon and Washington State forestry include glyphosate, 2,4-d, hexazinone, and tricopylr. A recent Oregon study found the presence of these forestry herbicides in 38% of bivalves sampled.

"Healthy, diverse forests, are a good investment for the long term health of our communities along the Pacific Coast. The reason for this is that they are sources for both Indigenous and non-Indigenous peoples foods, medicines, cultural practices, and livelihoods," adds Branstetter.

Other dates for the tour include Peachland, British Columbia on June 27, and Prince George, British Columbia, July 3. The event is being organized by North Coast Communities for Watershed Protection, Stop the Spray BC, Peachland Watershed Protection Alliance, and Wilderness Committee.

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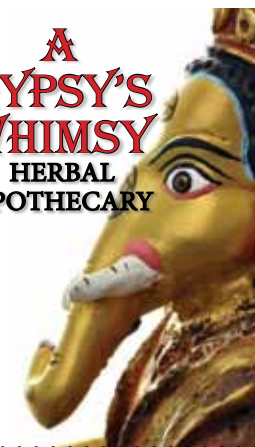
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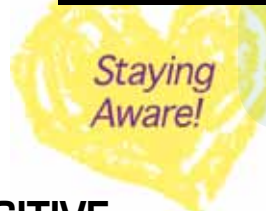


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A vertical advertisement for Artful Home. The top half has a blue background with the text "ARTFUL HOME Curated Home Goods & Art" and "Come See What's New In Gearhart!". Below this is the address "3350 Hwy 101 N, Gearhart, OR 503-717-5536" and "Wed - Sat, 10-4". The bottom half features three images: a woman in a blue hat holding a colorful bag, a framed artwork of a bee, and a blue and white abstract artwork.

North Coast INCO NEWS INDIVISIBLE



"If a free society cannot help the many who are poor, it cannot save the few who are rich."
— President John F. Kennedy, inauguration address, 1961

PRACTICAL AND POSITIVE

Good news about our economy! Thanks to Democratic political leaders for this exciting legislation and to historian Heather Cox Richardson for this summary:

"The Bipartisan Infrastructure Law, the CHIPS and Science Act, and the Inflation Reduction Act have fueled "a historic boom in rebuilding our roads and bridges, developing and deploying clean energy, [and] revitalizing American manufacturing," [President Biden] said. That investment has attracted \$866 billion in private-sector investment across the country, creating hundreds of thousands of jobs "building new semiconductor factories, electric vehicles and battery factories...here in America."

"The Biden administration has been scrupulous about making sure that money from the funds appropriated to rebuild the nation's infrastructure and manufacturing base has gone to Republican-dominated districts; indeed, Republican-dominated states have gotten the bulk of those investments. "President Biden promised to be the president of all Americans—whether you voted for him or not. And that's what this agenda is delivering," White House deputy chief of staff Natalie Quillian [said].

"But there is, perhaps, a deeper national strategy behind that investment. Political philosophers studying the rise of authoritarianism note that strongmen rise by appealing to a population that has been dispossessed economically or otherwise. By bringing jobs back to those regions that have lost them over the past several decades and promising "the great comeback story all across...the entire country," as he did today, Biden is striking at that sense of alienation.

"... "When folks see a new factory being built here in Wisconsin, people going to work making a really good wage in their hometowns, I hope they feel the pride that I feel," Biden said.

"Pride in their hometowns making a comeback. Pride in knowing we can get big things done in America still."

"... Quoting [economist Simon] Patten, [former president Theodore] Roosevelt wrote: "The real idealist is a pragmatist and an economist. He demands measurable results and reaches them by means made available by economic efficiency. Only in this way is social progress possible."

"Reformers must be able to envision a better future, Roosevelt wrote, but they must also find a way to turn those ideals into reality.

"... "It is no easy matter actually to insure, instead of merely talking about, a measurable equality of opportunity for all men," Roosevelt wrote. "It is no easy matter to make this Republic genuinely an industrial as well as a political democracy. It is no easy matter to secure justice for those who in the past have not received it, and at the same time to see that no injustice is meted out to others in the process. It is no easy matter to keep the balance level and make it evident that we have set our faces like flint against seeing this government turned into either government by a plutocracy, or government by a mob. It is no easy matter to give the public their proper control over corporations and big business, and yet to prevent abuse of that control."

"... "We're the United States of America," President Biden said today, "And there's nothing beyond our capacity when we work together."

-- Letters from an American, May 8, 2024

"Indivisible North Coast Oregon (INCO) defends democracy by opposing authoritarianism, bigotry, and corruption. Sign up to get our weekly e-newsletter at www.incoregon.org, or contact incoregon@gmail.com. Indivisible North Coast Oregon is on Facebook.

REGATTA 2024

The 2024 Astoria Regatta Festival is set to captivate locals and visitors alike as it returns for its eagerly anticipated summer celebration. From August 7 to 11, 2024, Clatsop County will come alive with a vibrant array of events, parades, and maritime traditions. As the oldest celebration in Oregon's oldest city, the Astoria Regatta holds a special place in the hearts of the community.

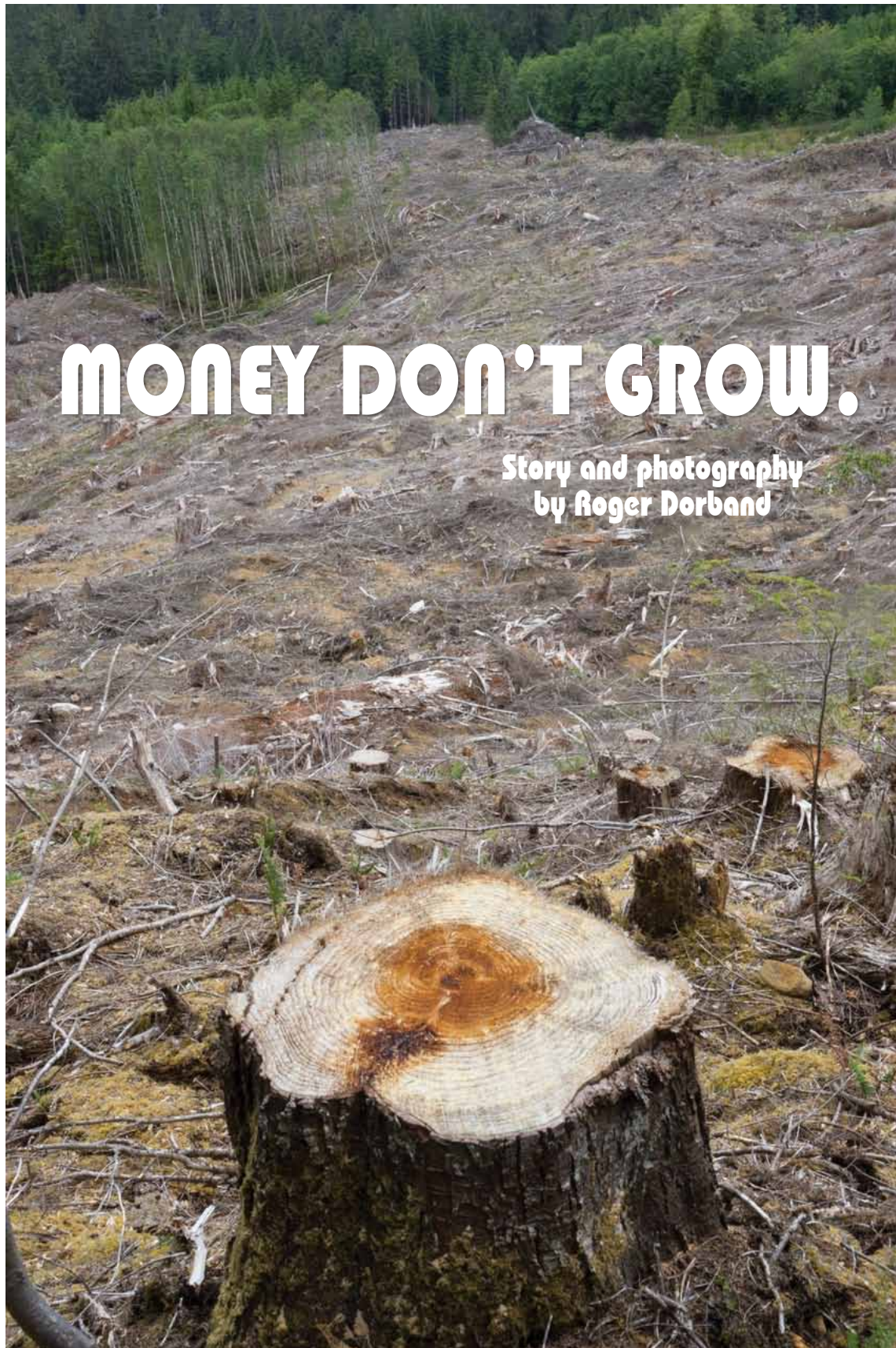
Astoria's history has always been intertwined with the mighty Columbia River. From the 1700s, when Native Americans, navigators, and explorers plied the river's waters, to our modern era of massive cargo ships and barges, this region has witnessed a continuous stream of maritime activity. Fishermen, U.S. Navy sailors, Coast Guardsmen, survey vessels, bar and river pilots, and maritime merchants have all contributed to the rich tapestry of Astoria's maritime heritage.

The 2024 Festival Highlights a rich maritime history, including the Grand Land and Highwater Parades. The heart of the festival beats at Regatta Square, where locals and visitors gather to celebrate community, culture, and history. Enjoy live music, food vendors, and interactive exhibits that showcase Astoria's maritime legacy.

On Saturday, August 10, 2024, the Grand Land Parade will wind its way through the streets of Astoria. The Astoria Regatta Court, Admiral Charlene Larsen and Admiral's Aide Constance Waisenen will be joined by Grand Marshal Sheriff Matt Phillips. Other traditional events include the Coronation of the new Queen, the Warrenton Kids' Parade, the Admiral's Luncheon, and more! Don't miss the chance to celebrate with everyone and make sure to pick up your Regatta pin at participating retailers.

The highlight of this year's festival is the historic SWIM ACROSS THE COLUMBIA. On August 11, swimmers will brave the currents of the Columbia River, retracing the strokes of the original event held 90 years ago. This iconic swim celebrates endurance, community spirit, and the river that has shaped Astoria's identity.

Want to be part of the festivities? Register your float or group for the Land Parade, enter your boat into the Highwater Parade, or attend various heritage and traditional events throughout Clatsop County. astoriaregatta.com.



MONEY DON'T GROW.

Story and photography
by Roger Dorband

AN AMERICAN CREATION STORY

AS TEMPERATURES gradually rose along the Eastern Seaboard at the end of the last ice age human beings mysteriously arrived. They called themselves the People of the First Light, the Wampanoag. Twelve thousand years have shrouded in mystery how, and exactly when, the Wampanoag people got there, but anthropological research, along with current tribal customs and stories, tell us a lot about how they lived and thrived through centuries until the arrival of the first white men.

We know that the Wampanoag had a dynamic relationship with the spruce, hemlock, oak and white pine that became the great forest of the Eastern Seaboard. They used trees and tree bark for building, fuel, shelter, medicine and clothing, always giving thanks to the forest and never taking more than they needed for their daily life. Until recently it was thought that the Wampanoag tribe burned the forest and cleared it to plant corn and other crops, but a recent Harvard University study has found that not to be the case.

Interdisciplinary data amassed by a team of archeologists, ecologists and paleoclimatologists found that the predominately old growth forests that astounded the first European settlers when they arrived, were shaped primarily by climate over thousands of years. Fires were rare and there is no evidence that the indigenous people of the region used fire to clear land. Instead they opportunistically inhabited and grew crops in areas that were naturally clear. In words that could be considered sage advice for our time, Archeologist Elizabeth Chilton wrote that, "Ancient Native people thrived under changing forest conditions not by intensely managing them but by adapting to them and the changing environment."

The large, naturally cleared areas of forest that the Wampanoag utilized for their village sites served the early European settlers in the same way. Jamestown, the first American colony established in 1620, was situated on a Wampanoag village site. That site had been abandoned by the Wampanoag years before when nearly everyone living there had died after contracting a white man's disease to which they had no immunity (yellow fever, small pox or plague).

Jamestown, a type of usurpation after the fact, marks the beginning of the American creation story. It is the story of 300 years of colonization which simply defined is the subjugation of a people and a place prior to the exploitation of the resources there. In the 300 years after Jamestown a distinct pattern can be seen: Settlers enter a new region of the country in a generally east to west expansion of controlled territory.

cont. p8

Their eventual conflict with the local indigenous people over land rights degrades into the destruction of indigenous cultures, characterized by many historians as genocide, which leaves indigenous survivors ultimately forced to live on reservations.

It should be noted that the conflicts between settlers and Native Americans were frequently aided and sometimes initiated by those wanting resources beyond just land to farm or ranch on. A classic example played out in the late 1800s in southern Oregon where natives and settlers had been living relatively harmoniously until gold miners entering the region perpetrated the Rogue Indian wars.

The first settlers in New England simply wanted land to grow crops and raise livestock free from the dictates of an autocratic king. The old growth forest surrounding their settlements was seen mostly as a nuisance impeding their ambitions. As they began to clear the land they took advantage of the fallen timber to build their houses and fences. Soon enterprising individuals among them realized that there was money to be made from timber that was not put to immediate use. So began the American trees-as-money mindset still so prevalent in our local culture today.

The trees-as-money mindset met with a ready-made market in the form of the English ship building industry. By 1790 England was importing 36 million board feet of white pine annually from New England for ship siding and 300 of the tall, straight shafts of white pine for ship masts. By 1830 Bangor, Maine had become the largest lumber shipping port in the world. Geographer Michael Williams



found that by 1860, 153 million acres of forest in New England had been cleared for farms. Another 11 million acres had been felled by logging, mining, and railroad expansion.

In a shape shift we see playing out in Oregon today, the early colonizers who had subjugated the Wampanoag people became the subjugated whose resources were being exported. The millions of board feet of timber that England imported sharply reduced the available timber for the New England settlers. By 1860 one quarter of the forestland of the Eastern Seaboard was gone prompting those in the timber industry to begin looking west in pursuit of “green gold”.

Wikipedia summarizes that with each successive move to the west the same story played out: “The industry expanded rapidly as Americans logged their way across the country. In this pursuit, hundreds of thousands of indigenous people were displaced, murdered and enslaved for the purposes of the timber industry.”

The Wikipedia statement is clearly an oversimplification of actual events. Most areas into which the timber industry expanded had already been settled and the subjugation of the Native Americans there already well underway. However, Wikipedia’s harsh assessment does capture the ruthless pursuit of profit on the part of the barons of the early timber industry.

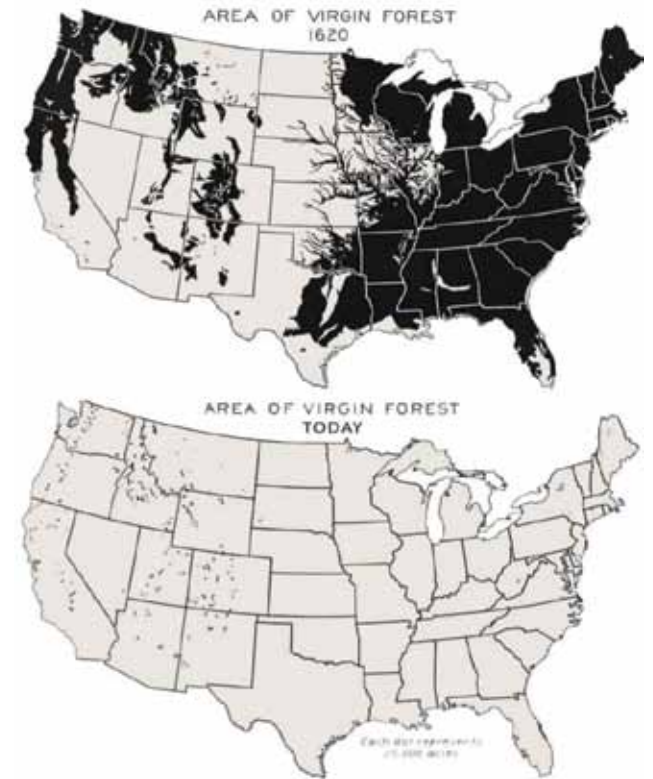
WESTWARD HO!

From the establishment of Jamestown in 1620 it took nearly 200 years for the juggernaut of the timber industry to begin its inexorable movement west. In 1840 upstate New York and Pennsylvania still dominated the timber industry. A mere 40 years later Michigan lead in lumber production. But as rich as the Great Lakes region was in the coveted white pine, by 1900 the supply of available timber in places like Wisconsin, Illinois and the Great Lakes region had been drastically reduced.

A young nation growing rapidly needed lumber, lots of it; to build and fuel homes, provide fencing and barn building lumber, to build the cities of the Midwest plains states which had scant timber resources of their own, and to provide wood products needed by the westward growth of train transportation which by 1890 was using 25% of the available timber for train fuel and railroad ties.

As regional forests fell while demand increased causing supplies to dwindle, the timber barons made a sudden shift to the west, never looking over their shoulder at the damage to the environment their overcutting had done. At the turn of the century Idaho produced 65 million board feet of lumber, much of it used within the state. With the arrival of the timber industry juggernaut by 1910 the state’s production of lumber jumped to 745 million board feet.

The versatility and strength of the Douglas Fir found in Idaho was particularly attractive to the industry and consumers but the species was not predominate there. Douglas Fir grew in abundance further west, particularly in the coastal mountains



of the Northwest. It wasn’t long before the timber industry giants were buying up land there. The Weyerhaeuser company, founded by Fredrick Weyerhaeuser in Rock Island, Illinois in 1860, became the major player. By 1914, the year of Weyerhaeuser’s death, the company owned 2 million acres of timberland in Oregon and Washington. Today the company still has combined holdings of 2.5 million acres in the two states.

The rampant consumption of lumber from the country’s early days through the present has taken a mighty toll on the nation’s old growth forests. According to World Resources Institute less than 4% of large, contiguous virgin forests in the lower 48 states still exist. Here in Oregon less than 10% of old growth forests remain. They are found primarily on Federal and BLM land. Those forests, as well as any remaining mature or old growth on state land, are still being targeted for harvest by the timber industry. Sadly, when it comes to state land the ODF has been more than willing to aid the timber industry in their pursuit.

COLONIZED

Oregonians today are barely aware that we have been colonized by the timber industry in much the same manner as the early settlers in New England who saw their white pine being shipped to England. Much of the raw material from our forests that once contributed to a vibrant wood products industry in our state is being exported to China, Japan and South Korea creating significant job loss at home. The industry blames everything from the Northern Spotted Owl to the HCP for mill closures and job loss. The truth is

that over time far more jobs have been lost due to the industry's exports and mechanization.

The industry's state of the art "harvester" often used for large clearcuts, is operated by a single man. It can fall, delimb, cut to length and stack trees as large as 14 inches in diameter, or larger, in minutes rather than in the hours of hard labor that a half dozen men used to put in doing those same tasks. After the logs have been stacked by the harvester a "forwarder" moves the logs to a self-loading log truck in one operation. Given the current state of mechanization in industrial logging 4 men can get far more work done in a day than 25 men did before.

It is estimated that China is currently importing between 15-30% of the total timber production from Oregon's privately owned forestland. The only beneficiaries of the export wealth are the titans of Wall Street timber, those at the top of the Weyerhaeuser capitalist power structure, and the mostly out of state investors who hold stock portfolios that include proceeds from timber.

In a manner akin to the plight of the Native Americans who saw their way of life changed drastically by the arrival of the European settlers ours is being changed by the steady increase in greenhouse gases that are creating climate change. Research done at Oregon State University by Dr. Beverley Law has identified the timber industry as the greatest producer of greenhouse gases in the state.

The industry's contribution to the climate crisis is obvious when you consider all of its mechanized iterations from the gas fumes that are belched out of a harvester to the carbon dioxide laden exhaust of a loaded log truck. Both release carbon into the atmosphere while accomplishing their primary task of removing the greatest sequesters of carbon we know of on the planet, TREES.

While many Oregonians and visitors to the state decry the unsightly, scabbed mountain sides left after a clearcut, few see the larger picture. The great downside of timber colonization is the impact on the environment we all share that is being driven in part by the appetite for logs overseas. Those trees left standing, combined with longer rotation cycles of harvest to between 50 and 65 years, and a never cut policy for any tree 80 years old or older, would pull and store exponentially more carbon from the atmosphere than current practices by far, and in doing so significantly mitigate the impact of the growing global warming crisis. Nobel prize winning environmental scientist, William Moomaw, has calculated that following these practices worldwide could reduce the planet's atmospheric carbon by 40%.

TIMBER DOUBLETHINK

Novelist George Orwell's term, "doublethink"; an individual's simultaneous acceptance of contradictory beliefs, also said to be the tendency to know and not know the facts of a situation while believing both sides of the equation, seems to be alive and well here in Oregon. Many Oregonians are aware that state owned forests left standing, particularly



mature and old growth forests, are one of our best hopes to help mitigate climate change, yet because of the trees-as-money mindset they believe those forests have to be logged in order to provide jobs and money for county services.

Ironically, the state agency that is most steeped in the doublethink with which we see our forests is the Oregon Department of Forestry. This state of affairs had its roots in the early 1900s when private owners of forestland who had gotten rich in Oregon had very little productive land left after reducing most of it to stumps. Although the land had potential given the rapid growth of trees in the Northwest, high rolling owners did not want the onus of having to replant and hang around while paying taxes as the land recovered. Instead they gave the land to the counties who then became responsible for paying the taxes.

What was initially seen as a windfall for the counties became a tax burden for them also. Consequently timber counties began to deed their hand-me-down forestland to the state for management in exchange for a percentage from any revenue generated by future timber sales. In 1936 Clatsop County became the first county in the state to make that deal in what many conservationist and climate scientists now see as a Faustian bargain. In 1939 the legislature passed the Forest Acquisition Act allowing other counties to follow suit and in doing so laid the foundation for the ODF forest management system we have today.

Within that system the counties where harvest on state land occurs receive approximately 65% of the revenue raised. The ODF receives the other 35%. When the final tally from all of the counties is in, the ODF is the largest recipient of revenue, approximately one third of their budget.

In their mission statement the ODF proclaims their charge is promotion of the "greatest permanent value", a balance amongst social, economic and environmental elements. However, their activities in the field show a disproportionate emphasis on cruising timber parcels for sale to the timber industry, road building for access to that timber, and overseeing replanting and aerial spraying after harvest.

The doublethink in this state of affairs is that ODF's other stated goals include its pledge to balance the benefits of state forests for protection of wildlife habitat, recreation, water quality, and their commitment to mitigating climate change. In pursuit of the latter of these benefits ODF proclaims the agency is devoted to reducing greenhouse gases and increasing carbon sequestration, clearly contrary to facilitating industrial harvesting on state land that ODF has been prioritizing for the MONEY in order to keep the department solvent.

In the next installment two examples of Clatsop County ODF's sales of state timberland located in recreational areas will be evaluated, and an alternative to the trees-as-money system presented.

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WORD



Questions about Dear Stranger should be directed to programs@oregonhumanities.org.

Dear Stranger Invites Oregonians To Write Letters About Their Fears

FOR TEN YEARS, Oregon Humanities' Dear Stranger project has invited Oregonians to exchange letters with people they've never met. Since 2014, more than one thousand people have sent letters to Dear Stranger, and received letters from other writers in exchange. The project returns this spring with a new prompt: write about your fears.

Oregon Humanities is a statewide organization that brings people together to talk, listen, and learn from one another. "Dear Stranger asks us to intentionally reflect and share about our experiences," says Lucy Solares-Steger, the program coordinator at Oregon Humanities who runs the Dear Stranger project. "While at first this can be daunting or challenging, many letter writers find that they're able to work through these experiences by writing them out, and through this, make a really impactful connection with another person."

The aim of Dear Stranger is to create shared understanding among Oregonians with different backgrounds, experiences,

and beliefs. The premise is simple: Write a letter, get a letter, and make a new connection. Each round of the project asks writers to address a different question or theme. This spring's prompt for writers is, "Write about fear. Share your worries, anxieties, and phobias. What are you afraid of? Are there things you used to fear that no longer scare you? Are there things that people commonly fear that they should not?"

Instructions for participation are available on the Oregon Humanities website at oregonhumanities.org. Letters are swapped anonymously, and each person receives a letter from the person who received the one they wrote. What happens next is up to the writers. If they'd like to write a reply, they can do so through Oregon Humanities.

Letters should be addressed to Oregon Humanities, Attn: Dear Stranger, 610 SW Alder St., Suite 1111, Portland, Oregon, 97205. For this round, Oregon Humanities will exchange letters mailed by October 31, 2023.

Cannon Beach Library 4th of July Book Sale: A Fundraiser Celebrating Books and Community Spirit

THE CANNON BEACH LIBRARY'S Annual Fourth of July Used Book Sale, a beloved community tradition, returns this **Fourth of July Weekend**. Mark your calendars: the four-day sale takes place from Thursday, July 4th through Sunday, July 7th at the library, 131 N Hemlock Street, in the heart of downtown Cannon Beach. Come experience the THRILL of uncovering literary gems!

Sale hours are Thursday, Friday, Saturday from 10 a.m. to 5 p.m. and Sunday from 10 a.m. to 3 p.m. On Sunday, don't miss our famous \$8 fill-a-bag sale (bags provided).

THOUSANDS of books await, including timeless classics, mysteries, contemporary bestsellers, mass-market paperbacks, non-fiction, cookbooks, gardening books, travel guides, holiday books, audio books, old and rare books, and books for children and young adults. Additionally, explore our selection of DVDs, music CDs, and vinyl records. Whether you're a seasoned book enthusiast or a casual reader, you're sure to leave with amazing bargains.

The Book Sale is a vital fundraiser supporting the Cannon Beach Library, one of the few private non-profit libraries in the country. Every purchase helps CBL continue to provide valuable resources and services to the community. Lend a



hand. Over 120 volunteer slots need to be filled during the sale. To volunteer or for more information, visit www.cannonbeachlibrary.org.

Please note: The library will be closed for all regular services from July 2nd through July 7th, though books can still be returned via the drop box.

Beginners Poetry Group

A BEGINNER'S Poetry Group led by Terri Martin in collaboration with the Astoria Library takes place in the Flag Room every second Wednesday at 5:30 pm. For info email: writers2go@yahoo.com

Cathlamet Writers Prose & Poetry Open Mic

Share a drink and a read at this poetry event on the river in beautiful Cathlamet, taking place quarterly. Sign up for a 5min. spot. Thursday, July at 5:30pm. at RiverMile 38 Brewing Co, 515 Second Street, Cathlamet, Washington.

Community Write-In

Enjoy writing in community. Every First and third Tues, 2pm at the CCC Library.

Ric's Open Poetry Mic

Every first Tuesday of the month. Sign-up beginning at 6:30pm. 5 min. per reader (or you get the hook). Readings 7-8:30pm. At Winecraft in Astoria.

Community Writes is an online quarterly publication of the Hoffman Center for the Arts. Writers with a connection to north Oregon coast communities are invited to share writing that focuses on a different topic each season. Junes topic: Emerge. Contributions are currently being accepted. See hoffmanarts.org

Peace First Lutheran Church

becomes the first Reconciling in Christ Congregation on the coast,
welcoming the LGBTQIA2S+ community

By Marianne Monson

PEACE FIRST LUTHERAN CHURCH in Astoria is celebrating becoming a Reconciling Congregation, a distinction that formally welcomes LGBTQI+ congregants and visitors.

They'll be holding a Welcome Inclusion service to celebrate the culmination of this process on Sunday June 9 at 8:30am and 11am, in tandem with Astoria's Pride Weekend.

With locations in both Uppertown and Downtown Astoria, Peace First Lutheran Church was established in 1883 as one of several Lutheran churches in Astoria. Many descendants of the founding members still attend today. Through its various ministries and outreach programs, Peace First Lutheran seeks to foster a sense of belonging and understanding, creating a space where individuals can explore their faith and find spiritual solace.

The Reconciling in Christ (RIC) program within the Lutheran Church is a movement that emerged in the late 20th century to advocate for LGBTQ+ inclusion and affirmation within Lutheran congregations. It began in 1983 when Lutherans Concerned/North America (now ReconcilingWorks) initiated efforts to encourage congregations to publicly welcome LGBTQ+ individuals. Since then, the RIC program has grown, with participating congregations affirming their commitment to full inclusion regardless of sexual orientation or gender identity. This movement represents a shift within the Lutheran Church towards greater acceptance and support for LGBTQ+ individuals, challenging traditional interpretations of scripture and promoting love and equality for all.

Since the late 1800s, Astoria has been home to a number of Lutheran churches, each a distinct product of its congregants' language and country of origin. The Peace First Lutheran churches in Astoria were founded by Finnish and Norwegian immigrants; to this day, the Lutheran church remains a central force in Finnish life and culture, with more than 65% of the population identifying as belonging to the church. However, the



Reverend Stephen Kienberger and RIC committee members Kaisa Saavalainen and son Jack, Peace First President Judi Lampi and committee member Lowell Benner

Lutheran church in Finland still routinely discriminates against same-sex congregants. While legally pastors became entitled to perform same-sex marriages in Finland in 2017, the General Synod, governing body of the Evangelical Lutheran Church of Finland, continues to ban the practice within the church. A slight majority (55%) of the Finnish population believes that same-sex couples should have the right to marry in the church, demonstrating how controversial the issue continues to be.

With this move, Peace First becomes the first Lutheran congregation on the Oregon Coast to gain the Reconciling in Christ distinction. They join the Pacific Unitarian church in Astoria, which was an early advocate for LGBTQ+ folks and went through the process to officially become a Welcoming Congregation with the Unitarian Universalist Association more than two decades ago in 2001.

The newly crafted Reconciling In Christ statement says:

"Following Jesus' command to love, we, the community of Peace First Lutheran Church, proclaim that the gifts of God are for all, so we welcome and advocate for equity and justice for all with no exceptions: All believers and unbelievers, All those with different abilities, All races and ethnicities, All religions and creeds,

All gender identities, All expressions and orientations inclusive and non-inclusive of the LGBTQIA2S+* community, All countries of origin, All immigrants and refugees, All economic levels, and All spoken and signed languages."

The RIC Logo, now featured on Peace First church website, was inspired by the Progressive Pride Flag design, with the colors blue, pink, and white to represent our transgender siblings, as well as a black and brown stripe, to represent the fullness of our Black, Indigenous, and People of Color (BIPOC) Community brings to the queer community. The logo communicates a commitment to the work of welcome, inclusion, celebration, and advocacy.

The process was initiated at Peace First Lutheran by congregation president, Judith Lampi, who proposed it at the annual retreat in 2023. Lampi, Jim Randall, and Lowell Benner formed the RIC committee and led the congregation through the process that took more than a year.

The program began with assessing the comfort and awareness levels of congregants to create a series of educational forums, panels, and studies of scriptural engagement that would best meet the unique needs of the faith community. The goal was to have everyone feel seen, heard, and cared for. The committee created education opportunities, newsletter articles, and provided resources.

An important step was the crafting of a welcome statement to be displayed prominently in church materials, affirming that the congregation would be open to calling a BIPOC and/or LGBTQIA+ leader, committing to using the sanctuary for LGBTQIA+ weddings and blessings, and making a meaningful contribution annually to the RIC program. "I always dreamed of getting married in a church," Lampi said, "and for years that was not possible. Now it is for me and so many others."

cont. p12

NORTH COAST



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The process culminated in a vote the last Sunday in January that passed unanimously. Jim Randall said, "For us, the process was very organic. It was clearly applied, step by step, as we educated and identified allies, and assessed the congregation through questionnaires." Randall spoke of attending church as a younger man, when the message he perceived was: "you can attend, but don't act gay," an attitude which he says essentially puts people back in the closet. "We have conservative, hardworking roots in Astoria," Randall added, "but we also can recognize that our town has become far more inclusive and accepting. No more attendance in silence."

The historical conflict between LGBTQ individuals and Christian church congregations is deeply rooted in differing interpretations of scripture, societal norms, and religious doctrine. For decades, many churches have held conservative views on sexuality, condemning LGBTQ identities as incompatible with their faith. This has led to discrimination, exclusion, and violence against LGBTQ people within religious communities. However, each year there are more progressive Christian denominations and congregations advocating for LGBTQ rights and inclusion, challenging traditional interpretations of scripture and promoting love and acceptance for all. Despite ongoing tensions, there are signs of progress as more churches embrace LGBTQ individuals and affirm their place within the faith community.

In 2009, the U.S. Lutheran church voted to affirm same sex unions and consequently lost a number of congregations. In the Astoria Lutheran community, Peace First hired an openly gay intern in 2015 and lost several congregants as a result.

Reverend Stephan M. Kienberger, the congregation's current pastor, has served congregations in Berlin, Oslo, Norway, St. Thomas, Virgin Islands, and San Francisco, CA. He is a graduate of Pacific Lutheran University in Tacoma and Pacific Lutheran Theological Seminary in Berkeley, CA. Pastor Steve has been serving Peace First Lutheran as pastor since October 2017. "This move officially says that the church is welcoming of the entire community and will support its LGBTQI+ members and visitors. 'Reconciling' indicates an ongoing process," Pastor Steve adds. "It means that we're

all working together on building an inclusive church, and we're not finished yet. But we're committed to working on it."

The special service on June 9th at 8 & 11 am will feature a liturgy Pastor Steve is writing for the occasion. Dinah Urell, Deac Guidi, and Walter Trumble are LGBTQ musicians who will be featured with musical numbers during the service.

An anonymous letter will also be read, written by an older congregant who was raised in the Southern Baptist church and experienced the pain of being rejected by his congregation when he came out. He rejoices at this new endorsement.

The readers, communion servers, ushers will all be wearing rainbow scarves, and the sanctuary will be decorated.



Youth will serve rainbow cake.

Professional opera singer Deac Guidi said: "I am singing a sweet church hymn from the Lutheran hymnal. I'm really happy to participate in this because I think any pride celebration needs to be more than a party (though that's fun too!)—a true Pride celebration has to make an effort to represent all members of the community and acknowledge that there isn't only one way to be LGBTQ."

Dinah Urell, another prolific performer who is also singing, has family roots that go back to the beginnings of Zion (Peace First) Lutheran Church, and the many Finnish Astorian members of its congregation. "If my mother were alive today, she would rejoice in an inclusive church. I'm honored to share in song performance with my longtime friends Walter Trumble and Deac Guidi, with whom I've shared many stages in the community, including Queer representation. As this country and our trans citizens and youth experience ongoing discriminative legislation, it is good to see faith organizations open their hearts and doors to truly serve our humanity."

Constance Waisanen, head of the worship committee, worked with congrega-

tional president, Judith Lampi, to design fitting decorations for the service. There will be rainbows both inside and outside the church in the form of bunting banners, pride regalia and flags, and a special rainbow stole for pastor. The decorations on the outside of the church connect with Pride celebrations in the broader community, inviting all to attend and participate. "We wanted to make it clear to people that we honor their orientation and welcome everyone because there are congregations that do not," said Waisanen. "We're creating a visible outward expression of our belief that all people are equal before God. Decorations can help make the sanctuary feel like it's a space that belongs to all of us. My brother stayed closeted his entire life, and I wonder how much longer he would have lived had he had the opportunity to live with authenticity."

The 2024 Pride Festival in Astoria will be the city's 9th. Celebrated with a multitude of events spread across June 6th-9th, look to www.lcqcpride.org, the site of The Lower Columbia Q Center and astoriaorepride.org.

Pride is historically celebrated in June, to commemorate the anniversary of the 1969 Stone-

wall Riots, a series of demonstrations to protest the state-sponsored persecution of sexual minorities in New York City. Pride serves as a platform for LGBTQ+ individuals and allies to come together, raise awareness, and advocate for equal rights and acceptance. Through parades, events, performances, and educational initiatives, Pride festivals foster a sense of community, empowerment, and solidarity among LGBTQ+ people, while also promoting visibility and acceptance in broader society.

Astoria Pride bursts with vibrant energy and inclusive spirit as the community comes together to celebrate diversity and equality against the stunning backdrop of the Pacific Northwest. It's a joyous affirmation of love, resilience, and the ongoing fight for LGBTQ+ rights in our small coastal town.

The Astoria Pride festival website features this apt Chinese proverb: "The best time to plant a tree was 20 years ago. The second-best time is now."

Reconciling Celebration: Peace First Lutheran Church, 725 33rd St, Astoria Oregon. Sunday June 9, 2024 8:30 am & 11 am, <https://peacefirstlutheran.com>

hf

SCANDIFEST STAGE



ARRIVAL, Canada's Tribute to ABBA

HERITAGE, tradition, family, food, and fun are the big draws to Astoria's Scandinavian Midsummer Festival, but there will also be seventeen groups entertaining festival visitors at the three-day event. The Midsummer Festival will be held June 21 -23, at the Clatsop County Fairgrounds, four miles east of Astoria, and feature entertainers from Scandinavia, Canada, the Pacific Northwest, and the local area.

Returning to the Midsummer Festival after last appearing in 2019 is the **Blum Haugaard Band from Denmark**. Operatically trained Helene Blum is Denmark's number one folk diva with a repertoire combining original songs, folk, pop, and chanson. Fiddler, composer, and conductor Harald Haugaard leads international fiddle schools in Germany and Wisconsin and performs over one hundred concerts annually with his wife Helene. Blum and Haugaard are tireless ambassadors for Danish music and culture and will arrive in Astoria backed by a three-piece band. They present timeless music from the new Danish music folk scene.



Kehler Williams

New to the Midsummer Festival is the **Kehler Williams Duo from Canada** performing Scandinavian music, mostly Swedish, on fiddle, nyckelharpa, accordion, wooden flute, and piano. A few tunes from Quebec, Scotland, and Ireland might slip into the mix as well. The Blum Haugaard Band and the Kehler Williams Duo will perform all three days of the festival.

Returning for their fourth appearance at the Midsummer Festival on Saturday evening is **ARRIVAL, Canada's Tribute to ABBA**, with **GASLIGHTER Songs of the (Dixie) Chicks** opening the concert. These seven talented musicians know how to entertain and Astoria audiences appreciate them. Mama Mia! Dancing Queen! SOS! Money, money! There will be dancing in the aisles at this event.



GASLIGHTER Songs of the (Dixie) Chicks

GASLIGHTER and ARRIVAL will perform at 7:30 on Saturday, June 22. Doors open at 7 PM. A separate ticket is required for this performance. Advance tickets are on sale at Event Brite. This event takes place indoors in the arena. Reserved seats are in chairs

on the main floor and bleacher seats are general admission.

A ticket to the ARRIVAL/GASLIGHTER concert includes FREE admission to the festival after 5 PM. The arena with the vendors closes at 6:30 PM and reopens at 7 PM for seating. The beer garden will be open with beverages and snacks and the Scandinavian Café of Vancouver, Washington, will cater a Scandinavian Buffet in the Exhibit Hall from 4 – 7 PM.



Blum Haugaard Band from Denmark

The Brownsmead Flats return to the Midsummer Festival by popular demand and will perform a set of crabgrass tunes right before the Friday night queen coronation ceremony. Three dance groups - **Nordic Viking Scandia Dancers of Astoria**, **Leikarringen from Portland**, and the **VASA Swedish Youth Dancers** – perform traditional dances in authentic folk wear. **Icelandic horses** will be in the horse arena all three days, and the **Empire of Chivalry and Steel** will have an authentic Viking encampment on Saturday and Sunday. Actors from **Shanghai in Astoria** will perform in the Beer Garden on Saturday afternoon and the **Beer Babes accordion group** and **Ray Rahaila and Randy Weese** will entertain in the early evening.

2024 Festival Grand Marshal Coreen Bergholm will lead three accordion bands during the Midsummer Festival. **Scandinavian Country** will perform Friday evening for the Queen's Ball. The fifteen-member **Astoria Nordic Accordion Band** will entertain during the dinner hour on Saturday and the **Squeezer and Friends** will play tunes during Sunday brunch. **The Polka Dots accordion band** and local **accordionist Ryan Phillips** will entertain all three days of the festival too.

The festival website lists all entertainers and events for the festival including raising of the Midsummer Pole, the Beer Garden, the Troll Run, and the Barnefest for kids. For more information, visit, www.AstoriaScanFest.org.



Coreen and The Local Yocals, circa 1970's

The 2024 Festival Grand Marshall Coreen Bergholm has attended 55 of the 57 Astoria Scandinavian Midsummer Festivals since its inception and performed on accordion at every festival since 1978. Festival president Carla Oja says, "That's quite a record! We're honoring Coreen for her love, dedication, and participation."



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Finnish Pop/Folk Singers Eepi Ursin and Ida Metsburg

THE FINNISH AMERICAN FOLK FESTIVAL (FAFF) is sponsoring TWO Finlandia Foundation Performers of the year!!! Eepi Ursin, (2022) and Ida Metsberg (2023) to perform at the Naselle Community Center.

Finland is known for being one of the happiest places in the world and a place of clean, pure, natural beauty. It's no surprise that Ida Metsberg, native to the land, brings deep, meaningful, vibrant, and nourishing energy through her songs. Now calling New York her home, the singer/songwriter has been bringing her light and unique perspective to the city streets and leaving people with a memorable, and lasting impression.

With nods to artists like Sarah Bareilles and Anna Nalick, Ida blends Pop and Folk with intelligent, thoughtful structure and lyrics. Even songs that are more solemn and serious in tone leave you feeling hopeful and introspective. Her craft is her therapy and expression of her deepest self. Ida writes for

her own healing and at times to speak her piece to people that have hurt her. This style of genuine rawness and passion resonates with anyone who has loved, lost, and can still celebrate life and look inside, honestly.

Ida is notable for playing shows across New York City and her performances are enlivened by her theater background. She can be found on all streaming platforms She is currently working on a new album, with music set to be released later this year.

Eepi Ursin is a New York based platinum-selling, award-winning singer, songwriter and pianist, also originally from Finland. She is known for her angelic voice and vocal skill showcasing top-class performances. Her stage presence combines warmth, style and humor. Her recordings and performances range from pop, jazz, dance and a cappella music. In January, 2023, Eepi released her 5th solo album entitled; "My Finnish Soul". In 2022, Eepi released an album

called "Speechless", which contains a combination of pop, soul and folk traditions. Eepi has appeared on over 40 recordings of which 5 are platinum or gold-selling albums. Currently she is working on a Finnish-American Christmas album, which will be released in November 2024. Eepi has captivated her audiences around the world performing as a vocal soloist at various venues with acclaimed artists such as trumpeter Leroy Jones and the Spirit of New Orleans, among others. You may have caught her show at the Charlene Larsen Center in Astoria last year. Performing on the grand piano, Ursin is an impeccable pianist accompanying herself, on originals and her own versions of memorable Finnish songs.

Saturday, June 22, 6:30 to 8pm. Tickets \$20 can be purchased at the door. Refreshments will be served afterwards! Naselle Community Center, 14 Parpala Road, Naselle, Wa.

Wednesday 5

MUSIC

The Oyster Crackers. \$20, 4pm at the Peninsula Arts Center in Long Beach.

Gabe Hess. R&B/Country. 5 – 7pm at the Shelburne Pub in Seaview.

LECTURE & LITERARY

Know Your Watershed. With Graham Klagg and Kelli Daffron. 5pm at the Astoria Co-op.

Thursday 6

MUSIC

Howard Buckbee. Solo/Guitarist. 7:30 – 9:30pm at Pickled Fish in Long Beach.

LECTURE & LITERARY

Ales & Ideas. Student Showcase and Awards. Featuring CCC students showcasing projects from their areas of study. 7 – 8pm at the Fort George Lovell Showroom in Astoria.

Bayocean: Atlantis of Oregon. With Jerry Sutherland. Free, 4pm at the Cannon Beach History Center and Museum.

Friday 7

ART

Shinrin-Yoku Art Hike. Noon – 2pm. Along the Column Trail in Astoria. Start at the CCC lower parking lot trail entrance.

LECTURE & LITERARY

Jimin Han at Beach Books. Free, 6:30pm at Beach Books in Seaside.

THEATER & PERFORMANCE

Exit, Pursued by a Bear. Comedy. \$5 - \$25, contact the box office for \$5 Arts for All tickets, 503-298-5255. 7:30 – 9pm at the Ten Fifteen Theater in Astoria.

The Play That Goes Wrong. Comedy. \$20 - \$25, 7pm at the NCRD Auditorium in Nehalem.

Wizard of Oz. Ballet. \$15, 7pm in the Don Whitney Auditorium at Tillamook High School.

HAPPENING

Lower Columbia Q Center Pride. Lower Columbia Pride Gala. \$30 - \$65, 18+. Reception 6:30 – 7:30pm, Gala at 8pm at The Liberty Theater in Astoria.

Astoria Pride Pub Crawl. Meet up at Fulio's in Astoria at 5pm. Transport will be provided to other venues.

Saturday 8

MUSIC

Music in the Park. Peninsula Guitar Trio. Free, 1pm at Veterans Field in Long Beach.

Carl Tosten. \$25, 4pm at the Peninsula Arts Center in Long Beach.

Chief Ahamefule J Oluo. Free, 8pm at the Sou'wester Lodge in Seaview.

North Oregon Coast Symphony. Poetic Palette. \$10, cash or check only. 3pm at St Catherine Episcopal Church in Nehalem.

ART

2nd Saturday Artwalk. Noon – 8pm in downtown Astoria.

THEATER & PERFORMANCE

Exit, Pursued by a Bear. Comedy. \$5 - \$25, contact the box office for \$5 Arts for All tickets, 503-298-5255. 7:30 – 9pm at the Ten Fifteen Theater in Astoria.

Encore Dance Studio's Spring Recital. 2pm at the Seaside Convention Center.

The Play That Goes Wrong. Comedy. \$20 - \$25, 7pm at the NCRD Auditorium in Nehalem.

Wizard of Oz. Ballet. \$15, 2pm in the Don Whitney Auditorium at Tillamook High School.

HAPPENING

Astoria Pride Parade Begins at 11am at 3rd St and the Riverwalk, ending at the Barbey Maritime Center in Astoria.

LCQC Pride Family Block Party and Vendor Market. 11am – 5pm at the Astoria Armory.

Astoria Pride. Pride in the Park. Family activities, music, & games. From the end of the Pride Parade until 4pm, at the Riverwalk near the Barbey Maritime Center in Astoria.

Astoria Pride Gayla. Local Legends, Imperial Courts and Special Performances. Cocktails with the Queens Reception at 6:30pm, \$25. General admission \$10, 8:30pm. At the Larsen Center in Astoria.

Furry Fun Run 5K. \$22.20, 8am – 2pm starting at the Riverfront Park in Raymond, next to the Northwest Carriage Museum. Register at runsignup.com

Ride the Dirt Wave. Mountain biking event. \$32, 9am – 3pm at Klootch Creek Trails near Seaside. A free Access Permit is required, get it at nncpermits.com. FMI and to register, go to thedirt-wave.com.

A NEW ALBUM from Weezy Ford "In the Movement" was released this spring. Sallie Ford's younger sister, the two worked a country side project called the Barbaras and recorded Oh My God Barbara in 2020. Weezy recorded this latest with partner Mark Robertson (multi-instrumentalist, engineer) in their home-studio in Corbett, Or. Known for incorporating slide guitar, vintage feels, garage-rock fuzz and tap dancing on a box she would tote along. Listening to tracks from this latest, all of the above applies (except the tapping), and a continued originality and dreamy magic charm.

Sunday, June 9, 6-8pm at Fort George in Astoria. No Cover.



Weezy Ford

Film Screening of a Classic 1940s Film Noir. Free, 1pm at the Seaside Library.

Oyster Feed. \$22, 5 – 8pm at the Cannon Beach American Legion.

Sunday 9

MUSIC

North Oregon Coast Symphony. Poetic Palette. \$10, 3pm at the Larsen Center in Astoria.

Weezy Ford. No cover, 6pm at Fort George in Astoria.

North Coast Chorale. Macabre. Featuring songs from creepy Broadway shows. \$15, 4pm at Little Island Creamery on Puget Island. Get tickets at eventbrite.com

Red, White & Blue Concert. Free, 2pm at the Raymond Theater in Raymond.

Raeann Phillips. Country. 7:30 – 9:30pm at Pickled Fish in Long Beach.

THEATER & PERFORMANCE

The Play That Goes Wrong. Comedy. \$20 - \$25, 2pm at the NCRD Auditorium in Nehalem.

HAPPENING

Astoria Pride Brunch & Sip. Performances, Raffle, Contest, Cocktail Specials. \$25 Ticket includes breakfast burrito buffet. Starting at noon at the Merry Time in Astoria. tickets at astoriaprideorgeon.org

Queer Maritime History & Tie Dye. With Benedetto DeFransisco. Free. All Ages. 2pm at the Fort George Lovell Showroom in Astoria.

Ride the Dirt Wave. Mountain biking event. \$60, 7am – 2:30pm at Klootch Creek Trails near Seaside. A free Access Permit is required, get it at nncpermits.com. FMI and to register, go to thedirt-wave.com.

Monday 10

MUSIC

Raeann Phillips. Country. 7:30 – 9:30pm at Pickled Fish in Long Beach.

Monday Musical Club of Tillamook Celebrates Classical Music. Free, 7pm at the Tillamook Adventist Church.

Tuesday 11

MUSIC

Raeann Phillips. Country. 7:30 – 9:30pm at Pickled Fish in Long Beach.

Wednesday 12

MUSIC

David Jacobs Strain with Bob Beach. \$25, 4pm at the Peninsula Arts Center in Long Beach.

Thursday 13

MUSIC

Barney Perrine. Blues/Classic Rock. 7:30 – 9:30pm at Pickled Fish in Long Beach.

Buskers in the Park. Floating Glass Balls. Free, 5 – 6:30pm at the City Park Band Stand in Cannon Beach.

THEATER & PERFORMANCE

Exit, Pursued by a Bear. Comedy. \$5 - \$25, contact the box office for \$5 Arts for All tickets, 503-298-5255. 7:30 – 9pm at the Ten Fifteen Theater in Astoria.

Friday 14

THEATER & PERFORMANCE

Exit, Pursued by a Bear. Comedy. \$5 - \$25, contact the box office for \$5 Arts for All tickets, 503-298-5255. 7:30 – 9pm at the Ten Fifteen Theater in Astoria.

The Play That Goes Wrong. Comedy. \$20 - \$25, 7pm at the NCRD Auditorium in Nehalem.

Four Old Broads on the High Seas. Comedy. \$15, 7pm at the Barn Community Playhouse in Tillamook.

HAPPENING

Benefit Film Screening for Gaza. Mayor. \$10 and up suggested donation, 7:30pm at the Anita Building in Astoria.

Cannon Beach Sandcastle Contest. On the beach in Cannon Beach. FMI cannonbeach.org

Saturday 15

MUSIC

Music in the Park. Barney 9 Fingers. Free, 1pm at Veterans Field in Long Beach.

Nick Delffs. Free, 8pm at the Sou'wester Lodge in Seaview.

THEATER & PERFORMANCE
Exit, Pursued by a Bear. Comedy. \$5 - \$25, contact the box office for \$5 Arts for All tickets, 503-298-5255. 7:30 - 9pm at the Ten Fifteen Theater in Astoria.

The Play That Goes Wrong. Comedy. \$20 - \$25, 7pm at the NCRD Auditorium in Nehalem.

Four Old Broads on the High Seas. Comedy. \$15, 7pm at the Barn Community Playhouse in Tillamook.

HAPPENING

Muscle & Chrome Car Show. Show & Shine on Broadway Street. Live music from noon - 4pm. Cruise at 4:30pm, awards ceremony at 6pm. In downtown Seaside.

Soccer in the Sand. 5v5 beach soccer. On the beach at Seaside. FMI, visit soccerinthesand.com

Cannon Beach Sandcastle Contest. On the beach in Cannon Beach. FMI cannonbeach.org

Sunday 16

MUSIC

Lake Laconic. No cover, 6pm at Fort George in Astoria.

Kris Stuart. Folk/Blues/Country. 7:30 - 9:30pm at Pickled Fish in Long Beach.

Ryan Stevenson. Free, 7pm at the Tillamook Seventh-Day Adventist Church.

THEATER & PERFORMANCE

The Play That Goes Wrong. Comedy. \$20 - \$25, 7pm at the NCRD Auditorium in Nehalem.

Four Old Broads on the High Seas. Comedy. \$15, 2pm at the Barn Community Playhouse in Tillamook.

HAPPENING

Pacific County Pride Paddle. \$25 Bring your own kayak. \$50 includes kayak rental fee. 9am - 12pm. Meet up at Alder + Co/Wild Pines Coffee Co, 312 Alder St in Raymond WA.

Muscle & Chrome Car Show. In downtown Seaside.

DON'T STOP BELIEVIN'. In this era, its tribute bands that help us fulfill that mantra - 'specially for us baby boomers. Stone in Love, Journey tribute band will deliver the rock goods for yer soul. "Don't Stop Believin'" (1981), in 2009 became the top-selling track in iTunes history among songs not released in the 21st century. The band couldn't go wrong when Steve Perry joined as lead vocalist in 1978. Journey has sold 52 million albums in the US, making them the 11th-best selling band. Their worldwide sales have reached over 100 million records globally, making them one of the world's best-selling bands of all time.

Saturday, June 22, 7pm. \$24 Advance, \$29 Day of Show. Gen Seating. Doors open at 6:00pm. Arrive early and grab concessions from the Lower Liberty Lobby to enjoy during the show! astoria.showare.com



Soccer in the Sand. 5v5 beach soccer. On the beach at Seaside. FMI, visit soccerinthesand.com

Cannon Beach Sandcastle Contest. On the beach in Cannon Beach. FMI cannonbeach.org



Artful Breakfast. All you can eat eggs, pancakes, and more. \$5, 8am - noon at the Bay City Arts Center.

Monday 17

MUSIC

Kris Stuart. Folk/Blues/Country. 7:30 - 9:30pm at Pickled Fish in Long Beach.

Tuesday 18

MUSIC

Kris Stuart. Folk/Blues/Country. 7:30 - 9:30pm at Pickled Fish in Long Beach.

HAPPENING

Gravity Catastrophe! Family science show with Alex "The Zanic" Zerbe. Free, 1pm at the Seaside Library.

Taste of the Food Web. An evening of local food & friendly competition. \$30, 4 - 6pm in the Loft at the Red Building. Get tickets at simpletix.com

Wednesday 19

MUSIC

Michael Caruso. 7:30 - 9:30pm at Pickled Fish in Long Beach.

HAPPENING

Pacific County Pride. Pride Bingo. 6pm at the Willapa Brewing Co in South Bend. Reservations required at willapabrewingco.com

Thursday 20

MUSIC

Michael Caruso. 7:30 - 9:30pm at Pickled Fish in Long Beach.

Buskers in the Park. Adams & Costello. Free, 5 - 6:30pm at the City Park Band Stand in Cannon Beach.

LECTURE & LITERARY.

Pride Month Wine Talk & Tasting. With Vivianne Kennedy, owner & operator of RAM Cellars in Portland. 5 - 6pm at the Astoria Co-op.

Friday 21

MUSIC

Make Music Day. Play or watch at several free events from 2 - 8pm at several locations. around Clatsop County. Find event list online at makemusicday.org/clatsopcounty

THEATER & PERFORMANCE

Four Old Broads on the High Seas. Comedy. \$15, 7pm at the Barn Community Playhouse in Tillamook.

HAPPENING

Astoria Scandinavian Midsummer Festival. \$10 admission covers all 3 days of the festival. 2pm - 11pm at the Clatsop County Fairgrounds, Astoria. astoriascanfest.com

Labyrinth Walk. Music by Jennifer Goodenberger. Donations accepted. 6 - 8pm at Grace Episcopal Church in Astoria.

Saturday 22

MUSIC

Tom Letson and The Letdown. Vintage roots duo of guitar and percussion, drawing on influence from the prewar Piedmont & Hill-Country Blues. 7:30pm. Tickets: \$20. Online at kalaastoria.com

Stone in Love. Journey Tribute. \$29, 7pm at the Liberty Theater in Astoria.

Music in the Park. Rockfish. Free, 1pm at Veterans Field in Long Beach.

The Ellen Whyte Trio. \$25, 4pm at the Peninsula Arts Center in Long Beach.

Eepi Ursin and Ida Metsberg. Singer/Songwriters will present original music and unique arrangements of old-time Finnish and American songs. \$20, 6:30 - 8pm at the Naselle Community Center.

LECTURE & LITERARY

Poetry Reading and Broadside launch. With Poet Kathleen Flenniken. 4 - 5:30pm at the Clatskanie Cultural Center in Clatskanie.

Deciduous Heroes: Diverse Forests are Healthy Forests. Transnational speaking tour to discuss the ramifications of pesticide applications on our forestlands. 2 - 3:30pm at St Mary By the Sea Parish Hall in Rockaway Beach.

THEATER & PERFORMANCE

Four Old Broads on the High Seas. Comedy. \$15, 7pm at the Barn Community Playhouse in Tillamook.

HAPPENING

Astoria Scandinavian Midsummer Festival. \$10 admission covers all 3 days of the festival. 2pm - 11pm at the Clatsop County Fairgrounds, Astoria. astoriascanfest.com

calendar cont. p19

AN AFTER-NOON of meditative experimental synth/tape/electronic sounds

from Portland-based Pulse Emitter (Daryl Groetsch), and Million Mists (Jamie Potter.) Pulse Emitter focuses on melodic synthesizer music that is calming and transportive. Since 2004, he has released albums on acclaimed labels and toured Europe and N. America. Music critic David Keenan has said, "No one is making synth music that feels so organic, so rapturous and so 'in tune' with the contours of outer and inner space as Groetsch."

Sunday, June 23 at 3pm. \$10. At Anita, 1312 Commercial in Astoria.



ASTORIA CONSERVATORY

Summer Dance Camp

Baby Swans
July 1-5, 10:00-11:30am
Ages 4-6
\$80

White Swans
July 1-5 12:00-1:30pm
Ages 7-9
\$90

Allegro & Pirouettes
July 15-19
10:00 - 11:30am
Ages 10+
adults welcome
\$95

Experiments with Contemporary Choreography & Dance Activism

July 15-19 12:00-1:00pm
Ages 8+ adults welcome
\$75 NOTE: \$50 if purchased with another class



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4TH OF JULY

BOOK SALE

A Fundraiser for the Cannon Beach Library

July 04-07 2024

Thursday, Friday, Saturday: 10 am to 5 pm
Sunday: \$8 Bag Sale, 10 am to 3 pm (bags provided)

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THEATRE/PERFORMANCE

Exit, Pursued by a Bear

Black, Revenge Comedy Will Heat Up The Ten Fifteen



DESCRIBED as “Dixie Chicks’ “Goodbye Earl” meets 9-5”, Exit, Pursued by a Bear is a spirited comedy of friendship, domestic abuse, and performance-as-catharsis. Director Jolene Magee leads the four person cast through a raucous extended one-act that will make the audience laugh, cry, and cheer. Stage Managed by Shey Lionheart; Julianne Bodner, Slab Slabinski, Jennifer Mikel, and Mick Alderman round out the production team.

About the Show: Nan has decided to teach her abusive husband Kyle a lesson. With the help of her friend Simon (acting as her emotional -- and actual -- cheerleader) and a stripper named Sweetheart, she tapes Kyle to a chair and forces him to watch as they reenact scenes from their painful past. In the piece de resistance, they plan to cover the room in meat and honey so Kyle will be mauled by a bear. Through this night of emotional trials and ridiculous theatrics, Nan and Kyle are both freed from their past in this smart, dark revenge comedy.

CAST: Nan - Deborah Jensen, Simon - Dylan Disch, Kyle - Everett Fitz, Sweetheart - Shailyn Duffy.

May 31st, June 1st, 7th, 8th, 13th, 14th, and 15th at 7:30pm. June 2nd and 9th at 3:30pm. Tickets are \$25, and are available online at www.thetenfifteentheater.com.

Riverbend Players Presents a Hilarious Mishap: *The Play That Goes Wrong!*



PREPARE for a side-splitting night of chaos and calamity as Riverbend Players presents The Play That Goes Wrong. This Olivier Award-winning comedy opens on May 31st, 2024, and runs through June 16th, 2024, at the NCRD Performing Arts Center in Nehalem.

The Play That Goes Wrong follows the calamitous opening night of a fictional amateur drama society's production of a 1920s murder mystery, “The Murder at Haversham Manor.” As the title suggests, everything that can go wrong – does go wrong! From falling props and cast injuries to technical failures and memory lapses, the show is a hilarious testament to the fine art of theatrical disaster.

“The Play That Goes Wrong is a non-stop laugh riot,” says director Frank Squillo. “It’s a brilliantly written farce that pokes fun at the conventions of theater while keeping audi-

ences on the edge of their seats – wondering what outrageous mishap will happen next.”

The Riverbend Players’ production features a talented ensemble cast of local actors, including Juli Stratton, Patrick Conner, Bryonie Arnold, Dawson Carter, Wynn Rankin, Leslie Gestautas, Kate Lacaze, and Mark Bartrom. The Play That Goes Wrong is a perfect outing for anyone looking for a laugh-out-loud comedy. Don’t miss this uproarious production – it’s guaranteed to leave you in stitches! Performance Dates and Times:

Three weekends from May 31 - June 16. Friday and Saturday nights at 7pm and Sunday matinees at 2pm. Tickets at www.RiverbendPlayers.org or by calling the Riverbend Players box office at 503-298-5467.

North Coast Chorale

Repeat performance at the Little Island Creamery

From Sweeney Todd to Phantom of the Opera and more

ASTORIA’S 40+ voice North Coast Chorale will sing its first-ever concert in Wahkiakum County, Sunday, June 9th at 4:00 pm. The concert will be given at the Little Island Creamery, 448 E. Little Island Road, Puget Island (Cathlamet).

The Chorale performance will feature “Macabre” choral music from legendary Broadway musicals “Sweeney Todd: the Demon Barber of Fleet Street”, “Little Shop of Horrors” and “Phantom of the Opera”.

The Chorale has for more than 30 years performed major choral works not only in Astoria but throughout the Pacific Northwest and beyond (including Barcelona, Spain). The NCC has performed or collaborated with many area groups, including the Cascadia Chamber Opera, the North Coast Symphonic Band, the North Coast Symphony and others.

Currently directed by Dr. Vincent Jones-Centeno, the NCC is one of the best-known community chorales in the lower Columbia region. Singing with the NCC June 9th will be several Wahkiakum County residents, along with veteran NCC choristers and a few surprises (look for Audrey2 the man-eating plant from Little Shop of Horrors!)

This unique concert experience will be a first for both the Chorale and the Little Island Creamery. Admission is \$15 through Eventbrite.com or at the door.



Photo: Sean McIlroy

NCSB Celebrates The Spirit of America July 3

THE NORTH COAST SYMPHONIC BAND (NCSB) presents a program of music for Independence Day featuring patriotic and American music at 7 p.m. Wednesday, July 3, 2024 at the historic Liberty Theatre. The band is conducted by Terry Dahlgren



of Warrenton, Oregon. The concert is sponsored by a generous donation from the Astoria Clowns.

The concert will feature a parade of patriotic marches, circus marches, nostalgic callbacks, patriotic tributes, and more, according to Dahlgren.

Local singer Bereniece Jones-Centeno will be the vocal soloist. NCSB Board President Brian Bergman will be the concert’s emcee.

Doors open at 6 p.m. for the July 3 concert, and admission is free. The Liberty Theatre is

located at the corner of 12th and Commercial streets in Astoria.

The North Coast Symphonic Band is composed of local musicians of all ages who enjoy networking, learning from each other, and maintaining their skill levels in a positive and supportive environment. Rehearsals are from 7 to 9 p.m. Mondays at the Charlene Larsen Center for the Performing Arts (PAC) in Astoria. Musicians interested in joining should email Personnel Director Lee Stromquist at encore1@charter.net or call (503) 861-1328. Potential new members should read music, own their own instruments, and have advanced high school level performance skills or higher.

This concert concludes the 44th season of the NCSB FMI: on the 45th season, visit www.northcoastsymphonicband.org, e-mail cab-lebri@charter.net, or call (503) 298-1087.

art happens *openings and news in the LCPR*

Robert Gamblin /Karen Russo Pay Homage To Coastal Landscapes

THE TRANSCENDENT LANDSCAPE features paintings by Robert Gamblin and ceramic sculptures by Karen Russo, whose artworks pay homage to Oregon's coastal forests, headlands, sea, and sky. The show opens Saturday, June 8 during Astoria's Artwalk. View the art from 12:00 – 8:00 and meet the artists during the evening reception from 5:00 – 8:00; enjoy refreshments, plus musical accompaniment by John Orr. The exhibition continues through July 9, 2024.



K Russo, *Weathered Grace*

Sitka forests and sweeping coastlines that inspire his paintings. He uses color to convey his emotional response to landscape and to evoke the beauty, power, and mystery surrounding him. "Every color has its vibration, literally, which resonates emotionally in our bodies," Gamblin states. "My palette changes with each painting, adjusting the colors because of what they will say emotionally about the subject. The color carries the message from the river, trees, and sky to me and then to the viewer." The works in this show have been selected from four on-going series of paintings, each stylistically different, that examine the light on the ocean and headlands, the depths of the old forest, the



R Gamblin, *Vibration on the Bay*

individual personalities of Sitka spruce trees, and the Salmon River as it runs to the sea. While studying art at the University of Oregon and the San Francisco Art Institute, Gamblin began his lifetime passion of painting in oils and his fascination with the nature of color. Forty-five years ago, he founded Gamblin Artists Colors in his garage, now an international brand of oil painting and print-making materials. This history of color-making informs his artwork.

Russo resides near Eugene, close to the foothills of the coast range. Her ceramic sculptures are entrancing, emotive figures that symbolize the feminine spirit in nature, each a personification of the landscape they emerged from. This series focuses on weathered and wizened elder figures no longer limited to their physical bodies. Each ascends and becomes one with her extraordinary natural surroundings, becoming a powerful wave, layers of sedimentary rock, or a wildflower bloom.

An important aspect of Russo's creative process is time spent outdoors observing texture, pattern, and color found in nature. Over many years, she has developed a unique method of layering materials, textures, and color that lends her work a rich, organic quality. Through shaping and carving the clay, she wraps her figures in textured whorls of water, foliage, mountains, and clouds, adding color with painted underglazes, casein and acrylic.

RiverSea Gallery is open daily at 1160 Commercial Street in the heart of historic Astoria. 503-325-1270, or visit the website at riverseagallery.com.

LightBox Members Show

LIGHTBOX Photographic Gallery opens the 2024 Members Exhibit from 4-7pm on Saturday, June 8th. Celebrating their 15th anniversary on this night with this yearly group exhibit sharing the work of the supporters of the gallery with prints of all types of subject matter and mediums. LightBox always features the work of The Guild at LightBox consisting of Jim Fitzgerald, Jody Miller, Julie Moore, Marc McVey, Rachel Wolf, Sam Blair, Michael Puff and Loren Nelson.

The exhibit runs through July 10, 2024. Complete show info is on the LightBox website. Contact LightBox at 503-468-0238. LightBox is located at 1045 Marine Drive in Astoria, hours Wednesday – Saturday, 12 - 5:00pm.



Jim Fitzgerald, *Searching for light*

THE TOY CAMERA

Photographic Prints by Donna Lee Rollins

WITH THE advancement of photographic tech, few artists have held tight to the traditional methods of dark room photography. Astorian Donna Lee Rollins' is one such artist, whose commitment to traditional photography using authentic equipment and light-sensitive materials represents a purist's loyalty to the craft. For her current exhibit at Astoria Visual Arts, Rollins delves further into the medium by using a vintage plastic toy camera to create the work featured in "The TOY Camera", an exhibit at Astoria Visual Arts, June 8 through July 7.

Previously given away as a carnival prize in the 1960s and '70s, Rollins uses the *Diana* and *Holga* cameras, which were designed with a single aperture, one exposure speed, and a simple plastic lens. The all-plastic body uses a spring shutter, needs no batteries, and is virtually weatherproof. Both cameras take medium format acetate film stock which Rollins uses to produce black and white negatives needed for her archival silver halide photographic prints. Once the black and white print is complete, she hand colors each piece with photo oils directly on the print surface making a one-of-a-kind original. Her current featured body of work represents years of photographic work, capturing the nostalgic allure of popular Pacific Northwest icons and of her travels.



DL Rollins, *Bayview*

What gives this body of work a signature flare is the method of using the toy cameras to attain certain 'exposure artifacts' seen as trademark image distortions—edge vignettes, soft focus, lens flares, light streaks and film fogging. "Because the results are always unpredictable, the shooting experience can be an opportunity for playful experimentation," explains Rollins. These cameras give new meaning to the act of making fortunate and unexpected discoveries.



DL Rollins, *RIVERSpan*

After a teaching career at two universities in Maine, Rollins relocated her art studio and custom darkroom from Portland, Maine to Oregon. Her exhibition record includes museums and galleries throughout Maine and New England, including the Farnsworth Museum and Caldbeck Gallery in Rockland, and the Art Gallery of the University of New England, which both have her work in their permanent collections. She has had solo exhibits at RiverSea Gallery in Astoria, as well as Caldbeck Gallery and Radiant Light Gallery in Portland, Maine, and her work is included in corporate collections of TD BankNorth, LLBean, and Allison Inn and Resort. She has also shown her work at regionally at Art Elements Gallery in Newberg, Cannon Beach Gallery, Light Box Photographic Gallery and RiverSea Gallery. She is currently represented by RiverSea Gallery.

Visit her website at www.donnaleerollins.com for more details and to watch videos about her process. .

Shelf Life Given New Meaning Made in Astoria

NEW AND REVISITED work by Bill Atwood and Annie Eskelin in "Shelf Life" at Made in Astoria explores elevating objects to give significance beyond their ordinary function or appearance. The symbolism inherent in each object or interaction of objects explores memory, history, or individual narratives. "Shelf Life" opens June 8 and runs through July 10.

This is the first time the married couple has shown their work together at Made in Astoria since opening the gallery one year ago. This show has special significance for the pair, as they will be celebrating 25 years together in June.

The joint show "Night-Shapes" featuring new weavings, ink-drawings and prints by Shelby Meyers and Liz Harris is so thoughtful and collaboratively wonderful, it begged to be up for another month. The show will continue through July 10. Meyers, a rather new presence in Astoria's art scene, slowly creates frame-loom weavings, sprinkled with found fishing line and foraged fiber. Harris, a professional artist and musician that has been showing her work for decades, focuses on black-and-white pattern making in drawings and prints, emphasizing illusion and paradox.

See "Shelf Life" and "Night-Shapes" at Made in Astoria at 1269 Commercial Street, June 8 through July 10. MiA is open Wednesday through Monday from 12:00 to 5:00pm and by appointment. Connect with MiA on social media and visit the website at made-in-astoria.com.



Annie Eskelin, *Two Shelf Chasm*

The Runquist Brothers

Northwest Washington/New York/ Neahkahnie at The Hoffman Center

ARTHUR (1891 -1971) and Albert (1894 -1971) Runquist were children of Scandinavian immigrant parents who settled in Aberdeen, Washington at the end of the 19th century to farm and log. Their love for art, the natural environment, strong work ethic, and belief in social equality has gifted later generations with a powerful, thought-provoking body of drawings and paintings on view at the Hoffman Center for the Arts (HCA) in Manzanita from May 30th through June 29th.

This historical show highlights the work of the preeminent Runquist Brothers, curated by retired Portland Art Museum curator Bonnie Laing-Malcolmson. The exhibit provides a rare opportunity to view an astonishing, historic art collection. A few paintings and a number of drawings are available for sale.

Most of the brother's art currently resides in private collections, the selec-



Unsigned, (Albert Runquist?) Neahkahnie Head, ca. 1955 Oil on Canvas, J. Onstott Collection

shipyards, Wentz loaned them his Neahkahnie beach cottage for 18 years, from 1946 to 1963, providing a rustically ideal environment to pursue their painting.

Always chronicling their immediate surroundings, the charcoal, pencil, and ink drawings, watercolors and oil paintings in the exhibit capture industrial forces championed by WPA artists, while clearly illustrating the plight of the worker. Deeply involved in workers' rights and advocating unionization, Arthur was severely beaten by a group of thugs, resulting in a long-term hospitalization. Viewed by many as socialist/communist sympathizers, they were ostracized from Portland's art scene.

Moving to Neahkahnie provided a refuge where the beautiful, but often harsh, coastal environment served as a metaphorical equivalent to the workers' struggles. The Neahkahnie area paintings depict subtly colored, often expressionistic views of the landscape and people.

Wind contorted trees, logged and burnt forests, and figures eking a living from the land and sea become prime subjects. Their painting styles become more individually distinguishable and a fluid masterful use of the paint invigorates their canvas. The exhibit provides a rare opportunity to view an astonishing, historic art collection.

View the show May 30 through June 9. Thurs – Sun 12pm – 5pm. 595 Laneda in Manzanita. Two lectures by Bonnie Laing-Malcolmson are presented; June 2, 1pm – 3pm, Social Activism and Burnt Stumps: Two Brothers' Living Art. June 9, 1pm – 3pm, Social Realism and Government Funding: Works Projects Administration (WPA) Art in and beyond Oregon. Cost for lectures \$15. Register at Hoffman arts.org.



Arthur Runquist Slag Heap, ca 1941 Oil on Linen Craig and Trisha Kauffman Collection

tion borrowed from a group of generous Runquist collectors. This mini-retrospective exhibit begins with early works done in the 1920s while studying at the Art Student's League in New York City, moving through a significant, often controversial Depression Era body of work, (the brothers found employment as mural and easel painters with the Works Projects Administration (WPA) and in the Oregon shipyards,) to images that capture the wild beauty of the North Oregon coast. Their art, spanning five decades, defines a transitional period of United States history.

During the 1920s, the Runquists studied art at the University of Oregon, the Art Students League in New York, and the Portland Museum Art School. There they studied with the head of the painting department, Henry Fredrick Wentz (Harry). Following their student years, time as WPA artists, and work in the

**Michelle Muldrow Journey to the Setting Sun
Elise Wagner Wonder Lands**

FOR THE MONTH of June IMOGEN host two solo exhibitions by two highly respected Northwest artists. In the south gallery, the second solo exhibition for Portland based artist Michelle Muldrow, bringing her newest series Journey to the Setting Sun. Her paintings are a conceptual exploration of the American landscape and identity. In the front gallery, a new series of abstract encaustic paintings by Elise Wagner, Wonder Lands. Beginning this series during the pandemic, it reflects dramatic life changes for her personally, including a move to Astoria where her love and appreciation of the natural world merged into her exquisite art making practice.

Michelle Muldrow who is well versed in the arts, is a nationally recognized painter and singer/songwriter. Her new collection of paintings explores the relation-



M Muldrow, Smoke and Source Fire at Bull Run

ships between landscape, consumerism, historical aesthetic philosophy and personal narrative. Working in casein on panel with a muted palette, she applies philosophical ideas to American landscape painting, using historical precedents while considering the contemporary experience to reach an understanding of America. Her chosen medium casein is itself historical in nature being one of the original forms of paint, dating back to prehistoric times and utilized in early cave paintings. The medium, soft in tonality with a matte finish lends itself perfectly to her painting style, evoking a dreamlike imprint of memory.

Muldrow has exhibited her work extensively throughout the country, from New York to Los Angeles with many stops in between. She is a 2021 recipient of a Provincetown Art Museum/Lillian Orlowsky and William Freed Grant and has her work included to many private and corporate collections, including the

Microsoft Corporate Art Collection, the Cleveland Clinic Art Collection, Gerard Louis-Dreyfus Art Collection, and many others.

Elise Wagner, known internationally for her innovative processes and work with encaustic, brings a new series, titled Wonder Lands. This series is her own self-described "love letter" to the Pacific Northwest. Wagner merges her incredible skills and knowledge of the ancient process of encaustic painting with abstraction, this time utilizing the inescapable and dramatic landscape we are fortunate to live within, as inspiration. Her work, always rooted in science, is still an exploration of topography and geology, but now finding anchor in horizon line, the mystical place where sky meets water and then its followed connection to land.

Beginning this series in 2020, it reflects the dramatic changes for her, including her move to the small river town on the banks of the Columbia River, Astoria, Oregon. Within this body of work that has slowly been coaxed from surface over four years, Wagner brings exciting, small-scale yet evocative pieces, leaning heavily into geography. Each gem-like piece evolved at its own pace with layers of sheer color applied, taken away and etched into with patience, by the hand of the artist to reveal a sense of mysticism and reverence for the land.

Wagner is a recipient of a Pollack Krasner Foundation Award as well as receiving grants from the Oregon Arts Commission with work found in both private and corporate collections across the US, Canada, and Mexico. Currently her work can be seen in established art galleries from Astoria, to New York and Seattle to Washington DC.

Imogen Gallery is located at 240 11th Street in Astoria. Hrs: Thursday-Mon, 11 to 5pm, Sun 11-4, closed Tue/Wed. 503.468.0620 www.imogengallery.com



E Wagner, Below the Bar

Trails End Pastel Group

TRAIL'S END ART ASSOCIATION (TEAA) Gallery will open a new show in June featuring works from their intermediate and advanced Pastel Group.

The Pastel Group explores and shares new techniques with each other most weeks. Members of the Pastel Group in this show include Lynda Campbell, MaryAnn Gantenbein, Kathy Moberg, Linda Wyss, Deanne Johnson, Linda Rook, and Linda Schaefer.

Lynda Campbell pursued pastels after a career as an art educator. Participating in this group for over 16 years, she brings her painterly style to natural objects. She enjoys bold color and all genres from landscapes to still life. MaryAnn Gantenbein explores multiple media and is quick to use pastels to express beauty where she sees it. She became a committed artist upon retirement. Deanne Johnson is a specialist in pastel pet portraiture. A lover of animals, she began commissioned pet portraits about 10 years ago. Kathy Moberg was instrumental in getting the

pastel group started, having created works in pastels and watercolor for over 40 years. Linda Rook has worked in all dry media. Pastels give her another way to express the beauty she sees around her. Linda Wyss creates beautiful works in both pastels and watercolor.

There will be a reception for the artists on June 1st, during the Gearhart ArtWalk, 2 - 5pm. The show will be open during regular Gallery hours, Friday, Saturday, Sundays, 10am-5 pm from June. 1 to 30. Located at 656 A Street in Gearhart. TrailsEndArt.org, 503 717 – 9458.



K Moberg, Beach People, pastels

COAR: Coastal Oregon Artist Residency Winners

RECOLOGY WESTERN OREGON and Astoria Visual Arts announce the newest award winners for the Coastal Oregon Artist Residency, **Jill Mulholland** and **John Mueller**. Each artist will receive a monthly stipend, materials, and a studio space at Recology Western Oregon's Astoria Recycling Depot and Transfer Station for a four-month long residency beginning June 1, 2024. A public exhibition will showcase the artists' creations at the end of the residency to be held at the Anita Building in Astoria in October.

Jill Mulholland of Long Beach often uses light as a three-dimensional medium. "I am fascinated with light's beauty and its power to be felt on a bodily level, to elicit joy and/or bring us to another place," she explains, "Light needs something to reflect upon or we cannot see it, so I combine light with found objects. I find interesting objects in garbage cans, flea markets, and junk stores; as gifts from friends; and when I am walking around outside. I rescue and keep these objects because some aspect of them intrigues me. My hope is that, by combining light and found objects, my art elevates these everyday items and they become beautiful, that viewers experience ordinary things in a new way, that they bring a smile and recognition in a joy of discovery."

John Mueller of Astoria has a background in art metals and jewelry. His experience as a museum preparator in Austin, Texas profoundly influenced his approach to sculptural work. "These disciplines have ingrained in me a profound appreciation for the preciousness of materials, the signifi-



cance of meticulous detail, and the power of presentation all of which are fundamental aspects that I infuse into my art. My mixed-medium sculptural pieces are meant to challenge conventional perceptions of art. They serve as a platform for my explorations into formal presentation, containment, and rarification concepts, as well as the transformative potential of utilitarian items. I strive to transform what is often overlooked into compelling, thought-provoking art, thereby pushing the boundaries of artistic expression."

Both artists come to the Coastal Oregon Artist Residency with extensive educational credentials and significant histories of exhibiting their artwork professionally. Mulholland holds a Ph.D. in Architecture from Texas A&M University, and Mueller holds a BFA from University of North Texas.



Alternative Art Surfaces

Astoria Art Loft

ART LOFT Resident Artist Brandii O'Reagan will demonstrate how she creates art on "non-traditional surfaces." From the paper Brandii makes to the pieces of organic materials she finds along coastal waterways and mountain paths, she will invite you to try your hand on these surfaces using different mediums.

The Damacus School of Weaving exhibit continues in the main gallery through June, plus "Pets and other Critters" in the front gallery.

During Astoria Art Walk, Saturday, June 8 at the Art Loft, 106 third Street, Astoria.

Annual Shinrin-Yoku Art Hike Expands to Include Rituals of Tea

THE SHINRIN-YOKU ART HIKE returns to Clatsop Community College on June 7th with an added experience. CCC's spring term Basic Design art class in collaboration with the college's English Club and the ArtVenture Club invite the community to this unique event on Friday, June 7th, from noon to 2 p.m. This special day marks the last day of the Annual Juried Art Student Show and combines a leisurely walk along the scenic campus trail which highlights the profound connection between the ancient Japanese practice of Shinrin-Yoku, or "forest bathing,". The ritual of tea across different cultures will be featured from 1-2 p.m. during the event.

The walk in nature begins at the trailhead located in the lower parking lot at the end of Lexington Avenue, just below the Art Building. This event offers a unique opportunity to immerse yourself in a blend of nature, culture, and visual arts, where creativity meets the calming essence of the forest. In the event of rain, the tea party portion will be held indoors in the Royal Nebeker Gallery.

PHOTO: Spring term Basic Design students Noah Fukuda and Edrey Sedano holding masks created by Samantha Saldivar and Tanya Diaz Dolores.



Pacific County Pride. 12-4pm. Wildman Beer Garden, Vendors, DJ Mia Ohms at Riverfront Park in Raymond. 2pm LIVE Music; 4pm Celebration of Solidarity Walk; 5pm Dance Party & Imperial Sovereign Court of Tacoma, at the Raymond Theatre After Party at Wildman Brewery.

June Dairy Parade. Tractor Trails and Tailgate Tales. 11am - 1pm in downtown Tillamook.

Sunday 23

MUSIC

Pulse Emitter and Million Mists. Experimental sound bath. \$10, 3pm at Anita in Astoria.

John Gannon. Sea Shanties and other songs of the sea, Irish traditional tunes, and originals. No cover, 6pm at Fort George in Astoria.

The Horsenecks. Bluegrass/Old Time/Appalachian. 7:30 - 9:30pm at Pickled Fish in Long Beach.

Rick Estrin and The Nightcats. Blues. \$30 - \$100, #pm at the NCRD Performing Arts Center in Nehalem. Tickets at tickettomato.com

THEATER & PERFORMANCE

Four Old Broads on the High Seas. Comedy. \$15, 2pm at the Barn Community Playhouse in Tillamook.

HAPPENING

Astoria Scandinavian Midsummer Festival. \$10 admission covers all 3 days of the festival. 2pm - 11pm at the Clatsop County Fairgrounds, Astoria. astoriascanifest.com

Pacific County Pride. Longbeach, WA - 11am to 12pm Celebration Walk of Solidarity (Drop Anchor Parking Lot); 12-5pm Veterans Filed Stage. Entertainment, Vendors, DJ Mia Ohms. 1pm - 3pm Live Music; 3pm Dance Party & Imperial Sovereign Court.

Monday 24

MUSIC

The Horsenecks. Bluegrass/Old Time/Appalachian. 7:30 - 9:30pm at Pickled Fish in Long Beach.

Tuesday 25

HAPPENING

Mason Bee-House Craft and Honey Tasting. Family event. With Kalla Jae. 2pm in the Community Room at the Seaside Library.

Wednesday 26

MUSIC

Christopher Worth. \$25, 4pm at the Peninsula Arts Center in Long Beach.

Thursday 27

MUSIC

Buskers in the Park. The Cider Janes. Free, 5 - 6:30pm at the City Park Band Stand in Cannon Beach.

Friday 28

MUSIC

Countrified Concert. \$15, 7 - 10pm at the Kiawanda Community Center in Pacific City.

THEATER & PERFORMANCE

Meshuggah-nuns! Musical Comedy. \$30 - \$35, 7:30pm at the Coaster Theater in Cannon Beach.



LAKE LACONIC. His heart and power spills into the songs he writes with a projecting voice and a guitar that talks. One part of Innocent Alex, hear his solo project music on June 16, 6-8pm at Fort George in Astoria.

Four Old Broads on the High Seas. Comedy. \$15, 7pm at the Barn Community Playhouse in Tillamook.

Saturday 29

MUSIC

Music in the Park. Brownsmead Flats. Free, 1pm at Veterans Field in Long Beach.

Generifus Free, 8pm at the Sou'wester Lodge in Seaview.

LECTURE & LITERARY

Oregon's Black History: 45 Years in 45 min. With Zachary Stocks. Free, 2pm at the Seaside Library.

HAPPENING

Ilwaco Cider Co. Grand Opening Party. Live music from 11am - 8pm. 116 Spruce St. E, in Ilwaco.

Corgi Beach Takeover. Free for dogs, but their humans must pay \$10. 10am - 4pm on the beach between the turnaround and 2nd Ave in Seaside.

Summer Pickling Workshop. 10am - 12pm, or 1pm - 3pm. you'll learn the basics of pickling fruits and vegetables from the Museum's own Outreach Specialist, Zoe Swain. Cannon Beach History Museum. More info: 503.436.9301.

THEATER & PERFORMANCE

Meshuggah-nuns! Musical Comedy. \$30 - \$35, 7:30pm at the Coaster Theater in Cannon Beach.

Four Old Broads on the High Seas. Comedy. \$15, 7pm at the Barn Community Playhouse in Tillamook.

Sunday 30

MUSIC

Lilly Miller/Wesmoreland/Larsen Gardens. No cover, 6pm at Fort George in Astoria.

Luca Benedetti Trio with Tony Scherr and Tony Mason. Folk/Blues/Jazz/Rock. \$20 suggested minimum donation. 7 - 8:30pm at Crippen Creek Farm (15 Oatfield Rd) in Skamokawa.

THEATER & PERFORMANCE

Four Old Broads on the High Seas. Comedy. \$15, 7pm at the Barn Community Playhouse in Tillamook.

HAPPENING

LCQC Pride March. All ages welcome. Gather at 3pm at the Maritime Memorial Park in Astoria.

Tuesday 2

LECTURE & LITERARY

Ric's Poetry Open Mic. Free, 7 - 8:30pm at WineKraft in Astoria.

see weekly events p20

WEEKLY EVENTS

MONDAY

Burgers & Jam Night at the Cannon Beach American Legion, every Monday from 6-8 pm, open to the public. Richard Thomasian, Dave Quinton, Bill Gaylord, Randy Weese. Jammers welcome.

Music Monday with Gary. 1-3pm at Seaside Coffee House.

TUESDAY

Bingo Night. 6 – 8pm at Pelican Brewing Company – Cannon Beach.

WEDNESDAY

Live Bluegrass Music. With Small Towne. No cover, 6-8pm at Burly and the Bean in Seaside.

Trivia at the Merry Time. Trivia with host Sara Lu. 21+ . Sign-ups at 6:30 and play at 7pm. Bingo-Trivia at 9pm. General Trivia \$2 per person to play: win cash and fun prizes. At the Merry Time Bar in Astoria.

THURSDAY

Small Farms Marketplace. Shop for eggs, veggies, bread, meat, prepared food, tea, coffee, and more. Customers can shop online Sunday-Tuesday each week and pick up their order Thursday 3-6pm at the North Coast Food Web in Astoria. Accepts SNAP EBT, cash, check, or debit/credit payments. Also accept Farm Direct checks seasonally (FDNP). Shop online at northcoastfoodweb.localfoodmarketplace.com

Guitar Noir with Joey Altruda. Jazz standards. 5 – 7pm at WineKraft in Astoria.

Karaoke with Lorraine. No cover, 7 – 10pm at the Labor Temple in Astoria.

The Hackles and the Horsenecks. Folk +. 5 – 7pm at Obelisk Beer Co in Astoria.

Karaoke at Xanadu 7-10pm Astoria

Crafternoon. Come in person or Online to Craft and make friends. All crafts and skill levels welcome. 1 - 3pm at Purly Shell Fiber Arts in Ilwaco.

Trivia Night. 6 – 8pm at Pelican Brewing Company – Cannon Beach.

FRIDAY

Skate Night. Roller skating family fun. 5 – 9pm at the Astoria Armory.

Virtual Open Mic. Live online from the Peninsula Arts Center in Long Beach. 6:45 – 8:30pm. get link

Spirit Dance 2.0. Free-form dance. Music by DJ Pranawave. Suggested donation, \$10. Free for kids. 6 – 8pm. At Pine Grove Community Club in Manzanita.

Garibaldi Jam. Old-time favorites and Country-Western standards. Admission by donation. 6 – 8pm at the Garibaldi Community Hall.

SATURDAY

Liberty Theater Guided Tours. \$10. Noon and 1pm at the Liberty Theater in Astoria.

Craft Brewery Tours. Starting at Hondo's Brewery in Astoria. Then transport and have fun walk abouts in Astoria, Seaside and Cannon Beach. Free.

Karaoke at Xanadu 7-10pm Astoria

Skate Night. Roller skating family fun. 5 – 9pm at the Astoria Armory.

SUNDAY

Sunday Nostalgia with Barbara Anne. Folksinger Barbara Anne plays folk rock, covers and originals, and often is joined by her musical friends. 1-4pm at Winekraft in Astoria

Karaoke with Connor. No cover, 7 – 10pm at the Labor Temple in Astoria.

Kitchen Music. An informal song circle. If you are a musician (beginner or experienced), a singer or songwriter, or if you just enjoy listening to good music and maybe even singing along, please join in. 3 – 5pm at Long Beach Grange.

The String Conspiracy performs at The Bistro in Cannon Beach every Sunday, 5:30-8pm, reservations required. Chelsea LaFey, Richard Thomasian, Dave Quinton are the best kept secret in town, playing an eclectic mix of all genres of music.

Sunday Gems. Open Jams 3 – 6pm at the Other Brother's Bar in Cannon Beach.

Make Music Day on June 21

THE ARTS COUNCIL of Clatsop County joins the Make Music Day celebration for the third year on Friday, June 21. Make Music Day is a one-day event where free, live musical performances and opportunities to make music take place around the world on the longest day of the year. Musical festivities in Clatsop County are part of a global celebration of music making in over 1,000 cities inspired by France's Fête de la Musique.

The Arts Council of Clatsop County invites everyone from professional musicians to people who have never picked up an instrument to join in the global music celebration by attending events around the county from 2 p.m. to 8 p.m. **Hear songs inspired by the ocean at the Maritime Museum; join a bucket-drumming session; learn to play the harmonica or steel pan drum; play handbells as part of a large group; or relax to the sounds of many local musicians. An up-to-date list of event locations and times can be found at makemusicday.org/clatsop-county. Registration is still open for musicians and venues.**



Music has been shown to strengthen social connectivity, reduce stress, lower blood pressure, and stimulate memory. It is integral to a well-rounded, enjoyable life. By participating in Make Music Day, the Arts Council of Clatsop County encourages every form of music making.

June 21, Summer Solstice, is the perfect day to check out a local music store for some gear or to come together and play – whether it's for the first time or the thousandth.

Benefit Film Screening for Gaza MAYOR By David Osit

NORTH COAST CEASEFIRE NOW is offering a benefit screening at The Anita Building in Astoria on behalf of those affected in the unfolding crisis in Gaza. The event is free with an optional donation encouraged. Viewers/attendees will have options of two charities to choose from, supporting Gaza directly—World Central Kitchen, and direct gofundme support for a local family trying to get extended family out of Gaza. Info will be on hand for folks to make an informed decision.



About the Film: MAYOR follows Musa Hadid, the Christian mayor of Ramallah, during his second term in office. His immediate goals: repave the sidewalks, attract more tourism, and plan the city's Christmas celebrations. His ultimate mission: to end the occupation of Palestine.

Rich with detailed observation and humor, MAYOR offers a portrait of dignity amidst the madness and absurdity of endless occupation while posing a question: how do you run a city when you don't have a country?



Catch the Tenor Guitar Orchestra Singers at The Ten Fifteen Theater on Make Music Day, playing at 2pm, and at Pier 39 at 4:30pm. The Tenor Guitar Orchestra Singers got together at the annual Tenor Guitar Gathering in June of 2023. They keep themselves busy during the year at different locations. Part of the group has been part of a family band that has played together for years. The band concentrates on vocal melodies. They all play instruments including tenor guitars. Their members are Sherry and Ronnie Howser, Lori and Dale Kintz, Jennifer Loretto, and Ken and DeLores Richards. All are musicians in their own rights and make beautiful harmonic music together.

The Arts Council (clatsopcountyartscouncil.com) thanks the Oregon Arts Commission and the Roundhouse Foundation for its support of Make Music Day.

About Make Music Day:

Held annually on June 21 for over 40 years, Make Music Day is part of the international Fête de la Musique, taking place in more than 1,000 cities across 120 countries. The daylong, musical free-for-all celebrates music in all its forms, encouraging people to band together and play in free public concerts. This year, over 130 U.S. cities are organizing Make Music Day celebrations, encompassing thousands of concerts nationwide. Make Music Day is presented by the NAMM (National Association of Music Merchants) Foundation and coordinated by the Make Music Alliance. For more information, please visit makemusicday.org.

"OSIT ELEGANTLY ASSEMBLES A PORTRAIT of leadership—confident, caring and above all committed to the people—that feels genuinely alien to the American experience today." Paste Mag, 2021

Friday June 14, doors open at 7:00 pm; film begins at 7:30 pm. Ten Fifteen Theater is located at 1015 Commercial Street, Astoria, and is graciously donating the space so that all funds raised will go directly to benefit Gaza.

WALK FOR PALESTINE

Join North Coast Ceasefire Now in a peaceful walk around downtown Astoria. Bring your flags, signs. The last Sunday of each month @ 3pm, meet at 8th and Commercial St.



By Kate Cooper • Animal Rescue Volunteer



MEET BAZ, the handsome 4-year-old terrier-whippet mix who's bursting with energy and ready to play! With a personality as vibrant as his wagging tail, Baz is a joyful boy who spreads happiness wherever he goes. His love for play knows no bounds, and he'll never say no to a game of fetch or a romp in the park. Not only is Baz friendly and outgoing with people, but he's also a social butterfly when it comes to other furry friends. He's

lived harmoniously with both a bunny and a dog, proving that he's the perfect addition to any pet-loving household. Whether he's chasing after a ball or curling up for a cuddle, Baz is sure to steal your heart with his endearing antics and affectionate nature. If you're looking for a loyal companion who will fill your days with laughter and love, Baz is the one for you.

MEET TIMBER, the delightful 4-year-old Terrier Dachshund mix, available for adoption! Weighing in at a sprightly 13 pounds, Timber is a bundle of bouncy love just waiting to brighten your days. With a friendly demeanor and a knack for making new friends wherever he goes, Timber is the perfect companion for those who enjoy an active lifestyle. He adores walks and outdoor adventures, so if you're looking for a furry friend to join you on your excursions, Timber is your guy! He seems ok with other dogs and cats that are older and leave him alone.

Say goodbye to couch potato days and hello to endless fun with Timber by your side. Adopt Timber today and let the adventures begin!



Please contact SPCHS if you're interested in meeting Baz and Timber.

www.beachpets.com or 360-642-1180.

word wisdom

Emotional Comfort Deficiency? Let's talk... IN TALKING months ago with a long term friend of mine, similar in age, similar in circumstances—alone, struggling, working hard each and every day, battling a few demons, we both agreed that it would be so nice to come home to a warm support person, one who hands you a cup of tea and asks how your day was, concerned that you look tired—and how the lack of those simple caring gestures exacerbates loneliness. Life feels hard. Not sure where comfort lies and when it will miraculously appear. Tired of self-soothing, self-validating? The burden of finding joy and love in your life seems to be a one-person job. Yours, of course.

Something that fits right in with this "syndrome" is the everlasting presence of triggers. You know, those words or perceived events that hit you right in your abandonment issues or some low esteem pops up. Sometimes seemingly little things; a slight from a co-worker, or a dismissal by a relative, bring up emotional reactions... reactions no longer useful or relevant. Let's say you were "triggered" a particular day and you go home. It's still rolling around in your brain—why was that said? What did they mean? Am I overreacting? It feels familiar. Am I really that unimportant/

negligible/ useless . . . whatever, because It "feels the same" as a dozen times over. In an ideal world, you'd go home and say to your mother or husband... what a bad day! And the conversation revolves around the details and you get the reassurance that you are OK. The world is OK. Here, have some tea.



To be emotionally comforted deficient means you then take on the job of self-soothing. Smoothing out the inner disturbance caused by a random trigger. Rehashing the scenario, acknowledging your own triggers and figuring a way to be okay. Then get your own tea... or glass of wine.

Self-soothing is a learned skill. A skill learned by necessity for some. The problem is it can be a tiring process.

By Tobi Nason

Taking you into introspection, perhaps shame, regurgitating prior hurtful experiences that scarred you enough to become triggers. Triggers are gut reactions. My feeling is you can't really control being triggered, but you can control your reaction to it. Practice smiling at someone who just indirectly insulted your intelligence. Be busy so you can go on to the next task without words. If it's a really bad, mindless insensitive comment, you can ask for the person to repeat it. For the person to repeat it highlights the words for you, the speaker, and everyone within hearing distance. Then walk away.

Emotional Comfort Deficiency — my long term friend and I made that term up. The most serendipitous thing happened as I finished the first paragraph. My above referenced long term friend called me. We talked for an hour and a half. I told her our last conversation inspired this article. We shared our latest good and bad news. We laughed and she brought me to near tears - both with the good and the bad. We're in the same boat of life in many ways and we will survive.

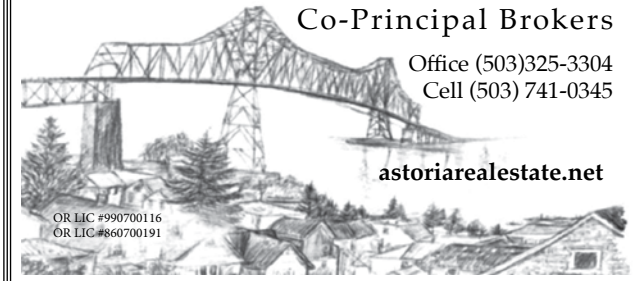
Tobi Nason is a Warrenton counselor. (503)440-0587

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Dogs & Cats at the**

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**We're a little low on supplies.
Would you please help?**

- Dog Food – Nature's Domain (Costco)
- Cat Food – Nature's Domain (Costco)
- Wet Dog Food & Pate style Cat Food
- High Quality Kitten Food
- 50 Gallon Garbage Bags
- 13 Gallon Tall Kitchen Bags
- Paper Towels
- Dawn
- Bleach
- Cat Toys (No Catnip)
- Dog Kongs (Black only please)
- Feline Pine Cat Litter
- Laundry Detergent (HE)
- Also - We take Cash Donations!*

Clatsop County
Animal Shelter
1315 SE 19th Street
Warrenton, OR 97146

503-861-7387
Tuesday thru Saturday
Noon to 4pm



STAR WARS: THE ACOLYTE (JUNE 4 DISNEY+) Russian Doll co-creator Leslye Headland breaks new ground in the Star Wars universe as the first woman to create a Star Wars series. A misfit as a teenager, Headland found escape in Star Wars geekdom, creating stop-motion films with action figures. Eight part series was four years in the making. Series is set at the very beginning of Star Wars lore, 100 years before the events of the original trilogy. The Acolyte

is a mystery-thriller. In a time when the Jedi are at their peak, someone is killing them. Lee Jung-jae (Squid Game) plays Sol, a Jedi master investigating the murder of a Jedi. His investigation leads him to Osha (Amandla Stenberg), a former disciple of Sol who left the Jedi order and her twin sister Mae (also Stenberg), an acolyte of the Dark Side who has become a dangerous assassin. Jodie Turner-Smith plays the lesbian leader of a coven of witches. Carrie Anne-Moss plays Jedi Master Indara.

HIT MAN (JUNE 7 NETFLIX) Director Richard Linklater returns with this action comedy based on a "somewhat true story."



Rising star Glenn Powell (Top Gun Maverick) stars as a nerdy teacher who accidentally falls into portraying hit men while working as an undercover cop. Powell plays Gary Johnson, a badly-dressed divorcee who teaches psychology and philosophy who we meet giving a lecture on identity, which turns out to be the theme of the movie. Does pretending to be a person make you that person? Johnson moonlights as a tech for the New Orleans Police Department, wiring cops for undercover work. But when Jasper (Austin Amelio) fails to show up, Gary is drafted to step into his shoes because he's so forgettable looking. Surprise. Gary turns out to be a natural, good at thinking on his feet and getting the client to talk about hiring him to kill

someone. Gary is so good he fills in permanently, using wigs, fake mustaches and accents to portray a variety of hired killers. But when Gary meets prospective client Madison Masters (Adria Arjona) as Ron, a stubbled, better-dressed version of himself, sparks fly. Instead of arresting her for attempting to have her abusive husband Ray murdered,

he talks her out of it, and eventually they end up lovers. But Gary/Ron discover he's not the only one playing a role. Maddy turns out not to be the person she presented herself to be.

THE BIKERIDERS (JUNE 21) Jodie Comer and Tom Hardy star in director Jeff Nichols' unsparing look at the rise and fall of a '60s Chicago motorcycle club, based on Danny Lyons' 1968 photo book. Austin Butler plays Benny, a brooding member of few words. Kathy (Comer) meets him in a bar and is instantly attracted. Soon, they are married. Kathy, our point of entry into the story, learns Benny is a mem-

ber of the Vandals, a group of motorcycle enthusiasts led by Johnny (Hardy). Johnny is equal parts Marlon Brando in The Wild One and Vito Corleone in The Godfather. He welcomes newcomers like Kathy and photographer Lyons (Mike Faist), but deals

with problems quickly and violently. "Fists or knives?" he asks when challenged. Kathy realizes that she comes second to Benny's real love – his motorcycle and fellow bikers. The Vandals are on the surface, motorcycle enthusiasts, but in reality are a family of



outsiders, brutal to those outside – and sometimes inside – the family. As the '60s turn into the '70s, Kathy watches the Vandals popularity grow. Membership expands, but the new members are kids, junkies or messed-up Vietnam vets. Camaraderie is replaced by drug use, dealing and even murder.

HORIZON: AN AMERICAN SAGA CHAPTER 1 (JUNE 28) The first part of Kevin Costner's dream epic comes to screens, followed in August by

part 2. Costner's desire to make this film has persisted for decades, and even caused a rift with Tyler Sheridan, the creator of the hit series Yellowstone, which Costner starred in for four seasons. Set in 1859, Costner's film is an ambitious traditional Western with a traditional Western throughline – the settling of the West. Specifically, the town of Horizon. A town that doesn't yet exist because settlers must first make the arduous journey west, then survive Apache attacks once there. The Kittredge family is one of the unlucky ones, as an Apache attack kills the father and teenage son. Mother Frances (Sienna Miller) and daughter Lizzie (Georgia MacPhail) survive in an underground chamber. Movie jumps between four different threads. Indigenous, represented by two brothers, Pionsenay (Owen Crow Shoe) and Taklisim (Tatanka Means), who are not so much curious but angered by the invasion of their land. The second thread follows a single mother, Lucy (Jena Malone), and her infant. Lucy has widowed herself by emptying a rifle into



Austin Butler in THE BIKERIDERS

James Sykes (Charles Halford), a man who has clearly wronged her. Lucy and her child leave, but are pursued by the dead man's mother's sons bent on retribution. Fourth story follows Russell (Etienne Kellici) a boy who manages to escape his Apache pursuers, but is torn on whether and who to take revenge on. Deep into the movie, star and director Costner finally appears as Hayes Ellison, a loner described as a "saddle tramp" but who hides his capacity for violence, except when provoked. Reviews have not been kind, describing Part I as a shallow, hard to follow pilot for a series, rather than a movie.

THE BEAR SEASON 3 (JUNE 27 HULU) Christopher Storer's multiple Emmy-winning comedy-drama returns for a third season. In Season 1, young chef Carmen "Carmy" Berzatto returns home to Chicago, leaving his high-end restaurant job in New York after the suicide of his older brother Mikey, to take up running his family's Italian beef sandwich shop. Through an incredibly high-paced and stressful first season, Carmy accomplishes the impossible – turning a failing business into a success by teaching the set-in-its-way staff and full-of-anger manager Ritchie (Ebon Moss-Bachrach) into a team utilizing four star restaurant principles. Toward that end, he hires Syd (Ayo Edebiri) a talented young chef who becomes his buffer and right hand woman. Season 2 finds Carmy closing The Bear with plans to reopen it as a high-end restaurant. Episodes are devoted to each of the characters with Carmy's relationship with Claire giving an insight into the completely driven workaholic chef. Season 3 deals with the actual opening of the new Bear, with flashbacks to Carmy and Mikey (Jon Bernthal) planning to open a restaurant together. With Mikey now dead, Carmy realizes their plans with the dream restaurant they envisaged, with all the work, torture and stress that goes with it.

FREE WILL ASTROLOGY

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♈	♉	♊	♋	♌	♍	♎	♏
11°	6'	27°	7'	15°	54'	0°	48'

JUNE 2024

ARIES (March 21-April 19): Welcome to the future of your education, Aries! Here are actions you can take to ensure you are exposed to all the lush lessons you need and deserve in the coming months. 1. Identify three subjects you would be excited to learn more about. 2. Shed dogmas and fixed theories that interfere with your receptivity to new information. 3. Vow to be alert for new guides or mentors. 4. Formulate a three-year plan to get the training and teachings you need most. 5. Be avidly curious.

TAURUS (April 20-May 20): Poet Emily Dickinson was skillful at invoking and managing deep feelings. One scholar described her emotions as being profoundly erotic, outlandish, sensual, flagrant, and nuanced. Another scholar said she needed and sought regular doses of ecstasy. Yet even she, maestro of passions, got overwhelmed. In one poem, she wondered "Why Floods be served to us in Bowls?" I suspect you may be having a similar experience, Taurus. It's fun, though sometimes a bit too much. The good news is that metaphorically speaking, you will soon be in possession of a voluminous new bowl that can accommodate the floods.

GEMINI (May 21-June 20): All of us periodically enjoy phases I call "Freedom from Cosmic Compulsion." During these times, the Fates have a reduced power to shape our destinies. Our willpower has more spaciousness to work with. Our intentions get less resistance from karmic pressures that at other times might narrow our options. As I meditated on you, dear Gemini, I realized you are now in a phase of Freedom from Cosmic Compulsion. I also saw that you will have more of these phases than anyone else during the next 11 months. It might be time for you to get a "LIBERATION" tattoo or an equivalent new accessory.

CANCER (June 21-July 22): Bold predictions: 1. Whatever treasure you have lost or are losing will ultimately be reborn in a beautiful form. 2. Any purposeful surrender you make will hone your understanding of exactly what your soul needs next to thrive. 3. A helpful influence may fade away, but its disappearance will clear the path for new helpful influences that serve your future in ways you can't imagine yet. 4. Wandering around without a precise sense of where you're going will arouse a robust new understanding of what home means to you.

LEO (July 23-Aug. 22): Denmark's King Canute IV (1042-1086) wasn't bashful about asserting his power. He claimed ownership of all the land. He insisted on the right to inherit the possessions of all foreigners and people without families. Goods from shipwrecks were automatically his property. But once, his efforts to extend his authority failed. He had his servants move his throne to a beach as the tide came in. Seated and facing the North Sea, he commanded, "Halt your advance!" The surf did not obey. "You must surrender to my superior will!" he exclaimed, but the waters did not recede. Soon, his throne was engulfed by water. Humbled, Canute departed. I bring this up not to discourage you, Leo. I believe you can and should expand your influence and clout in the coming weeks. Just be sure you know when to stop.

VIRGO (Aug. 23-Sept. 22): Virgo-born Irène Joliot-Curie craved more attention than she got from her mother, Marie Curie. Mom was zealously devoted to her career as a chemist and physicist, which is one reason why she won Nobel Prizes in both fields. But she didn't spend sufficient time with her daughter. Fortunately, Irène's grandfather Eugène became his granddaughter's best friend and teacher. With his encouragement, she grew into a formidable scientist and eventually won a Nobel Prize in chemistry herself. Even if you're not a kid, Virgo, I suspect there may be a mentor and guide akin to Eugène in your future. Go looking! To expedite the process, define what activity or skill you want help in developing.

LIBRA (Sept. 23-Oct. 22): I have a fantasy that sometime in the coming months, you will slip away to a sanctuary in a pastoral paradise. There you will enjoy long hikes and immerse yourself in healing music and savor books you've been wanting to read. Maybe you will write your memoirs or compose deep messages to dear old friends. Here's the title of what I hope will be a future chapter of your life story: "A Thrillingly Relaxing Getaway." Have you been envisioning an adventure like this, Libra? Or is your imagination more inclined to yearn for a trip to an exciting city where you will exult in high culture? I like that alternative, too. Maybe you will consider doing both.

SCORPIO (Oct. 23-Nov. 21): An Instagrammer named sketches-byboze advises us, "Re-enchant your life by making the mundane exciting. You are not 'going to the drugstore.' You are visiting the apothecary to buy potions. You are not 'running an errand.' You are undertaking an unpredictable adventure. You are not 'feeding the birds.' You are making an alliance with the crow queen." I endorse this counsel for your use, Scorpio. You now have the right and duty to infuse your daily rhythm with magic and fantasy. To attract life's best blessings, you should be epic and majestic. Treat your life as a mythic quest.

SAGITTARIUS (Nov. 22-Dec. 21): I invite you to invite new muses into your life in the coming months. Give them auditions. Interview them. Figure out which are most likely to boost your creativity, stimulate your imagination, and rouse your inspiration in every area of your life, not just your art form. Tell them you're ready to deal with unpredictable departures from the routine as long as these alternate paths lead to rich teachings. And what form might these muses take? Could be actual humans. Could be animals or spirits. Might be ancestral voices, exciting teachings, or pilgrimages to sacred sanctuaries. Expand your concept of what a muse might be so you can get as much muse-like input as possible.

CAPRICORN (Dec. 22-Jan. 19): The Japanese have a word for a problem that plagues other countries as well as theirs: karoshi, or death from working too hard and too much. No matter how high-minded our motivations might be, no matter how interesting our jobs are, most of us cannot safely devote long hours to intense labor week after week, month after month. It's too stressful on the mind and body. I will ask you to monitor yourself for such proclivities in the coming months. You can accomplish wonders as long as you work diligently but don't overwork. (PS: You won't literally expire if you relentlessly push yourself with nonstop hard exertion, but you will risk compromising your mental health. So don't do it!)

AQUARIUS (Jan. 20-Feb. 18): Typically, human fertility is strongest when the temperature is 64 degrees Fahrenheit. But I suspect you will be an exception to the rule in the coming months. Whether it's 10 below or 90 in the shade, your fertility will be extra robust—literally as well as psychologically and spiritually. If you are a heterosexual who would rather make great art or business than new babies, be very attentive to your birth control measures. No matter what your gender or sexual preference is, I advise you to formulate very clear intentions about how you want to direct all that lush fecundity. Identify which creative outlets are most likely to serve your long-term health and happiness.

PISCES (Feb. 19-March 20): Here's a key assignment in the coming months: Enjoy fantasizing about your dream home. Imagine the comfortable sanctuary that would inspire you to feel utterly at home in your body, your life, and the world. Even if you can't afford to buy this ultimate haven, you will benefit from visualizing it. As you do, your subconscious mind will suggest ways you can enhance your security and stability. You may also attract influences and resources that will eventually help you live in your dream home.

HOMEWORK: : WHAT WOULD YOU MOST LIKE HELP WITH? ASK FOR IT VERY DIRECTLY.
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PNW Women's Surfing Community Realized Now hike, fish and kayak with new collaborations

IN 2004, LEXIE HALLAHAN, then General Manager of Cleanline Surf Company and now the Visionary and Director of NW Women's Surf Camps, had a profound and life changing epiphany that illuminated her purpose. She was called to teach women how to surf. A lifestyle choice and personal passion for nearly two decades at that time would now become a creative pursuit to empower and transform women and girls through surfing. Lexie a nickname of Alexandria given by her mother who said it meant "leader of many women", at first seemed like a big saddle to fill but now looking back at two decades she has filled it!

With a trust in the organic process of life and in starting a niche business small and growing as its popularity grew, Hallahan offered three day camps initially the summer of 2005 which quickly grew to eight that summer. It was apparent that women and girls had a desire to learn coldwater surfing on the Oregon Coast.

Now celebrating her 20th summer program of events, Hallahan attributes a big portion of her business's success

to wonderful partners and partnering which supported her with their talents, in each and every event experience. Her expansive and inclusive event program has included the following; Surf Weekenders, Day Camps in surfing and bodyboarding, Week Retreats in Kauai and North Coast of Oregon, Couples Surf Getaways, Parents and Kids Surf Camps, Progressive Kids Group Ses-

sions, Coed Group Surf Lesson in both surfing and bodyboarding, numerous custom events with corporations like Nike and Title Nine, partnering with Portland Community College and Girl Scouts of America. Casting a new net of adventures for women and teen girls (16 to 19) this summer, Hallahan created three day events with Bohemian women like herself that live their purpose, seeing themselves and women outside of traditional societal roles and careers, collectively leading all of us forward and with a shared vision of one day when women will not be seen as ones who broke the fragile ceiling of glass, but instead are equally represented in all careers and life choices.

"New Perspectives" a series of North Coast Day Adventures has been created for women of all ages and teen girls to experience fantastic nature opportunities with women guides, captains, and experts in their outdoor fields. Each adventure is integrated with intention, women's circle and workshops led and facilitated by Hallahan. **June 2 is "Fish On Femmes"**



Crab-Fish-Seaweed Bounty Charter out of Garibaldi with Garibaldi Charter's Captain Tamara Mautner and Shifting Tides seaweed farmer, Alanna Keiffer. **June 29 is "Reflections" Kayaking Heavenly Nehalem Bay** with Tillamook Kayak

owner, Sydney Elliott and guides. July 13 "Spaciousness" **Oregon Coast Trail Hike** with OCT author and hiker extraordinaire, Bonnie Henderson.

To check out 2024 summer event program, go to NWWOMENSSURF-CAMPS.com. New Perspective series details can be found at <https://new-womenssurfcamps.com/camps/new-perspectives/>

Microbiomes, Post-Individual Biology, and Interspecies Community

YOU MIGHT remember the line "I contain multitudes" from Walt Whitman's poem "Song of Myself," where he explains that self-contradictory behavior comes from our community of past and present selves. It's also the title of a 2016 book by Ed Yong about microbiomes: the communities of bacteria, yeasts, and other tiny organisms that live inside larger beings. These micro-ecosystems benefit from their host's resources but also offer benefits to their hosts, from transforming food bits into usable vitamins to enhancing the performance of our immune systems. But microbiomes aren't interesting only because of the services they perform. Their presence calls into question long-accepted assumptions about human individuality and agency. To what extent are we each a community? (Is it possible to be lonely when millions of minuscule creatures live on and inside us?) Are our microscopic inhabitants just mindless hangers-on? At the least, awareness that we host microbial communities might prompt us to think more deeply about the ecosystems of which we're a part (and on which our species has an outsized influence) and the interdependence of our lives.

Microbial relationships have a long history. Multi-celled organisms became possible when in the depths of time, unicellular organisms partnered to produce what eventually became chloroplasts in plants (which

enable plants to turn light into food) and mitochondria in animals (the "power stations" that produce energy for cells' life processes). Components of our DNA were likely viral in origin. We've always been more permeable than we might like to believe, sometimes to our deficit



(when viruses hijack the machinery of our cells to reproduce themselves) but often to our benefit (when microbes in our digestive tract "teach" our immune system to recognize food vs. invaders).

The human gut microbiome is a highly active area of research, from enumerating all the species that live there to determining which ones are beneficial (or problematic) and under what conditions. The aim of such research is potentially prescriptive as well as descriptive: repopulation of intestinal microbiota after a course of antibiotics can become a more precise process when you know which species are most beneficial. Perhaps even the antibiotics can be tailor-made one day to eliminate

disease-causing species and leave the beneficial species alone, just as chemotherapy drugs called biologics are tailored to specific cancer cell lines. (The difficulty is that bacteria are experts at swapping genes and therefore are more of a moving target than cancer cells, which are still our own cells.)

A richer knowledge of our microbial inhabitants has also undermined essentialist notions of culture and "race" that continue to afflict us. For example, sometimes people refer to genetic tendencies to tolerate or reject certain foods to bolster their racist ideas. But when we learn that it's not genetics but microbial populations that make these feats possible (such as the ability to digest agar or to continue drinking milk into adulthood without getting a bellyache), it shows that modifiable habits (and microbial populations we can acquire thereby) exert more influence than supposedly unalterable heredity.

So, should we think of ourselves as communities rather than individuals? Can we blame it on our bacteria if we shove our way to the front of the line to get our microbe-pleasing sugary drink? Should we take the welfare of our gut bacteria into consideration when we make decisions? Some of these questions might be silly, but I'm convinced that being mindful of our multitudes within can build our awareness of all our interrelationships...and on an imperiled planet, that's a good thing.

CMH Offering Certified Nursing Assistant Scholarships Funds available for Clatsop Community College students

CMH is offering scholarships that will pay for tuition to attend the certified nursing assistant training program at Clatsop Community College during summer 2024.

CMH's goal with the scholarships is to assist in pursuing a Certified Nursing Assistant certificate (CNA). Though receipt of scholarship does not guarantee employment at CMH, the intent will be to offer the opportunity to apply for available positions and interview all scholarship recipients.

Five scholarships will be offered on basis of a completed application and interview. Applications will be accepted as space allows until summer quarter begins on July 1.

Once certified, the CNA must apply for a position using the CMH application process to be considered for an CNA position.

CMH will pay all tuition, fees and required book and material costs for the program. To qualify, applicants must:

- 1) Successfully complete the program and CNA course;
- 2) Receive a valid Oregon CNA license after passing the state licensure test and provide proof to CMH;
- 3) Be accepted to a full- or part-time CNA position at CMH;
- 4) Complete and obtain satisfactory results for pre-employment drug screening, criminal background check, applicable license verification, and reference checks; and
- 5) Maintain employment with CMH for one year without resignation or termination.

Scholarships are awarded and designated by a CMH review committee. Recipients will only be eligible to receive the scholarship once.

Scholarship recipients who are hired at CMH and resign or are terminated for cause within 12 months of their start date at CMH will be required to repay the scholarship to CMH, which is valued at \$3,800.

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CHEW ON THIS!

by Merianne Myers



PEAS ARE PERFECT. Easy to grow, beautiful flowers, scrumptious flavor. The consensus is that the sweet peas we love are descended from wild plants found in south-western Asia and southern Europe. The Chinese were enjoying them in 2000 BC. The wife of Louis XIV and the mistress of Louis XV both wrote about their infatuation with peas which were an innovation during their time.

Peas are unafraid of cool air and soil temperatures making them a close second to leafy greens as harbingers of sunny days to come in our neck of the woods. They are completely gracious about being frozen, canned, dried, cooked or eaten raw right off the vine. They inhabit not only an honored place at table but are the stuff of legend.

An inspirational bit of literature from the 6th Century tells of the aphrodisiac potential of peas boiled with onion and spiced with cinnamon. Peas aside, The Perfumed Garden of Cheikh Nefzaoui* is poetically erotic and filled with helpful hints, fables, warnings and steamy bits.

The British were slower to get sweet on peas. Even into the late 1600's green peas were viewed as unquestionably questionable. One writer was moved to remark, "It is a frightful thing to see persons so sensual as to purchase and eat green peas." I reluctantly admit I have no idea what that means. I realize there is something innately sensual about shelling and devouring garden fresh peas but I think of it as more a reflection on the pea than the person. And then there's that whole unsavory connotation about sensuality regardless of who's being it. Perhaps you had to be there. I'm glad I wasn't.

Although England is credited with the proliferation of peas, due in large part to the work of Thomas Edward Knight who developed the first sweet tasting pea, peas had been on menus in Asia and Africa for centuries. Apropos of little, Mr. Knight was from Downton which should rightfully be famous for more than its Abbey. Apropos of even less, the British etiquette for pea eating mandates they be squashed on the back of a fork as the proper method of getting them from plate to mouth. Jeez Louise! Excuse me for opting out of proper pea eating protocol.

Manners aside, as they all too often are, peas have been eaten by every culture in every way since long before we started writing stuff down. Seems likely that the Roman or French person (credit where it's due if only we knew for sure) who came up with the word 'appease' which technically means "to ease the anger or disturbance of," was thinking of something much more specific. Appease more accurately and obviously means 'granting peace by eating spring peas'.

*The Perfumed Garden, an ancient bit of Arabic erotica as translated by Richard F. Burton has been likened to the Hindu Kama Sutra. To wit: "'Praise be given to God, who has placed man's greatest pleasure in the natural parts of woman....' Oof! Talented chef and great friend, Gretchen Blissett, turns fresh peas into something completely luscious with her recipe for fresh pea soup.

POETICALLY EROTIC HERBED PEA SOUP

4 Servings

- 4 cups shelled tender peas
- ½ cup water
- 6 cups milk or cream
- 8 spring fresh marjoram (1/4 tsp dried)
- 1 spring fresh thyme (1/8 tsp dried)
- 4 fresh mint leaves
- 1 Tablespoon sugar
- 1 ½ teaspoon salt (or to taste)
- ½ teaspoon parsley, chopped
- parsley
- Pinch of chervil
- ½ teaspoon celery leaves, chopped
- 1 fresh basil leaf
- 1/8 teaspoon lemon zest

Heat peas and water in a saucepan to just below boiling. Pour into your blender and add milk or cream, marjoram, thyme, mint and sugar. Use a mortar and pestle to grind the remaining ingredients together. Add them to the blender and blend the whole works until smooth. Press the mixture through a sieve into a saucepan and heat to serve.

A judicious swirl of creme fraiche is not necessary but absolutely amps up the sensuous angle the Brits were so worried about.

Green pea



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CITIZEN FISH!

Summer = Sustainable:
Make Local Fish Habit!

By Nancy Cook

JUNE IS UPON US, which means summer is here, no matter the forecast. For many, a fave part of summer is the food: expanded opportunities to eat sustainably = fresh, healthy, delicious!

Hopefully it's news to noone that collective food choices have huge impacts on our planet's health. Climate scientists estimate food production and distribution accounts for roughly 25% of human-caused greenhouse gas emissions. **Consuming locally landed, sustainably harvested seafood presents a huge carbon win** compared to most other proteins. Ling cod, dungees, coho, chinook-y: fresh fish practically rhymes with delicious. And flavor and footprint are just two of many reasons to **Make Local Fish Habit!**

Food choices impact regional economies—in big ways. An Oregon Travel Impacts study reports visitors to the Oregon Coast spent \$840 million on food services or food stores in 2019, which is no doubt more at today's prices. Tourists love the notion of tucking into a waterfront fish & chips joint to enjoy "local" seafood.

HERE'S THE CLINCHER: **90% of seafood sold in restaurants, stores, or institutions arrives to Oregon from distant domestic or often international markets.** In 2021, the Oregon Coast imported \$105 million dollars worth of seafood which equates to major economic leakage: "When the food we sell is not from Oregon, we immediately lose much of the money we just earned from our marketing efforts," explains Marcus Hinz, of Oregon Coast Visitors Association (OCVA), whose research suggests a **mere 10% increase in local seafood could add approximately \$90 million to local economies.** Keeping more Oregon seafood in Oregon also offers health benefits:

"Today, planes are leaving Oregon with our high-quality, third-party certified seafood, while we fly in uninspected, unverified seafood from around the world." Imported seafood is often farm-raised in countries with lower standards and more likely to be contaminated by drugs and bacteria. Mean-

while, Oregon landed seafood is some of the healthiest protein in the world.

Oregon-based Hans Radtke, Ph.D. Natural Resource Economist, concludes, "The trend towards commodity markets is related to the consolidation and centralization of processing businesses. [Meanwhile] Oregon Coast small business processors that emphasize sales to local restaurants and seafood markets face challenges in fish supplies, portion processing, packaging, cold storage and transportation." Luckily, various entities are working that front, including OCVA's Ocean Cluster Initiative which includes a fabulous website at www.seafare.org.

Meanwhile conscientious buyers—especially restauranteers, chefs, grocers—but also anyone who buys fish CAN make an impact.

This month Citizen Fish salutes Cannon

Beach's Ecola Seafood Restaurant & Market. First generation Cindy & Jay Beckman and next generation Shawna & CJ Beckman have committed thirty years to manifest the Ecola vision for "Boat to Table Freshness."

The Ecola story began in 1993, when highschool sweeties Jay & Cindy found a way to combine Jay's love for fishing with Cindy's love for Cannon Beach to provide for their growing family. Cindy was pregnant with Shawna when the Beckmans

first purchased a hole-in-the wall restaurant/seafood market. Since then, Ecola grew! Building from ground-up off 2nd and Spruce in 1996. When the business suffered a severe electrical fire in 2018, grown children, CJ and Shawna, rose to the challenge, re-building today's colorful two story plus dining deck venue. Ecola's supply side has also expanded to include wholesale distribution, with CJ now permitted to harvest razor clams in addition to crab, halibut, coho, and chinook from his F/V Sea Scout.

For Ecola, importing seafood means importing from the Willapa: high quality oysters and clams from inland beaches well protected from red tides. Never visited Ecola Seafood? Neither had I until recently, but I'll be back because worn paths are easier to retravel, and the paths we choose DO make a difference.



Ecola Seafood in CB, OR, Boat to Table Freshness



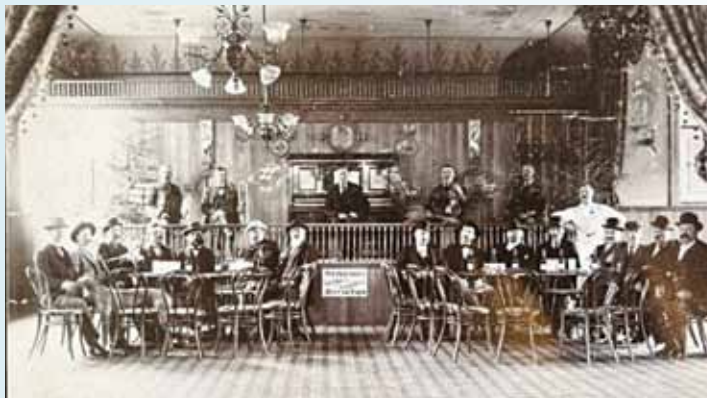
Look up!.....
start seeing
architecture.

The Architect Hound

The Louvre - Men's Entertainment

By Eric Wheeler

THIS MONTH, the Architect Hound takes a step back in history to a time when Astoria was booming with the growth of the salmon canning and timber industries. The economy of the region attracted hundreds of men; young and old, to this dynamic port city. The beneficiaries of this influx were the bars, gambling houses and bordellos that sprung up in the blocks west of the downtown commercial district. Perhaps the most successful, and notorious, of these halls of entertainment was The Louvre. August Erickson, a Finnish immigrant and entrepreneur living in Portland, opened a high-style gentleman's club with the somewhat pretentious title of The Louvre, in the heart of the 'blazing center'



of vice in Astoria. The Louvre stood on the north-east corner of Astor and 7th streets approximately where the McDonald's is located today.

Erickson got into the tavern business in Portland in the 1880s and his magnum opus there was Erickson's Tavern (1892) which touted the longest bar on the West Coast, as well as the finest in liquors, tobacco and musical entertainment. Miners, loggers, fishers, sailors and soldiers passing through Portland flocked into Erickson's Tavern, which had become legendary within a few years. After his astounding success in Portland, Erickson set his sights on Astoria with plans to create an entertainment palace without peer on the West Coast. Erickson's Louvre (1896-1939) catered to the usual leisure male pursuits of liquor, gambling and entertainment. However, the Louvre was not a brothel; that service was provided by any of the 'female boarding houses' located within an easy walk.

In Portland, Erickson's clientele were mostly blue collar but in Astoria he targeted a more affluent customer, offering the best in tobacco and liquor in a more opulent building. The grand opening of The Louvre in the summer of 1896 drew one of the largest crowds in Astoria history. For the next twenty years the alcohol flowed and the good times rolled in August Erickson's dream come true in Astoria. The beginning of the end for The Louvre was the passage of prohibition in Oregon in 1915. Without alcohol, one of the region's finest

Victorian pleasure palaces went into a steady decline until a damaging fire led to the demolition of the building in 1939.

The Louvre was one of the most

distinctive buildings of its day in Astoria. Designed by notable Portland-based architect Emil Schacht, the Louvre shows an exotic and eclectic mix of neo-Classical, Romanesque and Moorish design elements. The overall impression conveyed is one of elegant playfulness; a good fit for its intended use. Emil Schacht also designed the North Pacific Brewery (1896), now the Firefighters Museum, and the Astoria City Hall (1904), now the Clatsop County Heritage Museum. Schacht designed a number of local high-style residences and for a while maintained his architectural practice in Astoria. Both Erickson the businessman and Schacht the architect had strong connections to both Portland and Astoria, a relationship that holds true for many in Astoria today. Do you have past or present associations to these two great river cities?

What do you think, dear Reader?

Contact the Architect Hound: ericwheeler2@gmail.com



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Tom Letson and The Letdown

Saturday, June 22 7:30pm

Tickets: \$15

DRAWING on influence from prewar Piedmont & Hill-Country Blues & Appalachian Mountain Music

at KALA

Tickets: kalaastoria.com 1017 Marine Dr. Astoria 503.338.4878

ASTORIA SCANDINAVIAN MIDSUMMER FESTIVAL!

57th Annual



June 21, 22 & 23, 2024

Clatsop County Fairgrounds

Heritage Family Food Fun for all!



Featured Entertainment

ARRIVAL Canada's Tribute Band to ABBA is Back! Plus Opener GASLIGHTER Dixie Chicks Tribute Band



For more Festival information go to: AstoriaScanFest.com

THE MUST-SEE COMEDY OF THE YEAR!

THE PLAY THAT GOES WRONG

BY HENRY LEWIS, JONATHAN SAYER, & HENRY SHIELDS



May 31st - June 16th NCRD Performing Arts Center in Nehalem Tickets at RiverbendPlayers.org

COMING SOON

Saturday, July 6

INNOCENT ALEX original indie rock 8pm • \$15



Sunday, July 13

STURTZ * ACOUSTIC SOUL QUARTET 7pm • \$20 doors open 6:30pm



Friday, July 19

BELEZA BOSSA DUET JOHN STOWELL & DMITRI MATHENY 7:30pm • \$20 doors open 7pm

KALA PERFORMANCE SPACE

1017 MARINE DR. ASTORIA

503.338.4878

TICKET LINK: kalaastoria.com

WE'RE HERE FOR THE MUSIC!